



# RUTHERFORD

## TECHNOLOGY HIGH SCHOOL

RESPECT  
RESPONSIBILITY  
COMMITMENT

# NEWSLETTER

2nd JUNE 2023

## Rutherford Technology High School

Avery Street  
Rutherford NSW 2320

**Phone:**  
02 4932 5999

**Email:**  
rutherford-h.school@det.nsw.edu.au

**Website:**  
www.rutherford-h.schools.nsw.edu.au

### Office Hours:

Monday-Thursday 8:00am-4:00pm  
Friday 8:00am-3:30pm  
Outside of office hours, a message may  
be left on the school answering machine.

An appointment is necessary before  
meeting with a staff member, including  
the Principal or Deputy Principal, as they  
have class, playground duty and other  
commitments during the school day.  
Please call our Administration Office to  
make an appointment.

### DATES FOR YOUR DIARY

5th June	Special Group Photo Day
5th June	Hunter Region Open Girls Football Knockout Finals
6th June	Athletics Carnival
6th June	Buckley Shield
6th June	Term 2: Week 3 P&C Meeting
7th June	Apply First Aid Course
7th June	Year Meetings
7th June	University of Newcastle Wollotuka Emergence Day
9th June	SRC Fundraiser for Carrie's Place
9th June	Regional Cross Country
12th June	Public Holiday
15th June	Jewish Museum Excursion
15th June	U/14 Girls Rugby League
16th-18th June	Star Struck

## Build ME a Future

Last week, students from Year 8 participated in the  
Build ME a Future Challenge at the University of Newcastle.

They competed against seven other schools to complete a range of  
STEM challenges testing their critical and creative thinking.  
The students showed excellent communication and team work on  
the day and placed 5<sup>th</sup> in the competition.



THE UNIVERSITY OF  
**NEWCASTLE**  
AUSTRALIA



science and engineering  
**challenge**

## MESSAGE FROM THE DEPUTY PRINCIPAL

With Term 2 well and truly underway we have several exciting events upcoming at Rutherford Technology High School.

Firstly, the very much anticipated school musical **'The Wizard of Oz'** will be on Tuesday 27th June 2023 and Wednesday 28th June 2023 (last week of this term), staff and students have been working on this epic production since the end of last year. These events only come around once every two years so be sure to support our AMAZING CAPA students and staff by coming along to one or both of the two nights. They truly are a testament to the creativity and talent of our students and staff.

Also, this week seen a lot of our Year 7 students at the **'Great Aussie Bush Camp'** where they had the opportunity to get involved in many exciting and dare-devilish activities that excite and frighten. Congratulations to the Year 7 team for organising this which was headed by their Year Adviser, Mr Jai Hancock, and Assistant Year Adviser, Mrs Anna Petrovski. Keep an eye out on the school FaceBook page for pictures.

Week 7 on Tuesday the 6th June 2023 is the school athletics carnival. Students on this day are encouraged to wear their house colours to the event in support of their team. Details of the event will be posted on the school FaceBook page in the lead up to the event, including, any information regarding cancellations.

Winter has arrived and with this it is essential that we get students into the correct school uniform. The NSW government has given all families vouchers that can be spent at school on uniform, you can access these vouchers through the service NSW App. Any family struggling financially is encouraged to reach out to the relevant Deputy Principal for a financial assistance form.

**WHY IS UNIFORM SO IMPORTANT:** Uniform is so important for school safety so we can easily identify students when entering the school grounds, it is essential for being part of a community, for creating cohesion and a shared sense of pride and belonging in the community, it reduces the potential for bullying, it can improve study ethic and studious routines, it prepares students for the world outside school making them job ready and it creates equity for families from low socio economic backgrounds. Thankyou to all the parents and carers that realise the benefits of uniform and support the school everyday.

**Mr Michael Richards**  
**Deputy Principal - Year 8 & Year 11**



Rutherford Technology High School P&C Association is holding a small Thompson Pie Drive Fundraiser with delivery the last week of term so just in time to fill your freezer for the upcoming school holidays!!

An order form can be found on the last page of this newsletter or alternatively you can order online via Flexischools.

Orders, together with payment, are due by **5:00pm Tuesday 13th June 2023**.  
Delivery/Collection date is: **WEDNESDAY 28th JUNE 2023**.





## CAPA FACULTY REPORT

On behalf of the staff working within the CAPA Faculty, I would like to acknowledge the work that everyone is doing to make the teaching and learning worthwhile and valuable for all students.

The CAPA Faculty is made up of several subjects: Drama, Music, Graphics & Media, Photography & Digital Media, Visual Design and Visual Arts. Our area of the school encompasses C, G and H blocks with all-purpose rooms designed for the specialist arts courses that are on offer. Staff teaching in CAPA are: Ms Hornery (Head Teacher), Mr Delforce, Mr Meers, Mr Baird, Mr Danvers, Mr Fean, Ms Prosser, Ms Sharp and Ms Moody.

We began the year with the confirmation from Ms Sharp, that her two Year 12 Visual Arts students from 2022 had made it through the final round of selection and would have their Body of Works part of **ArtExpress**. This highly prestigious exhibition showcases the best art works from Year 12 students from across all State, Catholic and Independent schools in NSW. The Art staff have a gallery tour planned for Sydney which includes a visit to see ArtExpress.

The return of performing arts, with no restrictions, meant we were clear to bring back our tradition of a musical. The decision was made to present **The Wizard of Oz** due to its message of always appreciating what you have. With well-known characters and songs, it has been a huge learning opportunity for most students and staff who are in their very first musical. So, thank to all those involved for not being a cowardly lion and stepping up to be part of the show. With the assistance from the **Minister of Arts Recovery Grant**, students have had the opportunity to work in small ensembles to develop skills in performance. With numerous breaks, after school and two hours on a Thursday morning to rehearse the scenes and music, we will be presenting our version of this timely classic. We look forward to presenting it to our LMG and wider community on June 27th and 28th. We hope the community will support this initiative and come and see the show. **Tickets are available online and all information will be on RTHS FaceBook Page.**





In early Term 1, we gave students the opportunity to see a professional musical production and arranged an excursion to see **Hairspray** at The Lyric Theatre in Sydney.



Every Wednesday, Ms Prosser is running a PBL Art program for any interested students. A popular activity, students are creating art in a relaxed environment where they can work with a cross section of the school community as a fun lunchtime activity.

Ms Moody and Ms Hornery attended Torres Strait Islander artist Toby Cedar's exhibition at Maitland Regional Art Gallery. We have been very lucky to have Mr Cedar working weekly with students and Ms Moody.



**Year 12** are currently being supported in Drama, Music, Photography, Visual Design and Visual Arts with all students, besides the written component of the course, busy working on their HSC projects. For Drama, Music and Art, these projects will be due from mid next term for external NESA markers to come and mark them.

**Year 11** have started their Stage 6 courses and most are about to submit their second assessment tasks. Discovering a whole new direction from Stage 5 subjects, we are pleased to see the engagement of students across the CAPA courses. In the subjects students are studying the following:

- |               |   |  |
|---------------|---|--|
| Photography   | - | Digital photography & digital imaging including the use of technology                            |
| Music         | - | Methods of Notating Music & Theatre Music  |
| Visual Arts   | - | Modernism and a focus on the late 19 <sup>th</sup> and 20 <sup>th</sup> century plus Portraiture |
| Visual Design | - | Design and make interactive and multimedia works   |





**Year 10 CAPA** classes have been busy learning about:

Music:	Radio, Film, Television and Gaming Music
Drama:	Physical Theatre focusing on Mime, Puppetry and Mask
Photo:	Darkroom and Wet Photography plus Production and Post-production for Film
Graphic Media:	Design practices in Recycling, Modifying and Manipulating Materials to create new Objects with a new Function
Visual Art:	Steampunk and Pinhole Technologies. Also using image manipulation and editing using Adobe Software

**Year 9** have trialled the new format in electives. For the first time, we have 100 and 200 hour courses in Music, Drama, Photography and Graphic Media. They are very popular choices with large numbers of students in all classes. Students have the opportunity to extend their Stage 4 skills by working with staff and we are seeing some exceptional progress.

Music Focus:	Australian Music and Music of a Culture
Drama Focus:	Workshops with scripts and create and write their own play plus studying the use of Mask and Mime
Graphic Media Focus:	Is studying The Principles of Design plus Publications in Media through Advertising
Photography Focus:	Film making and photography plus Stop Motion in animation and story boarding
Visual Arts Focus:	Portraits and Newcastle Landscapes

**Year 8** Art classes have been studying Comics and Cartoons plus The Figure in Art. Music students are reviewing Popular Music across the decades focusing on analysing various styles and artists. Elective Drama focus in on scripted drama and then developing characters physically through costumes. Elective Music students have been extending their core class by developing solo and ensemble performance skills through playing and studying artists.

## Year 7

Music: classes have been learning to read, write and play music on percussion and keyboards and discovering the numeracy and literacy levels needed for this subject.

Visual Arts: Portraits and Landscapes have been the focus areas in art. Students have had the opportunity to work outside the classroom in various areas of the school and continue to experiment with different art mediums including water colours, paint and pencils.

Triple C courses on offer this semester have included working on the musical.

It has been a very exciting and busy time so far in CAPA and we are looking forward to seeing the accomplishments of students throughout 2023.

**Mrs Loretta Hornery**  
Head Teacher CAPA Faculty



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## Term 2: Week 5 ~ PBL Awards

Brayden	Consistent Effort and Performance in all TSP Rugby League Lessons
Boyd	Commitment to Learning during Term 2
Brock	Consistent Application in Science
Craig	Effectively using learning opportunities in Aboriginal Studies
Hayden	Respecting all Students during Term 2
Heidi	Commitment and Dedication in English Lessons
Jakson	Enthusiasm towards all Science Lessons
Kyle	Outstanding Progress Across a Range of VET Subjects
Laura	Commitment and Dedication in English Lessons
Marcus	Showing Respect in HSIE Lessons
Matthew	Outstanding Progress Across a Range of VET Subjects
Mikaela	Commitment to her Learning during Study Periods
Mikaylee	Consistent Application in Science
Nate	Consistent Effort in all TSP Football Lessons
Olivia	Excellent Application in Mathematics
Reagan	Consistent Engagement and Completing all Class Tasks in Language
Rhys	Consistent Enthusiasm in Alive and Living (Science)
Szachi	Consistently Working Hard in ICT
Talia	Demonstrating a High Level of Understanding through Quality Work and Assisting her Peers in Metal Work
Tristan	Excellent Participation and Effort in Mathematics Lessons



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## Term 2: Week 6 ~ PBL Awards

Blake	Exceptional Application and Effort in Mathematics
Toby	Exceptional Application and Effort in Mathematics
Carlia	Exceptional Application and Effort in Mathematics
Zakorie	Outstanding Progress Across a Range of VET Subjects
Josie.D.	Consistent Application in Science
Lexi	Commitment to Learning in HSIE Lessons
Jack	Exceptional Efforts in Completing Work in ICT Classes
Eliza	Commitment and Dedication in English Lessons
Frank	Consistent Effort and Application in HSIE
Baizer	Consistent Engagement and Completing all Class Tasks in Language
Keti	Consistent Effort in all TSP Rugby League Lessons
Ruella	Commitment to Studies in Chemistry and Physics
Aaron	Committed Approach to Technology Lessons
Tyrone	Sustained Focus on Class Content in IPT
Hayley	Commitment to Learning during Term 2
Emily	Respectful Behaviour while in Study Periods
Cobie	Commitment and Dedication to Science Lessons
Rosalie	Always Completing Tasks to a High Standard in TAS
Cooper	Commitment and Dedication in English Lessons



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## CAPTAINS MESSAGE

What an exciting term Rutherford Technology High School has had, with multiple events and excursions.

Year 12 had the fantastic opportunity to go to the University of New England Open Day. Students had a fantastic time and absolutely loved the atmosphere of the University. Years 10, 11 and 12 had the opportunity to go to the Careers Expo where students were able to speak to an abundance of universities, trades and force representatives to have a think about their own futures and to have a clearer understanding of after-school.



The school has also held an out-of-uniform day, raising \$500.00, in support of [Do it for Dolly Day](#). This is an organisation built on discussing crucial issues such as bullying. Last Thursday we held a Reconciliation Assembly where students and staff participated in coloured sand-pouring. From the 27th May 2023 to 3rd June 2023 commemorates two significant milestones in the reconciliation journey - the anniversaries of the successful 1967 referendum and the High Court Mabo decision, and we are proud to have held such an important event.

We have our school athletics carnival coming up on Tuesday 6th June 2023 followed by an out-of-uniform day on the 9th June 2023 raising money in support of [Carrie's Place](#). The theme is Purple and White with a gold coin donation, the SRC will also be selling fairy bread at breaks on the day. To further support [Carrie's Place](#), the SRC is currently holding a hamper/food drive with donations being accepted until Friday 9th June 2023. We were fortunate enough to have a representative from [Carrie's Place](#) as a guest speaker at our assembly to speak about domestic violence and other crisis they support.

Year 12 HSC students continue to work hard in their HSC studies and on major works.

May was a busy, but rewarding month, at Rutherford Technology High School and with many amazing upcoming events and opportunities, I am so excited to see what our school community will be involved with for the remainder of the term.

**Alyssa Borg**  
School Captain



## What is Prime drink, is it okay for kids and why have schools in Australia banned it?



Dear Parents/Carers

With the introduction earlier this year of PRIME Drink, this is a reminder that ALL Energy Drinks - including PRIME, are banned at Rutherford Technology High School.

Please see the link below explaining that schools are banning PRIME and also information relating to the drink.

[What is Prime drink, is it okay for kids and why have schools in Australia banned it? - ABC News](#)

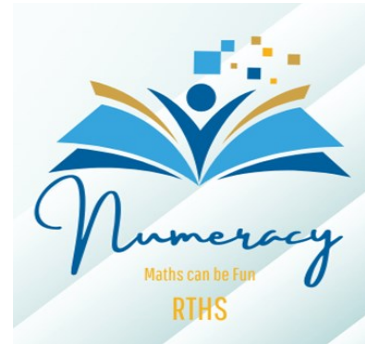
Any further queries should be directed to our principal via the school administration office.



## Organise Your Travel

Encourage your child to take charge in your next travelling plans.

This activity encourages students to consider distance, speed and time.



### The Challenge

Tell your teen to organise your next traveling trip. It could be how you will get to your next grocery shop, sport training, dinner, or a day out.

First your student will need to consider what type of transport you will take. Will you walk, take a personal vehicle or public transport?

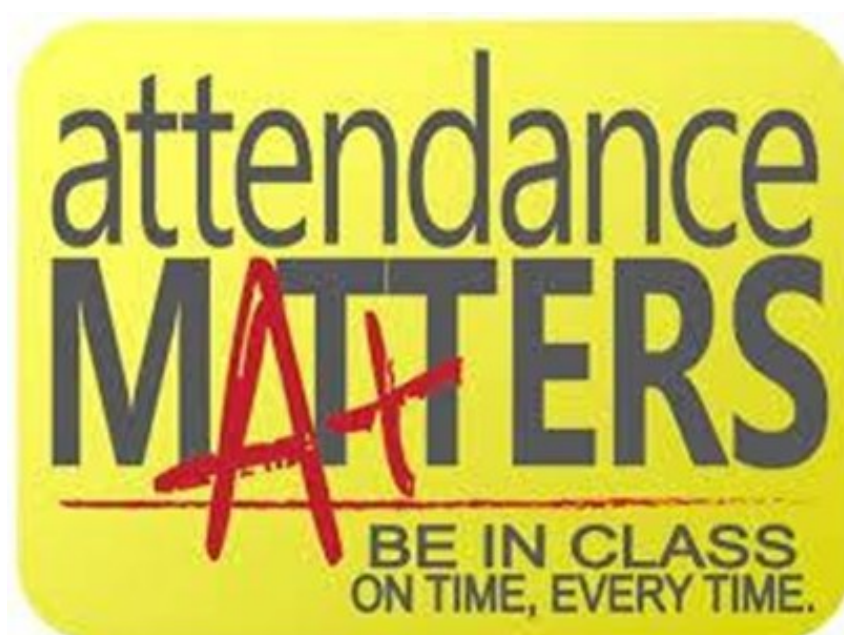
*For walking and personal vehicle:*

In Google Maps, search the directions and find out the time it will take to get there and how many kilometres it is. Then students will need to find out the average speed needed to get there using the formula:  $\text{distance} \div \text{time}$ .

*For public transport:*

Search the public transport timetable. Students will need to view the estimated time from the pickup to the arrival time. Students will need to calculate the approximate time it would take to get there once they are on the public transport.

Thank you,  
RTHS Numeracy Team





## SRC Fundraising to Support Carrie's Place

**Friday 9th June 2023 - Out-of-Uniform Day**

Students can come out-of-uniform by wearing **PURPLE** & **WHITE** and for a gold coin donation.

The SRC will also be selling fairy bread at breaks.

In conjunction with the out-of-uniform day the SRC is currently holding a Hamper/Food Drive, collecting non-perishable and toiletry items (Eg. soup; children snacks; muesli bars; vegemite; cereal; two-minute noodles; pasta sauce; baked beans; long life milk; milo; spaghetti; deodorant; shampoo; conditioner; body wash) to be donated.

Donations will be collected each morning at assembly, or alternatively, taken to the front school administration office. Donations will be accepted until Friday 9th June 2023 in order to have them delivered to Carrie's Place.



Thank you for your Support





# WINTER APPEAL

*together we can make a difference*

Temperatures are dropping yet the number of families needing support are increasing so Carrie's Place are calling on the corporate businesses, organisations, community, schools and individuals to help us make a difference this winter.

**Donations and support can come in many forms so think about how you may be able to help.**

## Currently we have:

- Knitting groups making beanies, scarves & gloves.
- Church groups making meals.
- Corporate organisations donating body warmers.
- Banks doing appeals for goods & non-perishables.
- Sporting organisations doing appeals for non-perishables.
- High Schools doing fundraisers & awareness campaigns.



## What we still need:

- Sleeping bags (-5 degrees), tents & felt blankets.
- Warm clothes - fleece jumpers, jackets, thermal under garments, thick socks, winter pyjamas.
- Readybath bathing cloths - fragrance & rinse free (20cm x 20cm).
- Can openers and sporks (or multi-use cutlery).
- Getting started packs - pots, pans, plates, cups, utensils.

Carrie's Place will share stories of support & kindness, across our social media channels & provide recognition on our website.



[engagement@carriesplace.org.au](mailto:engagement@carriesplace.org.au)



This years Star Struck is in full swing with rehearsals well underway.  
 Rutherford Technology High School has three groups performing in Cast A - as well as Year 12 student, Josie McIntosh, as a featured tap dancer in all four shows plus Year 11 Student, Tiana McWilliams, who is part of the chore choir. Extra accolades to: Mrs Cooper & Ms Gear for successfully providing choreography for Star Struck performances.  
 Many thanks to Ms Hughes, Staff & Parents for their ongoing support.  
 This years 'IGNITE' show is sure to be amazing.  
 Tickets now available through Ticketek.  
 Good luck to all the students involved; Mrs Cooper; Ms Gear & Miss Crump.

# Ignite

Star Struck 2023

**Newcastle Entertainment Centre**

**Friday 16 June Saturday 17 June**

**11am & 7pm**

**1pm & 7pm**

**Tickets through Ticketek - [ticketek.com.au](https://www.ticketek.com.au)**



**GLENCORE**  
A GLENCORE Community Partnership



**HERALD**  
theherald.com.au



**Graphika.**  
The Branding Agency

[www.starstruck.schools.nsw.gov.au](http://www.starstruck.schools.nsw.gov.au)

## About Star Struck:

Star Struck is a NSW Department of Education annual performing arts event for Newcastle, the Hunter and Central Coast. It is a showcase of dance, drama and music performed by students from Kindergarten to Year 12 from a vast network of NSW public schools.

Star Struck provides performance and learning opportunities for students in the arts and fosters an appreciation of the performing arts. The program brings together students from very small primary schools to large comprehensive high schools from diverse backgrounds. Students have the opportunity to participate as part of combined dance, drama or choir, with their school groups, or if successful at audition can participate as featured vocalists or instrumentalists. In addition to these on stage roles students also participate as members of the student stage management, choreographic and props design teams.

Students gain valuable experience across a range of vocational areas in the arts and the opportunity to work with industry experts whilst working towards a nationally accredited qualification in Events. Star Struck is one of the largest performance events presented in the area and, such as, enjoys immense local support from the corporate and business sectors, the media and the community.





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## 2023 Athletics Carnival

Dear Parent or Caregiver,

The School Athletics Carnival is a full school event. It is considered a normal school day and is compulsory for all students to attend.

### SPORTS CARNIVAL INFORMATION

**DATE:** Tuesday 6<sup>th</sup> June 2023  
**VENUE:** Maitland Athletics Centre (226 High St, Maitland)  
**BUS DEPARTS RTHS** 8:30AM **RETURNS** 3:00PM  
**COST:** \$7.00 (charged to students account)

### GENERAL INFORMATION:

- Students are encouraged to wear house colours,
- Students can make their own way to the centre. Parents & carers are allowed to attend, however, must stay in the spectators area at all times.
- No speakers to be taken to the venue (phones are not staff responsibility).
- Canteen facilities available as normal. At various times the staff will have the canteen closed.
- PLEASE NOTE: STUDENTS WILL PARTICIPATE IN EVENTS FOR THE AGE THEY TURN THIS YEAR. e.g. Turning 13 in 2023 compete in BOYS LONG JUMP 13 YRS.
- Students wanting to be picked up following the carnival will need to have a permission note from their parents at the conclusion of the carnival.

Holmeville Redbacks (*Surname A – D*) (Red)

Tollbar Dragons (*Surname E – K*) (Green)

Hungerford Hornets (*Surname L – Q*) (Yellow)

Dalwood Dolphins (*Surname R – Z*) (Blue)

Make this day a FUN day, by joining your house cheer squad, helping with decorations and going in as many events as possible to earn your house points. Don't forget to enjoy yourself!!

NOTE: If weather is bad please view the RTHS Facebook page for any updates

Yours in sport,

L Miller & D Connaughton  
 2023 RTHS Sports Co-ordinators

  
 S Hughes  
 Principal



NSW Education

RUTHERFORD TECHNOLOGY HIGH SCHOOL  
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 E [rutherford-h.school@det.nsw.edu.au](mailto:rutherford-h.school@det.nsw.edu.au)  
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## TERM 3 SPORT Years 8, 9 & 10

Dear parents and caregivers,

Students can choose an offsite sport from the choices listed below.

Students who do not choose an offsite sport will be split into teams and will rotate around school team sports and participate in a variety of activities.

### \$45 BUS FEE FOR TERM 3

20/7/23 – 21/9/23

**\*\*Payment to be made by 3pm Tuesday 18<sup>th</sup> July 2023\*\***

Steps for paying and selecting sports:

Payments and selection can be made at the office and online via School Bytes.

Please note sport venues are capped and will not be visible for payment or selection when there are no vacancies left.

When selecting a sport online, School Bytes will automatically redirect to the online payment portal. You have 15 minutes to complete payment before preferences are invalidated.

If choosing a paying bus venue sport – weekly fees **MUST** be paid to the venue each week.

At school team sports – these will also be capped and will not require payment to be made before selection. It is advised if your child wishes to be in a particular team sport with their peers that the correct (same) team number be selected.

If students do not select a sport, they will be placed into a school team sport (no cost).

Online permission will be emailed out prior to sport commencement.

**NO CHANGES WILL BE MADE TO SPORTS GROUPS DURING THE TERM.** (Changes will only be made if students show unacceptable behaviour at external sport venues).

Please call the office if you need any assistance with sport payment and selection.

SPORT	COST PER WEEK	ADDITIONAL INFORMATION
Futsal	\$5	Futsal tournament with Mr Newham
Genesis Gym	\$8	Students <b>MUST</b> bring gym towel
Premier Fitness Gym	\$8	Students <b>MUST</b> bring gym towel
Archery	\$8	Equipment provided by venue
Driving/Chipping Range	\$8	Equipment provided by venue
Ten Pin Bowling/Putt Putt	\$8	Equipment provided by venue
Gravity X	\$12	\$3 for Grip socks
Rock Climbing	\$12	Equipment provided by venue
Lawn Bowls	FREE	No bus fee required – walk



Education

RUTHERFORD TECHNOLOGY HIGH SCHOOL  
T 02 4932 5999  
E [rutherford-h.school@det.nsw.edu.au](mailto:rutherford-h.school@det.nsw.edu.au)  
30 Avery St, Rutherford NSW 2320  
[rutherford-h.schools.nsw.gov.au](http://rutherford-h.schools.nsw.gov.au)






# Canteen

Rutherford Technology High School canteen is operated by the P&C and offers online ordering through Flexischools. Our canteen has EFTPOS available and whilst we encourage cashless payments, cash is still accepted. Flexischools ordering **MUST** be in by **9:00am** and in accordance with Healthy School Canteens, pies and sausage rolls are only available at 'Break 1'.

## Canteen Roster



Monday 5th June 2023	Volunteer Required
Tuesday 6th June 2023	Volunteer Required
Wednesday 7th June 2023	Volunteer Required
Thursday 8th June 2023	Volunteer Required
Friday 9th June 2023	Volunteer Required
Monday 12th June 2023	PUBLIC HOLIDAY
Tuesday 13th June 2023	Volunteer Required
Wednesday 14th June 2023	Volunteer Required
Thursday 15th June 2023	Volunteer Required
Friday 16th June 2023	Volunteer Required



## RUTHERFORD TECHNOLOGY HIGH SCHOOL

### 2023 CANTEEN MENU

Everyday Food, Occasional Food

#### BREAKFAST ITEMS:

- Banana Bread \$1.50
- Pancakes \$3.00
- Cheese Toastie \$2.50
- Ham & Cheese Toastie \$3.00
- Yoghurt \$3.00
- Yoghurt & Fruit Box \$3.00

#### SANDWICHES, ROLLS & WRAPS:

**Sandwiches:**  
Available to Order \$3.00-\$6.00  
Options: Vegemite; Egg & Lettuce; Curried Egg; Salad; Chicken Salad; Cheese & Tomato; Ham, Cheese & Tomato (price dependant on filling)

**Rolls:**

- Salad Roll \$5.00
- Ham Salad Roll \$5.50
- Chicken Salad Roll \$5.50

**Wraps:**

- Salad Wrap \$5.50
- Chicken Salad Wrap \$6.00
- Ham Salad Wrap \$6.00
- Caesar Salad Wrap \$5.50

#### CHIPS / POPCORN:

- Deli Rock Chips: Sea Salt \$1.50
- Deli Rock Chips: Honey Soy \$1.50
- Lightly Sea Salted Popcorn \$2.50

#### ICE CREAMS:

- Juice Ice Blocks \$1.00
- Vanilla Buckets \$1.50
- Twisted Frozen Yoghurt \$2.00 (Chocolate; Watermelon; Cookie Dough)

#### SALADS:

**Salad Boxes**  
Available Boxes to Order \$3.50-\$6.50  
Options:  
Salad; Chicken; Caesar; Chicken Caesar  
Size: small, medium, large (price dependant on option and size)

- Zucchini Slice & Salad Box (GF) \$5.50
- Coleslaw Box \$3.50
- Curry Pasta Salad Box \$3.50
- Rice Salad Box \$3.50

#### SUSHI:

**Sushi Rolls:**

- Cucumber & Avocado \$4.50
- Chicken & Mayo \$4.50
- Smoked Salmon & Avocado \$4.50
- Teriyaki Chicken & Avocado \$4.50
- Tuna & Avocado \$4.50

**Sushi Packs:**

- Tuna Hosomaki Pack \$6.00

#### SNACKS / OTHER:

- Piece of Fresh Fruit \$0.50
- Freshly Cut Watermelon\*\* \$3.50
- Freshly Made Fruit Salad\*\* \$3.50
- Yoghurt \$3.00
- Yoghurt & Fruit Box \$3.00
- Eucalyptus Drops \$0.75
- Chocolate Cookie \$1.50
- Finger Bun / Muffins \$2.50
- Hummus, Carrot & Celery \$2.00
- Snack Bag \$2.00

\*\*Only Available Term 1 & Term 4

#### DRINKS:

**Water:**

- 350mL \$1.00
- 800mL \$2.00

**Juice-250mL:**

- Orange \$2.50
- Apple \$2.50
- Apple Blackcurrent \$2.50

**Chilli-250mL:**

- Watermelon \$2.50
- Raspberry \$2.50
- Blackcurrent \$2.50

**Juice Bombs-250mL:**

- Apple/Cola \$2.50
- Apple/Raspberry \$2.50
- Orange/Passionfruit \$2.50

**Milk-300mL:**

- Chocolate \$2.50
- Strawberry \$2.50

**Milk-500mL:**

- Chocolate \$3.50
- Strawberry \$3.50
- Iced Coffee \$3.50
- Plain Milk-800mL \$2.50
- Frozen Blizzard \$2.50
- Hot Chocolate \$2.00 (Only Available Term 2 & Term 3)


#### HOT FOOD:

- Chicken Burger \$5.00
- Chicken Burger Salad \$5.50
- Veggie Burger \$5.00
- Vegetarian Nachos (avail. for ORDER ONLY) \$8.50
- Vegetarian Spag. Bolognese (ORDER ONLY) \$8.00
- Chicken Gravy Roll \$5.00
- Rissolo & Gravy Roll \$5.00
- Lasagne (avail. for ORDER ONLY) \$5.50
- Chicken & Corn Soup+Dinner Roll \$4.00
- Pumpkin Soup+Dinner Roll \$4.00
- Cheese Toastie \$2.50
- Ham & Cheese Toastie \$3.00
- Other Assorted Toastie Avail. \$2.50-\$5.00 (price dependant on filling)
- Spinach Ricotta Roll \$3.50
- Zucchini Slice (GF) \$2.50
- Garlic Bread \$2.00
- Plain Pie FIRST BREAK ONLY \$4.00
- Cheese & Bacon Pie FIRST BREAK ONLY \$4.50
- Sausage Roll FIRST BREAK ONLY \$3.00
- Chicken Chippies (6) \$3.50
- Chicken Nuggets (6) \$3.50
- Nachos (ONLY Avail. Mon/Wed/Fri) \$6.50
- Meatball Sub \$5.00
- Pizza \$5.00
- Fried Rice \$4.00
- Available to Order: Small \$5.00, Large \$6.00

Options Include: Carbonara; Mince Chow Mein; Tuna Mornay & Rice; Butter Chicken & Rice; Satay Chicken & Rice; Beef Stroganoff; Honey Mustard Chicken & Rice; Curry Chicken & Rice; Thai Green Curry Chicken & Pasta; Veggie Stir Fry; Curried Sausages & Mash Potato, Savoury Mince & Mash Potato

#### SAUCE / EXTRAS:

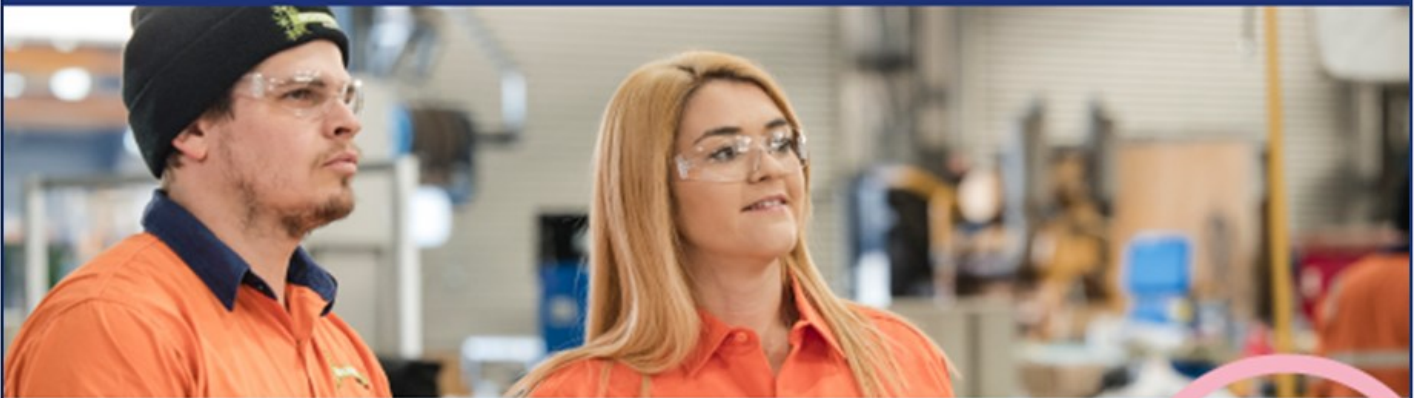
- Tomato/BBQ/Sweet & Sour \$0.40
- Extra Fillings \$0.40
- Butter/Mayo/Mustard \$0.20
- Bread Roll \$0.90
- Fork/Spoon \$0.05



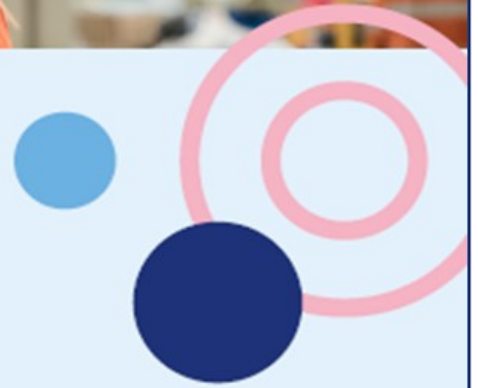
© 12th May 2023

Canteen is open before school from 8:00am and at Recess & Lunch  
Volunteers are always needed-please contact the school to find out more!  
RTHS Canteen is operated by the P&C with one paid supervisor assisted by volunteers.  
All profits from the canteen are returned to the school to benefit the students.

## NSW Department of Education – School Infrastructure



## We want to work with businesses within our school communities



### Work is available maintaining our schools

School Infrastructure NSW manages a large maintenance program for more than 2,000 schools across all parts of NSW. To do this work, we are looking to engage local businesses, including Aboriginal owned businesses and people.

### We want to go local

We are moving towards direct management of facilities maintenance, bringing in new facilities maintenance contractors and tradespeople to work directly under contract with us.

Why go local? We want to:

- be more responsive to maintenance issues reported by schools.
- ensure we are working with local trades and spending our money in our local communities.
- provide better working conditions for local tradespeople, including faster payment terms.

### Opportunities for Aboriginal businesses

In addition to increasing our engagement of local contractors, we are also seeking to grow the number of local Aboriginal businesses we work with and increase employment opportunities for Aboriginal employees, apprentices and trainees.

We have Aboriginal Senior Program Officers who are able to help Aboriginal businesses, and local contractors who already employ or are looking to employ Aboriginal employees, apprentices, and trainees.

[schoolinfrastructure.nsw.gov.au](http://schoolinfrastructure.nsw.gov.au)





## NSW Department of Education – School Infrastructure

## The trades and services we are looking for include:

- Multi Tradespeople
- Plumber (including roof and gas)
- Electrician
- Lift Technician
- Refrigeration mechanic
- Glazier
- Hazmat
- Arborist AQ3 / AQ5
- Locksmith
- Cleaner
- Pest control
- Carpet / vinyl
- Data technician
- Security technician
- Painter
- Plasterer / renderer
- Tiler
- Landscaper
- Brick layer
- Fire management
- Sheet metal
- Concreter
- Removalist
- Playground specialist
- Pool technicians and cleaner
- Carpenters
- Gasfitters
- Test and tag
- Lighting
- Construction
- Gutter cleaning
- Equipment construction and maintenance
- Engineering
- Fencing services building and repair
- Roofing

## How can I participate?

We're looking for a wide variety of maintenance services and trades to start with us from 1 July 2023 including electricians, plumbers, painters, and many others. It's easy to work with us!

Reach out to our team to find out more and access the documents to apply to work with us.

On approval you'll be setup in our systems and onboarded, with induction covering how to work with us and use our systems. Then start getting work orders allocated within 48 hours!

## Contacts

To register your interest send an email to:

Hunter Central Coast Regional Office – [hcc.fmct@det.nsw.edu.au](mailto:hcc.fmct@det.nsw.edu.au)

[schoolinfrastructure.nsw.gov.au](http://schoolinfrastructure.nsw.gov.au)



NSW Department of Education – School Infrastructure

## We want to work with Aboriginal owned businesses.

First Nations Engagement in School Infrastructure program



### School maintenance work is available

School Infrastructure NSW manages a large maintenance program for more than 2,000 schools across NSW. To do some of this work, we are looking to engage local Aboriginal businesses and local businesses that employ Aboriginal employees, apprentices, and trainees.

### Who are we looking for?

We're looking for a variety of maintenance services and trades including:

- Plumbing
- Glazers
- Carpenters
- Gasfitters
- Electrical
- Test and tag
- Lighting
- Pest control
- Construction
- Gutter cleaning
- Equipment construction and maintenance
- Engineering
- Fencing services building and repairs
- Roofing
- and more

### How can I get involved?

Scan the QR code below to register your interest or go to [edu.nsw.link/FNESI](https://edu.nsw.link/FNESI)

### Need help?

We have Aboriginal Senior Program Officers who can assist you with:

- understanding the types of services we are looking for
- how to register your business as an Aboriginal owned business or one who employs Aboriginal people
- connecting with businesses who want to employ Aboriginal apprentices or trainees.



Scan the QR code to register your interest or go to [edu.nsw.link/FNESI](https://edu.nsw.link/FNESI)

**Contact us:**  
Email an Aboriginal Senior Program Officer  
[enquires.fnesi@det.nsw.edu.au](mailto:enquires.fnesi@det.nsw.edu.au)

[schoolinfrastructure.nsw.gov.au](https://schoolinfrastructure.nsw.gov.au)







# Rutherford Technology High School Uniform Shop

## Rutherford High School UNIFORM SHOP

### Order Sheet

ITEM	PRICE	SIZE	QUANTITY	TOTAL
Girls				
Junior Girls Blouse	34.00			
Senior Girls Blouse	34.00			
Tartan Skirt	50.00			
Boys				
Senior Boys Shirt	34.00			
Unisex				
Softshell Jacket	75.00			
Everyday Shorts	35.00			
Maroon Knit Fleece	65.00			
Junior Polo	38.00			
Senior Polo	38.00			
Sports				
Sports Short	30.00			
Trackpants	45.00			
Sports Polo	37.00			
Accessories				
Beanie	15.00			
Scarf	20.00			
White Socks Short-cut x 5	20.00			
Others				
Reusable Tote Bag	1.00			
TOTAL AMOUNT \$				

### Uniform Shop Hours:

**Tuesday 8:00am-12:00noon**

**Thursday 1:00pm-5:00pm**

Purchase Online: <https://daylightsportswear.com/rutherford>

Please ensure all orders are collected from the Uniform Shop

MASTERCARD, VISA & EFTPOS ACCEPTED. CHEQUES NOT ACCEPTED. NO LAYBY.

*\*Prices are subject to change without notice*

**Uniform Shop: Contact Vanessa - 0478 920 262 during business hours**

The wearing of school uniform at Rutherford Technology High School Is mandatory.  
The school uniform is manufactured and sold by Daylight Sportswear at a dedicated onsite Uniform Shop at the school. This is the ONLY location that the school uniform is available for purchase.

**RESPECT**

**RESPONSIBILITY**

**COMMITMENT**



# BACK-TO-SCHOOL NSW VOUCHERS

Redeemable in-store ONLY

*Don't forget to  
use your  
vouchers!!*

find out more on:



[service.nsw.gov.au/back-to-school-vouchers#related-information](https://service.nsw.gov.au/back-to-school-vouchers#related-information)



**EXP**  
**JUN 30 2023**

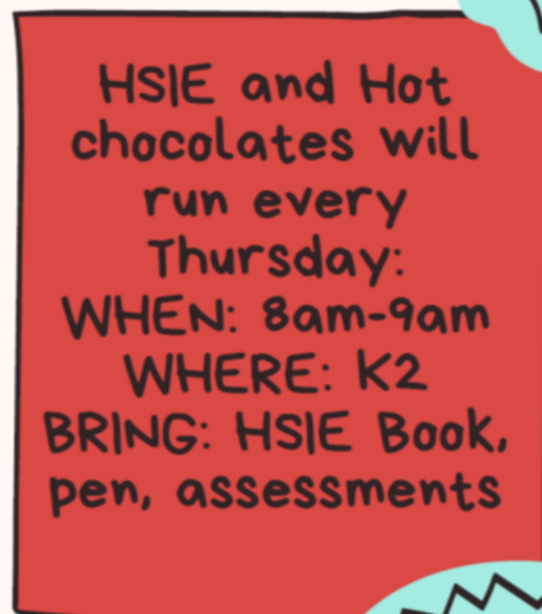
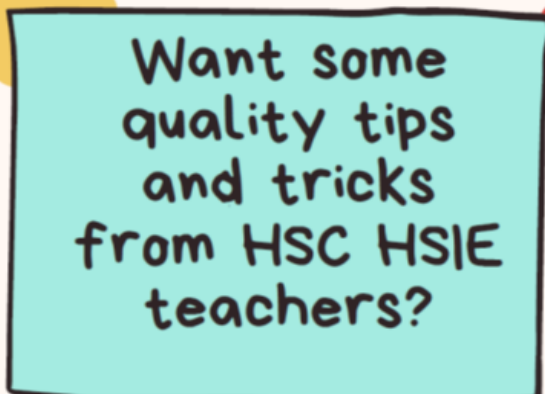


**Service  
NSW**





# HSIE WRITING AND HOT CHOCOLATES



# RTHS



# HOMework CENTRE

OUR TRAINED STAFF ARE HERE TO HELP YOU!!

**WE CAN HELP YOU WITH:**

- ▶ Homework
- ▶ Assessment Tasks
- ▶ N-Awards
- ▶ Catching up on missed work



**Wednesdays  
3:25pm-4:00pm  
Library**



**Refreshments Provided**



# THE LEARNING COMMON

**open for both schoolwork  
access and general access.**

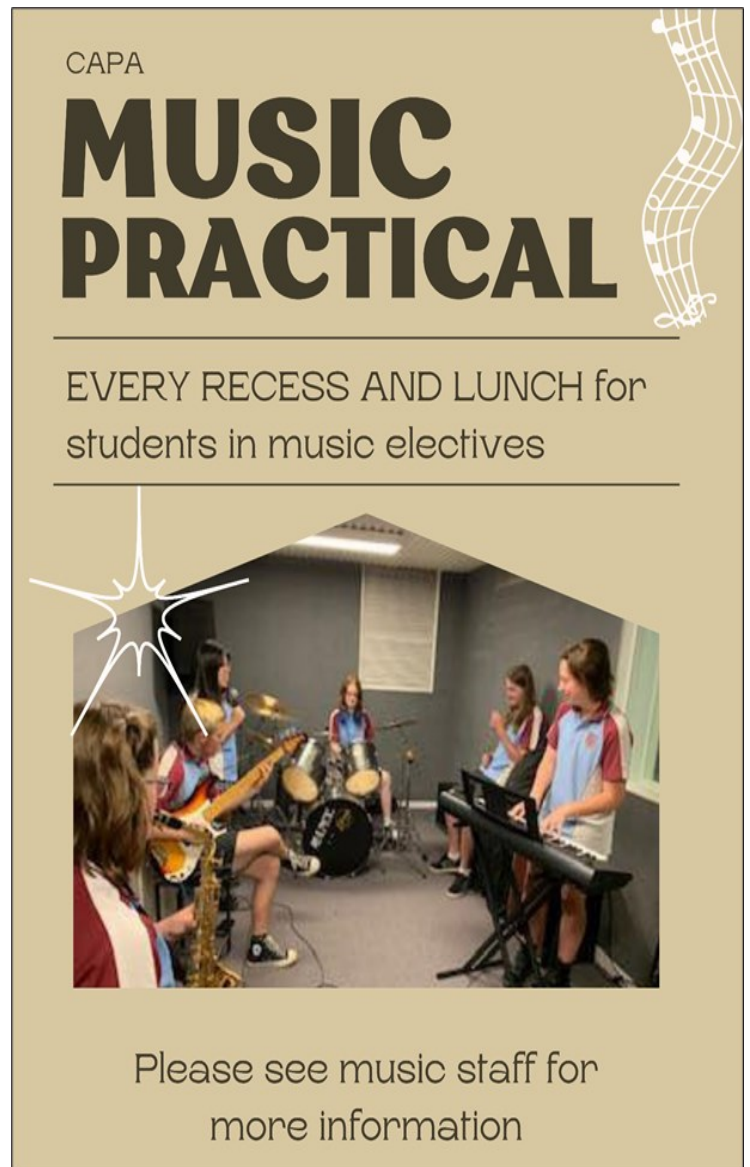
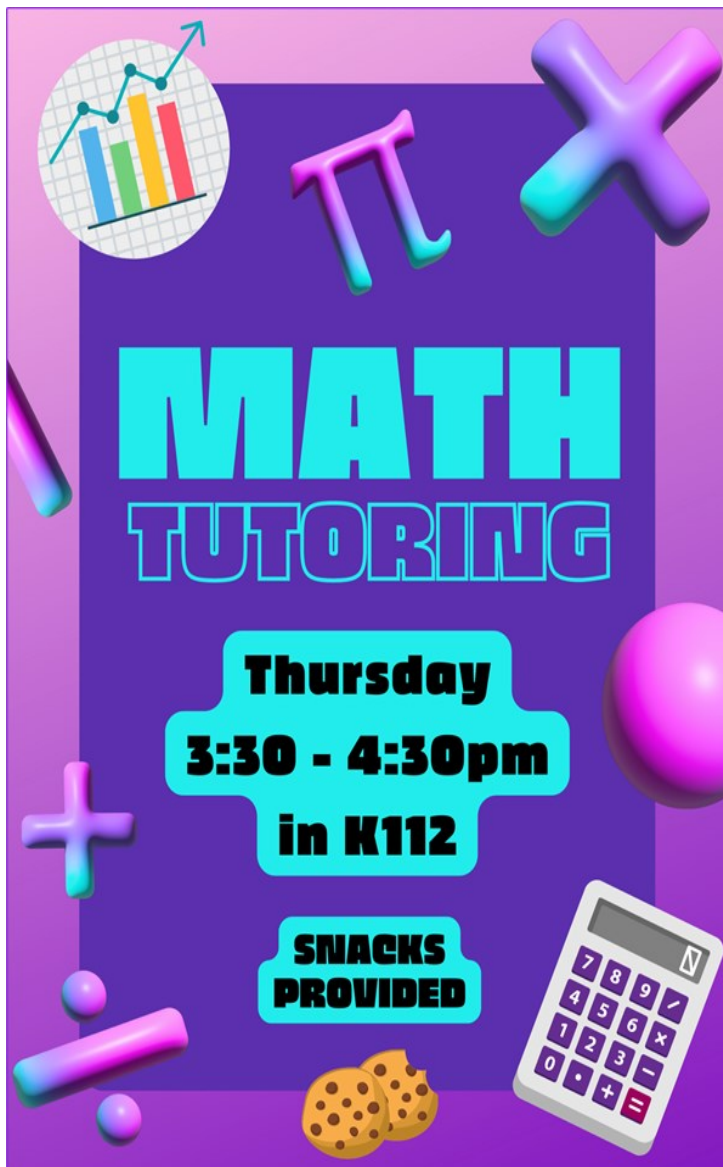
## **Before school**

- Schoolwork access is from 8:20am each morning.
- General access is from 8:45am.

## **Recess & Lunch**

- Schoolwork access is available during the first 10 minutes of the break onwards.
- General access is approximately 10 minutes after the initial bell to allow students time to eat and drink outside. As well as allowing quiet time for the students working in the library.









**ART**  
*Squad*

**EVERY**  
**WEDNESDAY**  
**LUNCH**  
**IN H5**

Art hacks,  
tips and  
tricks

Resolve your  
art projects

Get feedback  
from Art teachers

Zone out and  
listen to music

Colouring  
and  
painting  
activities

Make  
new  
friends

Master artistic skills

All students and staff welcome!



FREE COMMUNITY  
EVENT

Equi Energy Youth

Enhancing Community Connections



## Coach 2 Cope: Families and Carers

Are you concerned about your child's mental health and well-being? Would you like to improve the support you provide your child to develop their coping, resilience and positive ways of seeking help? This is your invitation to join many other parents and carers in our community to learn better ways to respond to your child when they are struggling.

### Guest speakers include;

- **Dr Stephen Spencer (PhD)** (Mental health nurse and Co-founder of Equi Energy Youth)
- **Dr Caroline de Vries** (Child & Adolescent Psychiatrist and Founder of The Base Health)
- **Bradley Dunn** (CEO of Lake Macquarie & Newcastle Suicide Prevention Network)
- **Byron Williams** (headspace Community Development)

**13th of June 5.30pm  
to 8pm  
At NEX Newcastle**

**CLICK HERE TO  
REGISTER OR SCAN THE  
QR CODE**



[www.eeyouth.org.au](http://www.eeyouth.org.au)





# YONDR IT'S YOUR RESPONSIBILITY



RUTHERFORD  
TECHNOLOGY HIGH SCHOOL



**HAVE YOUR YONDR POUCH READY TO  
SHOW AT ROLL CALL EACH DAY**



RUTHERFORD  
TECHNOLOGY HIGH SCHOOL  
RESPECT • RESPONSIBILITY • COMMITMENT

Each Day, Every Day.  
Phone Away, No Pods in Sight.

RESPECT

RESPONSIBILITY

COMMITMENT

RTHS SUPPORTERS

**Harvey Norman**  
Maitland



**Maitland**



The staff and students would like to acknowledge the generosity of 'Bakers Delight' at Rutherford who now provide our Wellbeing Faculty with bread.

There are many local businesses who donate their time, service or products to our school.

We express our appreciation and hope our school community can reciprocate.

Rutherford Technology High School has an Official Facebook Page – just go to Facebook and look for "Rutherford Technology High School NSW Official Site" and click on "Like".



We will be using the Facebook page to keep everyone informed about events at the school, important dates for your diary, and general information about the school.

Link:

<http://www.facebook.com/RutherfordTechnologyHighSchool>

**RESPECT**

**RESPONSIBILITY**

**COMMITMENT**



**t** THOMPSON'S  
"Let your mobile cloud decide!"

**For: Rutherford Technology High School P&C Association**

[illegible]

Total: \$



**ORDER FORM TOGETHER WITH PAYMENT TO BE RETURNED BY:  
5:00pm TUESDAY 13th JUNE 2023  
\*\*\*NO LATE ORDERS WILL BE ACCEPTED\*\*\***

**WEDNESDAY 28th JUNE 2023**

Collect From: RUTHERFORD TECHNOLOGY HIGH SCHOOL