



RUTHERFORD

TECHNOLOGY HIGH SCHOOL

RESPECT
RESPONSIBILITY
COMMITMENT

NEWSLETTER

13th SEPTEMBER 2024

Rutherford Technology High School

Avery Street
Rutherford NSW 2320

Phone:
02 4932 5999

Email:
rutherford-h.school@det.nsw.edu.au

Website:
www.rutherford-h.schools.nsw.edu.au

Office Hours:

Monday-Thursday 8:00am-4:00pm
Friday 8:00am-3:30pm
Outside of office hours, a message may be left on the school answering machine.

An appointment is necessary before meeting with a staff member, including the Principal or Deputy Principal, as they have class, playground duty and other commitments during the school day. Please call our Administration Office to make an appointment.

DATES FOR YOUR DIARY

16th Sept
Year 10 LoveBites

16th-25th Sept
Year 11 Exams

18th Sept
Year Meetings
Year 10 LoveBites

19th Sept
Rights and Freedom Excursion
Women in STEM Industry Exposure
Under 15 Boys Hunter NRL 9-a-Side Rugby League
HSC Music Exam Day 1

20th Sept
Year 7 Gala Day
Year 10 LoveBites
HSC Music Exam Day 2

23rd Sept
Year 10 LoveBites

26th Sept
Under 13 Boys Hunter NRL 9-a-Side Rugby League
Year 12 Luna Park Excursion

27th Sept
Kallan Egar Cup / Old Boys-Girls Day
Last Day Term 4

Monday 14th October 2024: Students & Staff Return



Congratulations to our current senior leaders who were presented with a School Leader Recognition Certificate and Thank You Letter by Rachel Watt on behalf of The Hon. Jenny Aitchison MP on Tuesday 10th September 2024.



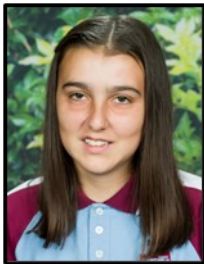
MESSAGE FROM THE DEPUTY PRINCIPAL

As the weather warms up it is great to see the students out in the playground making the most of the good weather.

Congratulations to our exemplary PDHPE Faculty who have just won the ACHPER NSW School Award. A highly prestigious award that acknowledges all the wonderful work our team does within faculty, at a whole school level, at a regional level and at a state level - what an achievement. Reflecting on all the work this exceptional team is doing shows how much these staff members have all gone above and beyond. It is the commitment from our staff that makes our school great.



We are keeping it REAL at Rutherford Technology High School with our 'REAL Schools Word of the Week'. Staff have been given a mission to use a positively affective (secret) word of the week as much a possible to build student language and promote positive engagement. Student who guess the word of the week win a prize from Mr Robinson. Students submit their guesses via CANVAS.



Extremely High Achievement:

Congratulations to Annabelle Bridge who won a gold medal in her individual event and silver in her team event at Nationals. This makes her the best MC 15-16 year old female Cross Country runner in Australia. What an awesome achievement. We are all very proud.

Year 11 Exams are About to Start:

Please make sure you are aware of your exam timetable, study hard and strive for excellence in all of your subjects. Good Luck!

Interim Reports:

Please check your parent portal for these reports as they will be published towards the end of term. These are not the full reports, they are an indication of work ethic in class and attitude towards learning. Please feel free to contact the classroom teacher if there are any ongoing concerns.

Year 12:

Full end of year reports will be published at the end of the term. Please remember there is no longer printed copies of these, so you will need to check the parent portal. With Term 3 drawing to an end, and this being my final newsletter article while Year 12 are still at school, I want to take this time to thank the wonderful students and families for working so well with the school over the past few years that I have been their Deputy Principal. It has been a privilege to see them all grow into the caring and compassionate young adults they are. All students have now completed their major projects and will be studying hard in the lead up to their HSC examinations. It is important to remember that these examinations, while important, are not the only pathway to university or success and that many, many successful people have taken different avenues. In saying this, please use this time to study hard and be as prepared as you can be.

Mr Michael Richards
Deputy Principal Year 9 & Year 12

PRESENTED TO:

PDHPE Faculty
Rutherford Technology High School

achper
NEW SOUTH WALES

Winner
School Award 2024

Kristy O'Mahony

Kristy O'Mahony
ACHPER NSW President
01 September 2024

Tracy Puckeridge

Tracy Puckeridge
ACHPER NSW Chief Executive Officer
01 September 2024



RESPECT

RESPONSIBILITY

COMMITMENT



SCIENCE FACULTY REPORT

The Science Faculty has been buzzing with activity, with students across all year levels engaging in exciting projects and competitions. Here's a look at what's been happening recently:

STEM in Action

Mr McGowan and a group of enthusiastic STEM students have been visiting local primary schools, running a series of STEM-based challenges. These visits aim to inspire younger students with hands-on activities that showcase the fun and importance of STEM education.

Meanwhile, Ms Bassett and the Women in STEM group have been busy with weekly industry immersion excursions and incursions, providing them with invaluable first-hand insights into various STEM fields. They've visited top organisations such as the University of Newcastle, Orica, Port of Newcastle, AMP Control, Alpha Echo, Bluezone Group, and AGL, among others. These experiences are giving students a unique perspective on STEM career pathways.

In Term 4, we are excited to welcome female STEM industry leaders from across NSW and beyond. These experts will be meeting with our Women in STEM students, as well as students from Rutherford Primary School, to discuss future opportunities in the field and encourage participation in the program.

Welcoming New Marine Life



We are also excited to welcome a variety of fish and yabbies to the Science Faculty. As part of our marine and aquaculture program, students have been busy setting up fish tanks and learning how to care for these animals, gaining hands-on experience in aquatic life.

Science Across Year Levels

Science classes have been full of energy, with students actively engaged in learning:

- **Year 7:** Students have been exploring forces and building a variety of simple machines. They have just completed their assessment task, which involved constructing models of simple machines.
- **Year 8:** Our budding scientists have been investigating mixtures and solutions. Their recent assessment involved building and testing their own water filters - a great combination of creativity and science.
- **Year 9:** Students are delving into the world of waves, exploring topics such as sound and light.
- **Year 10:** The focus has been on genetics and evolution, with students examining the intricate details of DNA and how it impacts our biological traits.

Good Luck to Our Senior Students

A big shout-out to our Year 11 Science students, who are about to begin their exams in Week 9. We wish them the best of luck as they prepare for this important milestone.

Lastly, we want to thank our Year 12 students for their tremendous effort in their trial exams. With their HSC exams just around the corner, we encourage them to stay focused and finish strong. We are proud of everything they have achieved and wish them all the best in their final weeks of high school.

Mr Jai Hancock
Head Teacher Science Faculty

RESPECT

RESPONSIBILITY

COMMITMENT

Indigenous Students get a taste of Air Force Life



RAAF Williamtown has unveiled a new Indigenous Youth Program aimed at inspiring and recruiting Indigenous students from local communities.

The program is designed to give Aboriginal and Torres Strait Islander students the opportunity to experience Defence culture and learn about the various roles undertaken by Royal Australian Air Force aviators.

Under the supervision of Defence youth mentors, students are integrated into the team, including being issued with their own uniforms. Students participated in a number of hands-on activities focused on further developing their teamwork and leadership skills, whilst also learning about the many career pathways Air Force can offer.



RESPECT

RESPONSIBILITY

COMMITMENT

National Health & Physical Education Day Wednesday 4th September 2024

Rutherford Technology High School enjoyed celebrating National HPE Day. The morning kicked off with students being able to enjoy some delicious fruit kindly donated by Millers Produce, which continued during the day. At first break everyone got moving with some high energy fun on *Just Dance*. Then during second break, the hall was buzzing with excitement during the intense volleyball match with students v staff. It was fantastic to see our students staying physically active and making healthy food choices throughout the day. A huge thank you to everyone who made this day such a success, especially Mrs Cooper who went out of her way to organise everything - even in her absence!



RTHS TSP Rugby League

UNDER 16 GIRLS HUNTER ALL SCHOOLS RUGBY 7'S

On Wednesday 11th September 2024, we had our very talented Under 16 Girls represent the school at the Hunter All Schools Rugby 7's Gala Day played at Waratah Oval.

With very little rugby experience, a lot of determination and some expert coaching from Theresa Ngungutau, our girls proved to be a formidable team.

After three consecutive wins in the pool phase, the girls made it to the semi finals and again came away with the win against Newcastle High. With the tough assignment against Hunter Sports High in the final, the girls come up short, going down to a very talented opposition.

We would like to congratulate the girls on a fantastic result and their willingness to listen, learn, execute, and excel in a very difficult game of Rugby 7's format, needs to be commended.



Thank you to the Major Sponsor of our TSP Rugby League Program
McDonalds Rutherford



RESPECT

RESPONSIBILITY

COMMITMENT

RTHS TSP Rugby League

UNDER 14 & UNDER 16 BOYS HUNTER ALL SCHOOLS RUGBY 7'S

Tuesday 10th September 2024, we had both our Under 14 & Under 16 boys participate in the Hunter All Schools Rugby 7's Gala Day played at Waratah Oval.

The Under 14's played some sensational rugby, scoring magnificent tries and proving that with the limited experience they have, they could match it with the more fancied schools in the Hunter. Unfortunately they fell one try short of progressing through to the semi finals - well done boys.

The Under 16's had played a bit of rugby in the past and it proved to be an advantage as they were able to progress through the pool stage with four wins from four games. This meant they met St Pius-Adamstown in the final. At half time with a 10-0 advantage, the boys looked like they may be able to snatch an unlikely win. However, they were unable to hold off a fast finishing opposition and went down 12-10. A fantastic result and one they should be extremely proud off.

A massive shout out to Frank Ngungutau who assisted with the coaching of both teams today - the coaches and players appreciated your wisdom and ability to motivate the boys throughout the day.



Under 14's



Under 14's & Under 16's



Thank you to the Major Sponsor of our TSP Rugby League Program



RESPECT

RESPONSIBILITY

COMMITMENT

INAUGURAL COALFIELDS ZONE INCLUSION GALA DAY

On Friday 6th September 2024, our Support Unit took part in the first Hunter Initiative Gala Day that consisted of Support Faculties from schools in the Coalfields Area.

On the day our students were lucky enough to complete a rotation ran by the NRL Development Program and had the privilege of learning skills from NRLW Newcastle Knights player, Kayla Romaniuk. Thank you NRL Development for supporting this event.

Also, a very big thank you to Hunter School Sports Association for supporting the new initiative and donating medals to our winners of the day.

The smiles on the students faces during the day showed it was a huge success and we can't wait to attend again next year.



RESPECT

RESPONSIBILITY

COMMITMENT



Tournament of Minds

On Sunday 8th September 2024, Rutherford Technology High School students: El-Jay Andrews, Maria Celestine-Espiritu, Atheina Corpuz, Charlotte Papworth, Mackenzie Peachman, Xavier Rumel and Jade Soper competed in the Regional Tournament of Minds competition at Newcastle Grammar school in the discipline of Social Sciences.

The team worked tirelessly on this challenge for six weeks. As a cohesive team they demonstrated creativity, intelligence and kindness. In addition, they won the Regional Competition and will be representing Hunter Region at the State Finals on Sunday 22nd September 2024 at the University of New South Wales in Sydney - we wish them luck. Congratulations to the other schools in their division: All Saints College, Francis Greenway High School & St Francis Xavier who were tough competition

Tournament of Minds is a problem solving program for teams of students from both primary and secondary years. Tournament's aim, is to enhance the potential of our youth by developing diverse skills, enterprise, time management, and the discipline to work collaboratively within a challenging and competitive environment.

They are required to solve demanding, open-ended challenges from one of the following disciplines:

- **The Arts**
- **STEM (Science, Technology, Engineering and Mathematics)**
- **Language Literature**
- **Social Sciences**

*Miss Stewart, Mrs Halstvedt & Mrs Scoringe
Tournament of Minds Coordinators*



RESPECT

RESPONSIBILITY

COMMITMENT



Term 3: Week 7 PBL Awards

Logan.K	Commitment to learning in Music
Miah.C	Excellent enthusiasm in all SLR lessons
Mikayla.P	Dedication in Drama
Monique.P	Excellent performance in the RTHS work experience program
Khloe.S	Commitment to learning in English
Riley.J	Commitment to learning in Modern History
Kayla.B	Exceptional efforts in completing work in ICT, Semester 1
Kayla.R	Positive start to Term 3 Japanese
Finn.C	Enthusiasm in organising and coordinating in-school chess competitions
Addy.D	Exceptional application and effort in Mathematics
Isaiah.S	Consistent effort and participation in PDHPE



RESPECT

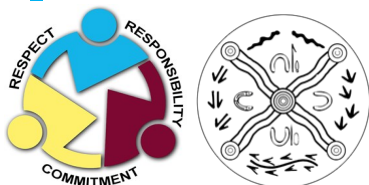
RESPONSIBILITY

COMMITMENT



Term 3: Week 8 PBL Awards

Hannah.K	Commitment to learning in Modern History
Kyana.G	Exceptional effort in completing work in Japanese
Jai.D	Consistent effort in Visual Arts
Jayden.D	Exceptional application and effort in Mathematics
Chace.C	Consistent application and effort in Computing Studies
Kyle.W	Thoughtful approach to PDHPE theory concepts
Brooke.M	Demonstrating improved commitment in English
Logan.C	Commitment to learning in Visual Arts
Talia.H	Excellent performance in the RTHS work experience program
Bridget.W	Showing commitment to her studies and always productively working during study periods
Cooper.B	Always being respectful and responsible in the workshop and completing a fantastic Semester 1 project
Kayla.G	Application and commitment in English
Tyler.M	Exceptional efforts in completing work in ICT, Semester 1
Sophie.F	Outstanding commitment in TSP Football
Levi.VS	Excellent application of theoretical knowledge in Mathematics



RESPECT

RESPONSIBILITY

COMMITMENT



Thank you to Year 11 Senior Leader, Jeremy Bourke, who represented Rutherford Technology High School and supported Legacy selling merchandise for Legacy Badge Day at Rutherford Marketplace on Friday 6th September 2024.



Support our veterans' families this Legacy Week!

Snap the QR code to donate Legacy.
All donations are used locally.



Born out of the trenches of WW1 with the promise a soldier made to his dying mate "to look after the missus and kids".

Since 1923, Legacy has kept the promise alive ensuring partners and children of our veterans are never alone after the loss or serious injury of their loved one during or after their service.

Legacy Week 1st September - 7th September 2024

LEGACY ARE STILL ACCEPTING DONATIONS VIA THE QR CODE



In Week 7, Rutherford Technology High School celebrated Literacy and Numeracy Week.

This week is a chance to acknowledge our students achievements in developing their literacy and numeracy skills and the importance of them in our daily lives.

Literacy and Numeracy is everywhere.

No matter what path you take in life you need these skills to help you think critically, communicate with others and help you solve problems you may encounter in your day-to-day life.

To commemorate the week, each day we offered activities in the Library for students to show off their incredible skills.

Congratulations to all our participating students and a special mention for the following students were exceptional in their participation and they won the competitions which were ran:

Lucas.F; Jeremiah.R; Chloe.B; Darcie.K; Codie.ST; Cooper.E; Christian.J; Angus.O; Aiden.Q; Sieuri.S

Check out the following literacy and numeracy activities on the following pages that you can undertake at home to continue building these essential skills.

Ms Jessica Cole
English Faculty



NSW Department of Education



Literacy and Numeracy Week – activities for home

Primary literacy

Read together

Retelling a story in order is an important skill. Ask, 'What was your favourite part of the story?', 'Who was your favourite character? Why?' or 'Can you retell the story including a beginning middle and end?' or something similar.

Storytelling

Find interesting pictures and ask your child to create a story based on what they see. This can spark their imagination and storytelling skills.

Magazines or objects

Have your child search for pictures or objects that begin with a certain sound, are a particular colour or based on a theme.

Rhyme time

Play games where you say a word and your child has to come up with a word that rhymes with it. This can be done anywhere, like during a car ride or while waiting in line.

I spy

Play word games. For example, 'I spy with my little eye something beginning with the sound /f/. What do you think I'm looking at that starts with the letter F?'

Time to write

Encourage your child to write shopping lists, restaurant menus, birthday cards, thank you notes and instructions for making or doing everyday things.

Draw and talk

Encourage your child to write or draw about their day. This helps them practice writing regularly and reflect on their experiences. Draw pictures of favourite characters and describe them. Draw animals and label features. Draw the beginning middle and end of favourite books and movies and retell the story.

Tongue twisters

See how fast your child can say a tongue twister without making a mistake. This can be a fun and engaging way to practice speaking clearly.

Visit the library

Libraries are fantastic resources for fostering a love of reading and learning.

Other ideas

Practise letter writing with chalk on the pavement, playdough or sand trays

education.nsw.gov.au

Primary numeracy

Select the links or scan the QR code to learn more about these primary numeracy activities.

Baking brownies

Discuss volume and capacity when [baking brownies](#).



Battleship

[Battleship](#) relies heavily on position and strategic thinking.



Car cricket

Play [Car cricket](#) when you are out and about.



Car trip playlist

Let the kids take control of the [car trip playlist](#) but under the condition their playlist lasts the length of the journey.



I-spy with 3D objects

Play [I-spy with 3D objects](#) where everyone looks around for different 3D objects.



Is it really a bargain?

Make the '[Is it really a bargain?](#)' activity part of your visit to the shops.



Lunchbox packing

Get your child involved in [lunchbox packing](#) using this as an opportunity to explore mass.



Mind reading magic

Learn [mind reading magic](#) tricks with your child can and amaze family and friends.



Navigate with a map

Encourage your child to [navigate with a map](#). Give them a map of a place you are visiting and have them suggest the route you take.



Paper planes

Make [paper planes](#) and throw to see which ones fly the furthest and have the longest flight length.



Sandwich fractions

[Sandwich fractions](#) is a great way to learn about fractions from an early age. Cut sandwiches in different ways to help your child explore halves.



Shopping bags

After shopping, investigate mass by determining which of the [shopping bags](#) is the lightest.



Secondary literacy

Capture a picture

Encourage your teenager to take a picture that reminds them of something to do with literacy and write a caption.

Analyse song lyrics

Talk about your teenager's favourite song and the meaning of the lyrics.

Journaling

Encourage your teenager to keep a journal where they can write about their daily experiences, thoughts, and feelings.

Book club

Encourage your teenager to join or start a book club with friends. They can choose a book to read together and then discuss it, sharing their thoughts and insights.

Creative writing prompts

Provide creative writing prompts to inspire and ignite your teenager's imagination to write stories, poems, or essays.

Reading challenge

Set up a reading challenge with specific goals, such as reading a certain number of books in a month or exploring different genres.

Family reading time

Set aside time for family reading sessions where everyone reads their own book or takes turns reading aloud. Encourage your teenager to tell you about the book they are reading, give it a review or star ratings.

Graphic novels and comics

Reading graphic novels and comics can be a great way to engage reluctant readers. If your teenager like to draw, encourage them to create additional pages for the comic or change the ending.

Podcast creation

Have your teenager create their own podcast. They can write scripts, record episodes, and edit their content.

Secondary numeracy

Select the links or scan the QR code to learn more about these secondary numeracy activities.

Budgeting

As your teenager learns to be more independent, talk about [budgeting](#). Explain how you budget and if they have a job, look at their expenses compared to what they earn.



Buying a car

If your teenager is interested in learning to drive, have them investigate costs associated with owning and [buying a car](#) such as insurance, registration, petrol, servicing and loan repayments.



Camera angles

If your teenager is interested in film, photography or selfies, the [camera angles](#) activity has tips on how to use angles and ratios to get a better shot.



Chef for the night

The [chef for the night](#) activity encourages your teenager to take charge of the next family meal and use their measuring skills.



Go for a bushwalk

[Go for a bushwalk](#) at a national park and work together to plan your path by applying knowledge of position.



Reorganise your bedroom

For teenagers interested in updating the look of their room the [reorganise your bedroom](#) activity uses measurement to work out what fits where.



Sports tactics

[Sports tactics](#) rely heavily on position. No matter what the sport, the position of the players makes a big difference to the outcome.



Tracking your activity

Use [tracking your activity](#) to find out what data from a smartphone's fitness tracker tells you.



Travel challenge

Use the [travel challenge](#) to help teenagers apply their mathematical skills and understanding.





Maths and Baking

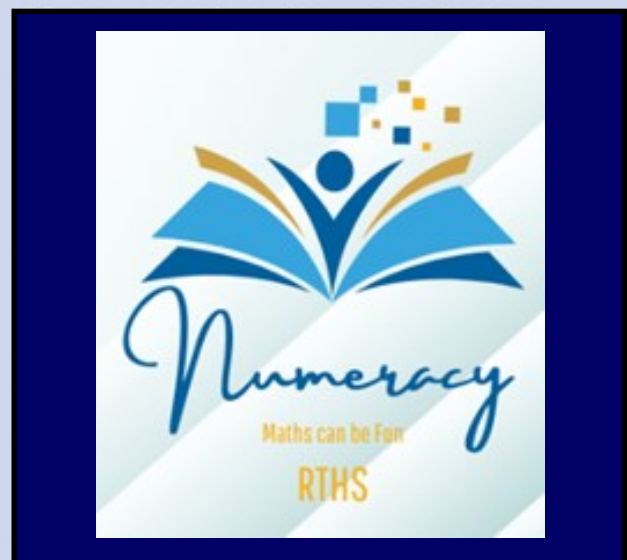
There are a multitude of maths and numeracy skills involved in baking – from weighing, measuring and counting to fractions, telling the time and more! Here is a recipe that you might like to try out encouraging children to count out the numbers 1 and 2:

1s and 2s Banana Bread

- 1 Mash 2 bananas in the bowl.
- 2 Add 2 eggs and mix with the bananas.
- 3 Add 2 cups of flour.
- 4 Add 2 teaspoons of baking powder.
- 5 Add 2 teaspoons of cinnamon.
- 6 Add 1 cup of brown sugar.
- 7 Add 1 cup of olive oil.
- 8 Now mix all the ingredients together.
- 9 Add the mixture to a loaf tin.
- 10 Bake for 1 hour at 180 degrees.

If you don't have access to measuring cups you could convert the ingredient totals using a site like this one [here](#).

Click [here](#) to see a few examples of different ways you might model maths skills being used in your interactions, helping children to see different maths skills being used in a real life context.



Thank you,
RTHS Numeracy Team

Rutherford Technology High School

2024 Year 11 Yearly Examinations

16/09/24 - 25/09/24



WEEK	Dates	Session Time	Examination	Location	Special Provisions
Week 9	Monday 16/9/24	9.10 AM	English (Advanced) exam	MPC	K1
			English (Standard) exam		
	Tuesday 17/9/24	9.10 AM	Mathematics (Advanced) exam	MPC	K1
			Mathematics (Standard 1) exam		
			Mathematics (Standard 2) exam		
	Wednesday 18/9/24	9.10AM	Agriculture exam	MPC	K1
			Chemistry exam		
			Dance exam		
			Legal Studies exam		
			Software Engineering exam		
	Thursday 19/9/24	12.00	Drama exam	MPC	K1
			Engineering Studies exam		
			Retail Services (VET) exam		
			Society & Culture exam		
	Friday 20/9/24	9.10 AM	Community and Family Studies exam	MPC	K1
			English (Extension) exam		
			Exploring Early Childhood exam		
			IT-Timber Products Furniture Industry exam		
			Mathematics (Extension 1) exam		

RESPECT

RESPONSIBILITY

COMMITMENT


WEEK	Dates	Session Time	Examination	Location	Special Provisions
Week 10	Monday 23/9/24	9.10 AM	Hospitality - Food and Beverage (VET) exam	MPC	K1
			Information and Digital Technology (VET) exam		
			Modern History exam		
			PDHPE exam		
			Physics exam		
			Visual Arts exam		
	Tuesday 24/9/24	9.10 AM	Ancient History exam	MPC	K1
			Biology exam		
			Business Services (VET) exam		
			Construction (VET) exam		
			Food Technology exam		
	Wednesday 25/9/24	9.10 AM	Aboriginal Studies exam	MPC	K1
			Business Studies exam		
			Primary Industries (VET) exam		
	Thursday 26/9/24		NORMAL CLASSES		
Friday 27/9/24		NORMAL CLASSES			
Week 10	NORMAL CLASSES COMMENCE AGAIN THURSDAY 26/09/24				

Canteen

Rutherford Technology High School canteen is operated by the P&C and offers online ordering through Flexischools. Our canteen has EFTPOS available and whilst we encourage cashless payments, cash is still accepted. Flexischools ordering **MUST** be in by **9:00am** and in accordance with Healthy School Canteens, pies and sausage rolls are only available at 'Break 1'.




Canteen Roster

Monday 16th September 2024	Volunteer Required
Tuesday 17th September 2024	Donna Nichols
Wednesday 18th September 2024	Volunteer Required
Thursday 19th September 2024	Donna Nichols
Friday 20th September 2024	Donna Nichols
Monday 23rd September 2024	Volunteer Required
Tuesday 24th September 2024	Donna Nichols
Wednesday 25th September 2024	Volunteer Required
Thursday 26th September 2024	Donna Nichols
Friday 27th September 2024	Donna Nichols




RUTHERFORD TECHNOLOGY HIGH SCHOOL 2024 CANTEEN MENU

Everyday Food, Occasional Food

<p>BREAKFAST ITEMS:</p> <ul style="list-style-type: none"> -Banana Bread \$1.50 -Pancakes \$3.00 -Cheese Toastie \$2.50 -Ham & Cheese Toastie \$3.00 -Yoghurt \$3.00 -Yoghurt & Fruit Box \$3.00 	<p>SALADS:</p> <p>Salad Boxes</p> <p>Available Boxes to Order \$3.50-\$6.50</p> <p>Options: Salad: Chicken; Caesar; Chicken Caesar Size: small, medium, large (price dependant on option and size)</p> <ul style="list-style-type: none"> -Zucchini Slice & Salad Box (GF) \$5.50 -Coleslaw Box \$3.50 -Curry Pasta Salad Box \$3.50 -Rice Salad Box \$3.50 <p>SUSHI:</p> <p>Sushi Rolls:</p> <ul style="list-style-type: none"> -Cucumber & Avocado \$4.50 -Chicken & Mayo \$4.50 -Smoked Salmon & Avocado \$4.50 -Teriyaki Chicken & Avocado \$4.50 -Tuna & Avocado \$4.50 <p>Sushi Packs:</p> <ul style="list-style-type: none"> -Tuna Hosomaki Pack \$6.00 	<p>DRINKS:</p> <p>Water:</p> <ul style="list-style-type: none"> -350mL \$1.00 -600mL \$2.00 <p>Juice-250mL:</p> <ul style="list-style-type: none"> -Orange \$2.50 -Apple \$2.50 -Apple Blackcurrent \$2.50 <p>Chilli-250mL:</p> <ul style="list-style-type: none"> -Watermelon \$2.50 -Raspberry \$2.50 -Blackcurrent \$2.50 <p>Juice Bombs-250mL:</p> <ul style="list-style-type: none"> -Apple/Cola \$2.50 -Apple/Raspberry \$2.50 -Orange/Passionfruit \$2.50 <p>Milk-300mL:</p> <ul style="list-style-type: none"> -Chocolate \$2.50 -Strawberry \$2.50 <p>Milk-500mL:</p> <ul style="list-style-type: none"> -Chocolate \$3.50 -Strawberry \$3.50 -Iced Coffee \$3.50 <ul style="list-style-type: none"> -Plain Milk-600mL \$2.50 -Frozen Blizzard \$2.50 -Hot Chocolate \$2.00 <p><i>(Only Available Term 2 & Term 3)</i></p>	<p>HOT FOOD:</p> <ul style="list-style-type: none"> -Chicken Burger \$5.00 -Chicken Burger Salad \$5.50 -Chicken Gravy Roll \$5.00 -Rissole & Gravy Roll \$5.00 -Lasagne (avail. for ORDER ONLY) \$5.50 -Chicken & Corn Soup+Dinner Roll \$4.00 -Pumpkin Soup+Dinner Roll \$4.00 -Cheese Toastie \$2.50 -Ham & Cheese Toastie \$3.00 -Other Assorted Toastie Avail. (price dependant on filling) \$2.50-\$5.00 -Spinach Ricotta Roll \$3.50 -Zucchini Slice (GF) \$2.50 -Garlic Bread \$2.00 -Plain Pie FIRST BREAK ONLY \$4.00 -Cheese & Bacon Pie FIRST BREAK ONLY \$4.50 -Sausage Roll FIRST BREAK ONLY \$3.00 -Chicken Chippies (6) \$3.50 -Chicken Nuggets (6) \$3.50 -Nachos (ONLY Avail. Mon/Wed/Fri) \$6.50 -Meatball Sub \$5.00 -Pizza \$5.00 -Fried Rice \$4.00 -Available to Order: Small & Large Hot Meal Small \$5.00 Large \$6.00 <p><small>Options include: Carbonara; Mince Chow Mein; Tuna Mornay & Rice; Butter Chicken & Rice; Satay Chicken & Rice; Beef Groganoff; Honey Mustard Chicken & Rice; Curry Chicken & Rice; Thai Green Curry Chicken & Pasta; Veggie Stir Fry; Curried Sausages & Mash Potato, Savoury Mince & Mash Potato</small></p>
<p>SANDWICHES, ROLLS & WRAPS:</p> <p>Sandwiches:</p> <p>Available to Order \$3.00-\$6.00</p> <p>Options: Vegemite; Egg & Lettuce; Curried Egg Salad; Chicken Salad; Cheese & Tomato; Ham, Cheese & Tomato (price dependant on filling)</p> <p>Rolls:</p> <ul style="list-style-type: none"> -Salad Roll \$5.00 -Ham Salad Roll \$5.50 -Chicken Salad Roll \$5.50 <p>Wraps:</p> <ul style="list-style-type: none"> -Salad Wrap \$5.50 -Chicken Salad Wrap \$6.00 -Ham Salad Wrap \$6.00 -Caesar Salad Wrap \$5.50 	<p>SNACKS / OTHER:</p> <ul style="list-style-type: none"> -Piece of Fresh Fruit \$0.50 -Freshly Cut Watermelon** \$3.50 -Freshly Made Fruit Salad** \$3.50 -Yoghurt \$3.00 -Yoghurt & Fruit Box \$3.00 -Eucalyptus Drops \$0.75 -Chocolate Cookie \$1.50 -Finger Bun / Muffins \$2.50 -Hommus, Carrot & Celery \$2.00 Snack Bag \$2.00 <p>**Only Available Term 1 & Term 4</p>	<p>CHIPS / POPCORN:</p> <ul style="list-style-type: none"> -Dell Rock Chips: Sea Salt \$1.50 -Dell Rock Chips: Honey Soy \$1.50 -Lightly Sea Salted Popcorn \$2.50 	<p>ICE CREAMS:</p> <ul style="list-style-type: none"> -Juice Ice Blocks \$1.00 -Vanilla Buckets \$1.50 -Mango/Choc Malt Cups \$1.50
<p>SAUCE / EXTRAS:</p> <ul style="list-style-type: none"> -Tomato/BBQ/Sweet & Sour \$0.40 -Extra Fillings \$0.40 -Butter/Mayo/Mustard \$0.20 -Bread Roll \$0.90 -Fork/Spoon \$0.05 			



Canteen is open before school from 8:00am and at Recess & Lunch
Volunteers are always needed-please contact the school to find out more!
RTHS Canteen is operated by the P&C with one paid supervisor assisted by volunteers.
All profits from the canteen are returned to the school to benefit the students.

© 9th February 2024



UNIFORM SHOP COMMUNICATION UPDATE

Please be advised all communication through Daylight Uniform Shops and Customers will **NOW** be via **EMAIL** moving forward.

You can still visit the uniform shop during the standard trading hours listed below.

See details below on how to contact your uniform shop.

Email:

rutherford@daylightcorp.com

Online Shop

<https://daylightschoolwear.au/rutherford>



RTHS

Standard Trading Hours

Tuesday 8am - 12pm

Thursday 1pm - 5pm

** Shop open during school terms only

<https://daylightschoolwear.au/rutherford>





COMPLETE
UNIFORM
SOLUTIONS

UNIFORM SHOP

**Monday 16th September
to
Friday 27th September
2024**

**** 20% OFF** Sale applies to
IN STOCK ITEMS ONLY & ONLINE STORE

NO Refunds or Exchanges
(Unless garment is faulty)

NO Rainchecks

20% OFF

SHOP NOW 

<https://daylightschoolwear.au/rutherford>



RTHS

RESPECT

RESPONSIBILITY

COMMITMENT



Rutherford Technology High School Uniform Shop

Price List

ITEM	PRICE
GIRLS	
Junior Girls Blouse	\$36.00
Senior Girls Blouse	\$36.00
Tartan Skirt	\$50.00
BOYS	
Junior Boys Shirt	\$36.00
Senior Boys Shirt	\$36.00
UNISEX	
Softshell Jacket	\$75.00
Everyday Shorts	\$35.00
Maroon Knit Fleece	\$65.00
Junior Polo	\$40.00
Senior Polo	\$40.00
SPORTS	
Sports Short	\$33.00
Trackpants	\$50.00
Sports Polo	\$40.00
ACCESSORIES	
Beanie	\$15.00
Scarf	\$20.00
White Socks Short-cut – 3 pack	\$20.00
OTHER	
Reusable Tote Bag	\$1.00

Uniform Shop Hours:

Tuesday 8:00am-12:00 noon

Thursday 1:00pm-5:00pm

Purchase Online: <https://daylightschoolwear.au/rutherford>

Please ensure all orders are collected from the Uniform Shop

MASTERCARD, VISA & EFTPOS ACCEPTED & CASH ACCEPTED - NO CHEQUE PAYMENTS. NO LAYBY.

**Prices are subject to change without notice*

The wearing of school uniform at Rutherford Technology High School is mandatory. The school uniform is manufactured and sold by Daylight Sportswear at a dedicated onsite Uniform Shop at the school. This is the ONLY location that the school uniform is available for purchase.

RESPECT

RESPONSIBILITY

COMMITMENT

Rutherford Technology High School P&C Association

20% of every membership we sell, goes directly to our fundraising.
Order your membership online today!
www.entbook.com.au/3k4872

WE ARE FUNDRAISING WITH


It's Entertainment's 30th Birthday and the gift is for you!

Purchase a Single City Entertainment Membership and you will receive
a **complimentary Multi City Upgrade**.
Plus, you will go in the draw to win one of **30 amazing prizes, worth
nearly \$10,000!**



SAVE \$50
WHILE STILL CONTRIBUTING 20%
TO COMMUNITY FUNDRAISING

[Support us now](#)

Entertainment guarantees you'll
love your Membership or your
money back.



T&C apply. See entertainment.com.au.
Permit ACT TP 24/01637 & SA Permit T24/1269.



Now you can enjoy the best restaurants, cafes, fine dining and shopping with your family while donating to your favourite cause.

[Thank your for supporting for Rutherford Technology High School P&C Association](#)

**Rutherford Technology High School P & C
Association**

Order your Memberships online today!
www.entbook.com.au/3k4872


SCAN HERE

T3AU_0374

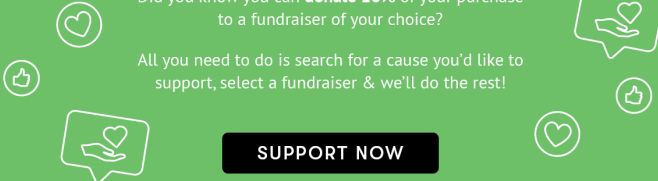
*Member offers are subject T&Cs. Check individual offers on the Entertainment Membership App or www.entertainment.com.au

Support something that's special to you

Did you know you can **donate 20%** of your purchase
to a fundraiser of your choice?

All you need to do is search for a cause you'd like to
support, select a fundraiser & we'll do the rest!

[SUPPORT NOW](#)





ANIMAL HAMPER *Drive*

IN SUPPORT OF HVAFARC, RTHS IS HOLDING AN ANIMAL HAMPER DRIVE. COLLECTION COMMENCING 12/8 AND ENDING 23/9

- **Items include:**
- Blankets, towels and sheets
- Unopened dry/wet animal food and treats
- New toys
- Bedding

If you're able to help, please drop off at Rutherford Technology High Schools administration office



THE LEARNING COMMON

**open for both schoolwork
access and general access.**

Before school

- Schoolwork access is from 8:20am each morning.

- General access is from 8:45am.

Recess & Lunch

- Schoolwork access is available during the first 10 minutes of the break onwards.

- General access is approximately 10 minutes after the initial bell to allow students time to eat and drink outside. As well as allowing quiet time for the students working in the library.




RESPECT

RESPONSIBILITY

COMMITMENT

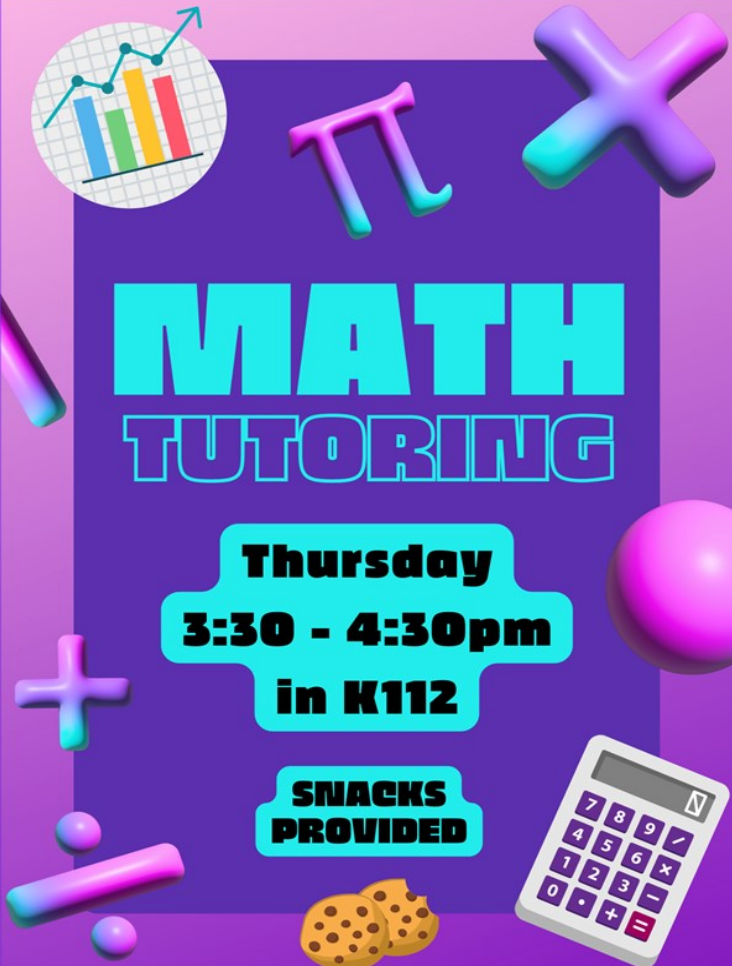
HSIE WRITING



WILL RUN EVERY THURSDAY

AND HOT CHOCOLATES

WHEN: 8AM-9AM
WHERE: K24
BRING: HSIE BOOK, PEN, ASSESSMENTS



MATH TUTORING

Thursday
3:30 - 4:30pm
in K112

SNACKS PROVIDED

RTHS



HOMework CENTRE

OUR TRAINED STAFF ARE HERE TO HELP YOU!!

WE CAN HELP YOU WITH:

- ▶ Homework
- ▶ Assessment Tasks
- ▶ N-Awards
- ▶ Catching up on missed work



Wednesdays
3:25pm-4:00pm
Library



Refreshments Provided

CAPA

MUSIC PRACTICAL



EVERY RECESS AND LUNCH for students in music electives



Please see music staff for more information



AIMA Lifesavers Learn Free CPR

Saturday 28 September 2024

Learn Lifesaving Skills

Date: Saturday, 28 September 2024
Time: 1:00 PM – 3:00 PM

Locations in Newcastle:

- Rutherford Mosque - 41 Spitfire Pl, Rutherford NSW 2320
- Mayfield Mosque - 5 Victoria St, Mayfield NSW 2304
- Newcastle Mosque - 6 Metcalfe St, Wallsend NSW 2287



LIFESAVERS
save a life, save mankind

Who can attend?

Men, women and children - Anyone is welcome to attend.
Hands-on training and refreshments are provided.
Please register for catering and logistics purposes.

**Save a life,
Save Mankind**

What is Lifesavers?

Lifesavers is a global initiative by the Federation of Islamic Medical Associations (FIMA) uniting healthcare professionals and serving local communities by providing **FREE life-saving skills** in mosques and Islamic centres.

Attendees will learn: **Bystander CPR | AED Training**

* This is not an accredited course

Register Now



www.aima.org.au/lifesavers

aima.org.au | admin@aima.org.au

PCYC



SAFER DRIVERS COURSE

EARN 20 HOURS TOWARDS YOUR LOGBOOK.

BOOK SCHOOL HOLIDAY COURSES NOW!

pcycdrivereducation.org.au



PCYC NSW is an accredited provider of the Transport for NSW Safer Drivers Course.

The Safer Drivers Course logo is a trade mark of Transport for NSW of 18 Lee St Chippendale NSW Australia.



PCYC will have their Safer Driver Courses available during the upcoming school holidays.

Any student with a Health Care Card or Concession Card or living in Out of Home Care are eligible to do the course fully fee exempt - contact your local PCYC for further information in this regard.

RESPECT

RESPONSIBILITY

COMMITMENT

NSW SES
Maitland City Unit

OPEN DAY

Saturday 28th September 2024



10am - 2pm

Come and see what the SES do!!
We have even invited other
emergency services to join
in the fun!

Emergency Kit Preparedness
Storm & Flood information
Kids activities
Vehicle displays
BBQ and cold drinks
available for purchase

For more info email
mai.ops@ses.nsw.gov.au

Maitland City Unit
Waterworks Road, Rutherford NSW

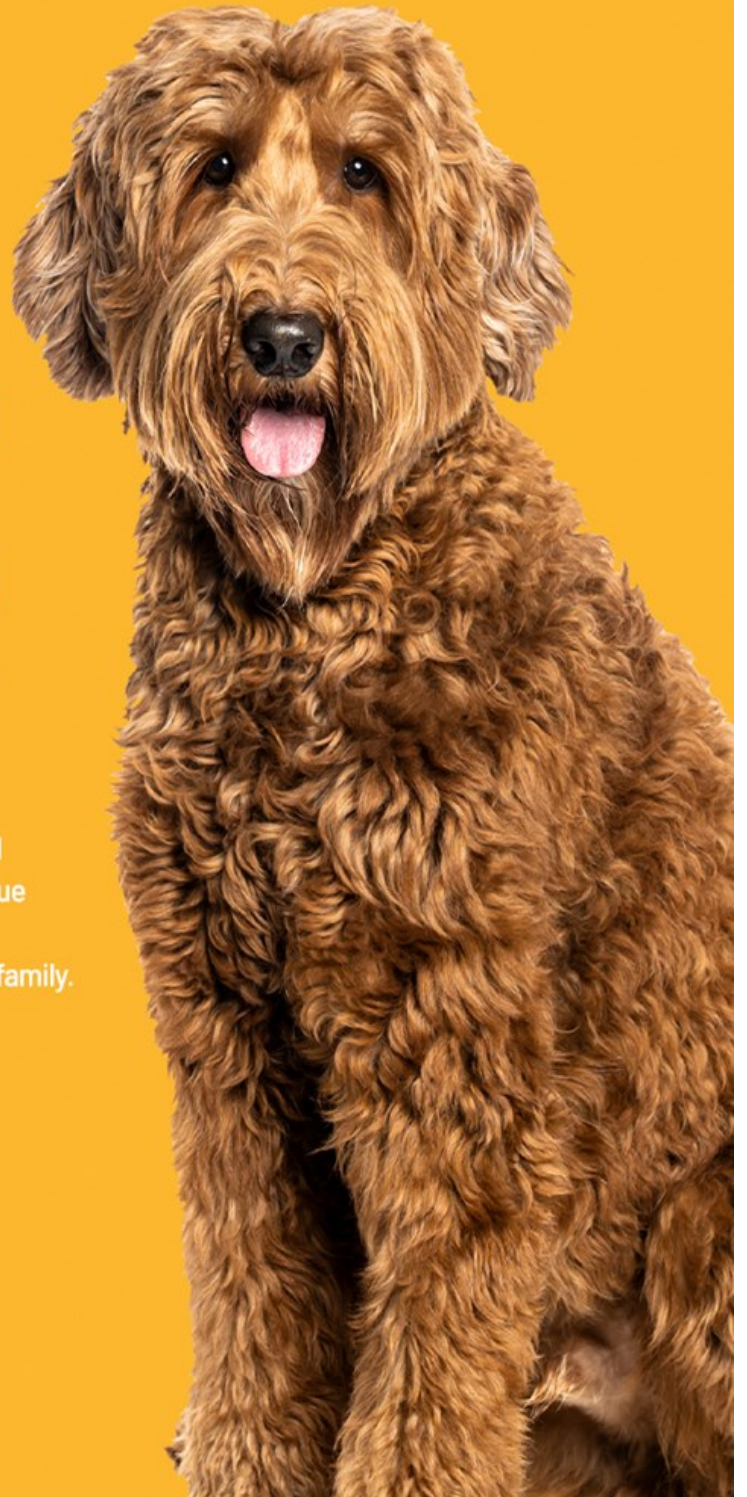
Are you ready to meet your new best friend?

Network 10 is seeking families and individuals from all different backgrounds who would like to adopt a rescue dog! We work hand-in-hand with the Animal Welfare League NSW to match you with the best dog for your family.

THE **DOG HOUSE**

APPLY NOW

at 10play.com.au/casting





2024 / 25

REGISTRATIONS

OPENING 8TH SEPTEMBER

Are you looking for a club that provides the perfect mix of competitive swimming pathways, social swimming & fun?

Valley Aquatic caters for a range of swimming abilities, from beginner through to State & National representatives.

Club nights

12m, 25m, 50m, 100m, 200m & 400m events available to enter

Friday nights 6:30pm
Commencing 18-10-24
Maitland Aquatic Centre



If you are interested in finding out more about our club, contact our registrar at registrar.valleyaquaticclub@gmail.com



Come Join The Fun!



City United District Cricket Club



- 5 - 8 years old - Cricket Blast
- 9 - 16 years old - Junior cricket
- Play senior cricket with your parents
- Introduction to cricket - Learn all the skills
- Boys and girls
- Location: Maitland Park



SIGN UP
CONTACT US @
FACEBOOK

WWW.CITYUNITEDDCC.COM.AU
SECRETARY: PAUL BROWNLEE -
PAUL.BROWNLEE1@OUTLOOK.COM



FUN IS IN FULL SWING
REGISTRATION NOW OPEN FOR THE UPCOMING SEASON

Plovers JUNIOR CRICKET



bit.ly/plovers-rego

*Club will reimburse out-of-pocket registration costs after the season has started



WSSC Plovers Junior Cricket Community Partner

Plovers

REGISTRATIONS FOR THE UPCOMING CRICKET SEASON NOW OPEN

Looking for a fun, active way for your kids to get involved in sports? Junior cricket at the Plovers is perfect for ages 5-16, regardless of ability and skill level.

Real Cricket Games: Different formats tailored to your child's age and ability.

Fun & Active: Keep your kids engaged with plenty of action and learning through play.

Smaller Teams: More involvement and match action for every player.
Tailored for Kids: Reduced pitch lengths and boundary widths for younger age groups.

Shorter Matches: Games finish before 11am—no more whole weekends spent on cricket!

No Experience Necessary: Everyone gets a turn, and no equipment is required. Free uniforms provided!

Why Choose Us?

Make New Friends: Be part of a friendly, local community.

Inclusive & Welcoming: We promote diversity and have zero tolerance for unsafe behaviour.

FREE "Come Try Days": No obligation! Register your interest today.

For more info:

Email: juniors@plovers.org.au

Facebook: [theploversmaitland](https://www.facebook.com/theploversmaitland)

Phone: 0477 047 660 (James – Junior President WSSC)



WSSC Plovers Junior Cricket Community Partners

**ARE YOU A YOUNG DEADLY
ABORIGINAL ARTIST?**

**Want your artwork
to be seen?**

**YOUTH EXPRESS HAS MOVED LOCATIONS AND
WANT TO BUY YOUR ARTWORK
TO PROUDLY HANG ON OUR WALLS & CELEBRATE
OUR TALENTED YOUTH IN COMMUNITY**

**Youth
Express**

YOUTH EXPRESS HAS BEEN EMPOWERING YOUNG
PEOPLE TO SUCCESSFULLY ENGAGE IN EDUCATION,
COMMUNITY & WORK FOR OVER 30 YEARS



**IF YOU ARE AN ABORIGINAL ARTIST
& HAVE CANVAS ARTWORKS FOR SALE
PLEASE SCAN THE QR CODE OR CLICK THE LINK
TO UPLOAD IMAGES OF YOUR WORKS,
DIMENSIONS & \$ALE PRICE.
OUR YOUTH ADVISORY GROUP WILL BE
SELECTING ARTWORKS TO PURCHASE AS PART
OF OUR INDIGENOUS ADVANCEMENT STRATEGY.**





RTHS SUPPORTERS

Harvey Norman

Maitland



Maitland



Bakers Delight *Rutherford*
We're for real.


The staff and students who are involved in the Wellbeing programs would like to acknowledge the generosity of 'Bakers Delight' at Rutherford who provide us with bread.

We express our appreciation and hope our school community can reciprocate.

Rutherford Technology High School has an Official Facebook Page – just go to Facebook and look for 'Rutherford Technology High School NSW Official Site' and click on 'Like'.

We will be using the Facebook page to keep everyone informed about events at the school, important dates for your diary, and general information about the school.

Link:
<http://www.facebook.com/RutherfordTechnologyHighSchool>



RESPECT

RESPONSIBILITY

COMMITMENT