



RUTHERFORD

TECHNOLOGY HIGH SCHOOL

RESPECT
RESPONSIBILITY
COMMITMENT

NEWSLETTER

11th AUGUST 2023

Rutherford Technology High School

Avery Street
Rutherford NSW 2320

Phone:
02 4932 5999

Email:
rutherford-h.school@det.nsw.edu.au

Website:
www.rutherford-h.schools.nsw.edu.au

Office Hours:
Monday-Thursday 8:00am-4:00pm
Friday 8:00am-3:30pm
Outside of office hours, a message may
be left on the school answering machine.

An appointment is necessary before
meeting with a staff member, including
the Principal or Deputy Principal, as they
have class, playground duty and other
commitments during the school day.
Please call our Administration Office to
make an appointment.

DATES FOR YOUR DIARY

15th Aug	See Yourself in Cyber
16th Aug	Life Ready Guest Speaker
18th Aug	HSC Dance Practical Exam
18th Aug	Cyber Taipan Challenge
18th-19th Aug	ADFA Open Day Excursion
21st Aug	HSC Drama: IP Due Date
21st-22nd Aug	Backflips Against Bullying
23rd Aug	Year Meetings
24th Aug	Yr 12 Multimedia Major Due
24th Aug	Community Recognition Breakfast
25th Aug	SRC Fundraising Day

Under 14s Buckley Shield Rugby League

Our boys have proven to be a major force in this competition in 2023.

On Wednesday 9th August 2023, they have continued our success in this competition for the second straight year by reaching the final 4 in the state. We had to travel to play Chifley College and proved to be the far superior team on the day. It is no easy feat playing against successful teams but the boys proved to everyone that with determination and courage, anything is possible.

A big shout out to all the parents that travelled to support the team and also to Mr Griffiths for his hard work in getting the boys ready for the game.



Congratulations

MESSAGE FROM THE DEPUTY PRINCIPAL

Firstly, I would like to take the time to thank our whole school and wider community for your support, compassion and understanding through what has been a very difficult, challenging and emotional time with the passing of our much loved Deputy Principal, Mrs Nenad. I would also like to acknowledge the unwavering leadership of our Principal, Simone Hughes, who has supported the family and guided staff, students and community with compassion, strength, and unwavering support. It is heartfelt that we are in such a supportive and caring community.



Year 12

Year 12 are wrapping up their Trial HSC Examinations, though stressful and challenging at times they have done amazing. Focus is now on completing major work projects and rehearsing practical performances. We wish them all the best, and look forward to supporting and encouraging all Year 12 students through their final term of schooling.

Subject Selections

It's an exciting time of year for some students as they begin the process of selecting some or all of their subjects for next year. Our Year 10 students this week have been informed about different subjects available across our various faculty areas and will be able to make their subject selections in the coming weeks for their pattern of study in the senior years. Year 8 will get subject selection booklets this week and their online selection will be open for two weeks from Monday 14th August 2023.



Education Week



This year's Education week 2023 theme is 175 years of public education in NSW and focuses on learning from our past, celebrating our achievements and embracing the future with confidence. The dedication, hard work, and passion that these individuals have demonstrated is truly inspiring. Their achievements not only reflect their personal excellence but also contribute to the collective success of our incredible school. Congratulations to all our award recipients.

Awards Recipient Details:

Excellence in Student Achievement:

Josie McIntosh

Josie has excelled in all areas of schooling over the past six years at Rutherford Technology High School not only academically but also in dance as well as representing the school as an active member of the SRC. Josie consistently exceeds expectations in areas of study.

Excellence in Teaching:

Peter Short

Peter has demonstrated commitment to senior student learning. His efforts working with students of various digital literacy resulted in the highest mark for each student in their individual courses. He has implemented several initiatives such as his work as leader of CAG and Digital Senior Folders.

School Achievement Award:

RTHS Dance Program

The program is led by our hard working and dedicated Mrs Cooper, Ms Gear, Ms Crump and Ms Earl. As a result of their hard work students are participating in not only Starstruck but also School Spectacular, Hunter Dance Festival and our CCC Dance Program.

Aboriginal Education Achievement Award for an Aboriginal Student:

Kara Matthews

Kara is a very hard-working student who is aiming to study Chemical Engineering post school. Kara is the secretary of our Junior AECG and a valued member of the SRC. Always putting her hand up to be involved in any events/activities that are being organised.

Outstanding Contribution by a Non-Teaching Member of Staff:

Lisa Wall

Lisa is an extremely passionate and dedicated staff member who works tirelessly to support all students and colleagues. She demonstrates exemplary practice supporting non-verbal and low literacy students, ensuring an inclusive and nurturing environment where all students feel safe and comfortable to express themselves and be willing to learning. Lisa goes above and beyond within the school community offering to attend overnight camps, completing extra duties and working in the school canteen during her lunch breaks. She is always approachable, leads by example, volunteers her spare time to support others and is committed to excellence in all facets of education.

Outstanding Contribution by a School Community Member of the School: [Lexi Fitzgibbon](#)

Outstanding commitment to enhancing school culture and community spirit through involvement with canteen, P&C and representing the P&C on merit selection panels.

Mr Andrew Robinson
Deputy Principal - Year 9 & Year 12

Education Week Award Recipients



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HSIE FACULTY REPORT

What is Human Society and its Environment (HSIE)?

The HSIE Faculty covers a diverse range of subjects, including History, Geography, Commerce, Aboriginal Studies, Business Studies, Society and Culture, Studies of Religion, Ancient History, Modern History and Legal Studies. Its primary focus is to nurture students' understanding of the complex world they live in, encouraging them to think critically, analyse data, and develop a sense of empathy towards different cultures and perspectives.

Empowering Critical Thinkers

At Rutherford Technology High School (RTHS), we believe in empowering our students to become lifelong learners and critical thinkers. The HSIE Faculty plays a crucial role in achieving this goal. Through engaging lessons, interactive activities, and thought-provoking discussions, our educators inspire students to ask questions, challenge assumptions, and seek a deeper understanding of global issues.

Connecting the Past and Present

History is more than just names and dates; it's about understanding how our past has shaped the present and will continue to influence the future. Our history teachers are passionate about connecting historical events to modern-day issues, allowing students to draw meaningful connections and develop an appreciation for the world's diverse cultures and societies.

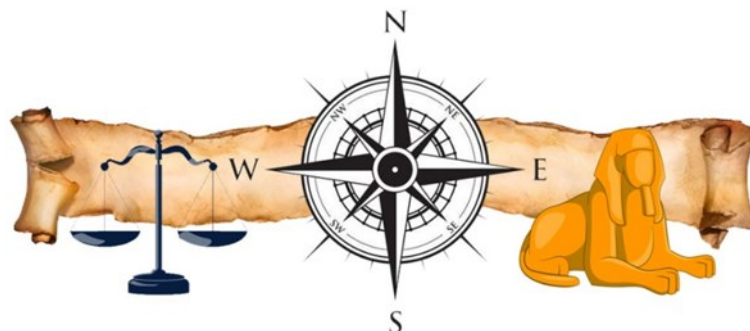
Exploring the World through Geography

Geography is a subject that opens doors to the world. From examining climate change to exploring socio-economic differences, geography provides a comprehensive view of the world's interconnectedness. Through skills activities students have the opportunity to apply their knowledge and develop a sense of stewardship for the planet.

The HSIE Faculty at RTHS endeavours to prepare your children for an ever-changing world. We are proud of their efforts and look forward to witnessing the growth and accomplishments of our young global citizens.

Thank you for your continued support in your child's education journey

Mr Sasha Lenskyj
Head Teacher HSIE Faculty



MOBILE PHONE POLICY

YONDR



Rutherford Technology High School acknowledges the educational value of digital devices and online services in supporting and enhancing educational outcomes and student wellbeing.

We also recognise they may cause harm if used inappropriately and that we need to support our students to use them in safe, responsible and respectful ways.

Mobile phones are not to be used during school hours. At the beginning of the school year, every student will be assigned a personal Yondr Pouch, similar to being assigned a textbook. While the Yondr Pouch is considered school property, it is each student's responsibility to bring their pouch with them to school every day.

PROCESS

Building Entrance - As students enter the school, they will:

1. Turn their phone off.
2. Unlock their empty Yondr Pouch using an Unlocking Base at the school Entrance/s.
3. Place their phone inside the pouch, securely close it and store in their school bag.

Each student will maintain possession of their phone inside their Yondr Pouch for the duration of the school day.

Building Exit - As students exit the building at the end of the school day, they will:

1. Unlock their pouch using an Unlocking Base at a school Exit/s.
2. Remove their phone from their pouch.
3. Securely close their empty pouch and place it in their school bag for the next day.

VIOLATIONS

Below are a list of potential student violations. Each of these violations will result in the student's device/phone and/or pouch being confiscated by school staff.

1. Physical damage to the pouch in an attempt to circumvent its intended purpose. *Eg.* discoloration, pen Marks, bent pin or stripped lock inside the pouch.
2. Forgetting or losing the pouch – phone will be left at front office.
3. Using their phone during school hours.
4. Other devices, such as laptops, tablets, headphones and smartwatches, pose similar challenges and opportunities. These devices can be linked to mobile phones and therefore the same policy applies to these actions.
5. All digital devices, not just mobile phones, should be used in safe, responsible and respectful ways.

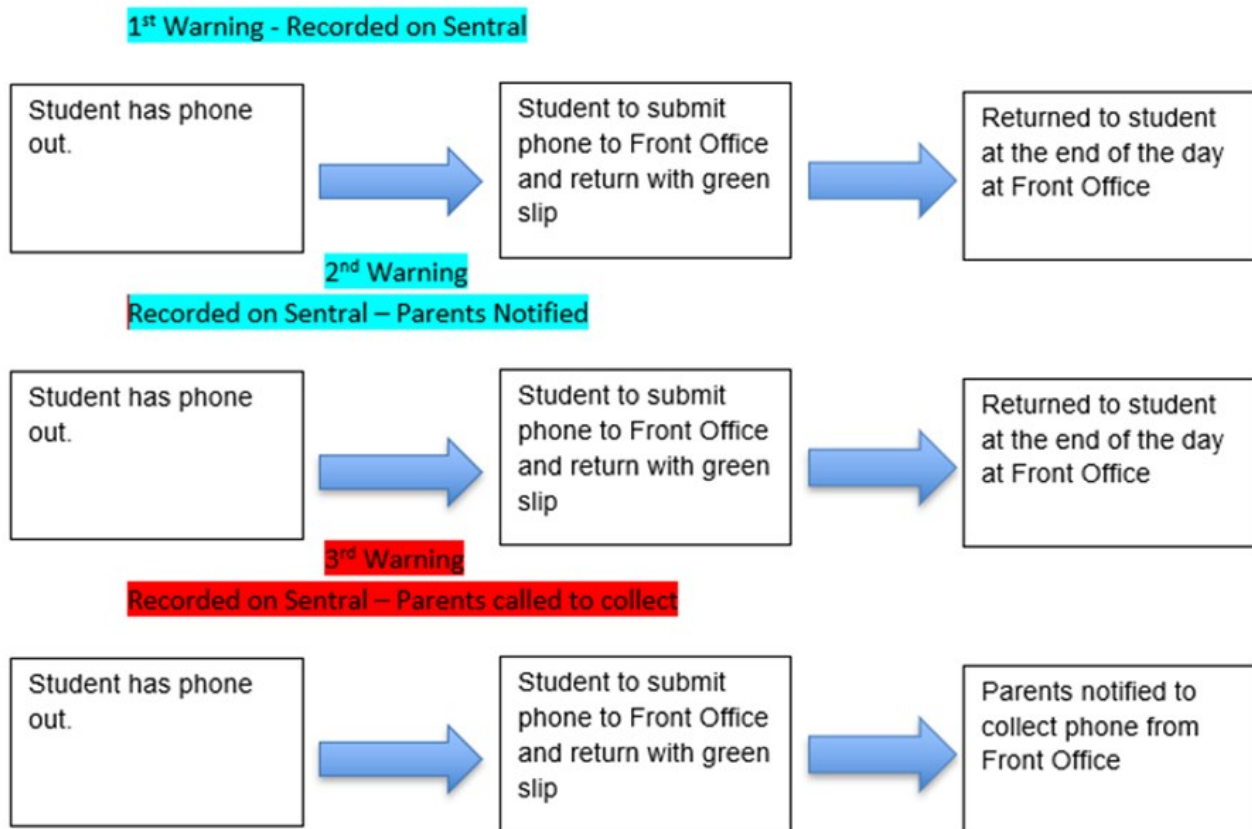
DISCIPLINARY ACTION WHEN STUDENT HAS PHONE OUT

1. Student sent to front office to hand in phone. After a student hands phone to the front office they will return to class with a green 'Phone Returned to Front Office' slip. This will be used to notify the teacher that the phone has been submitted.
1. Upon third warning a **phone suspension** of one week will be issued and the parent/carer will be notified and must come to the school to pick up their child's phone. The student's phone is to be submitted to the front office each day during this time.
2. Once phone suspension has been completed the warnings system will begin again.
3. A suspension warning can be issued for continued disobedience as a result of repeated infringements of the school discipline code.

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DISCIPLINARY ACTION IF A YONDR POUCH IS DAMAGED

1. Phone + Pouch will be confiscated, and parent/carer will be notified immediately.
2. Student's parent/carer must come to the school to pick up their child's phone and a replacement pouch may be assigned.
3. **Suspension Warning** for damage to school property.
4. Deputy Principal will notify the Business Manager. The Business Manager will invoice student and parents/carer via email and phone call for replacement Yondr pouch.
5. The student will only be allowed to bring a phone back to school if they or their parent/carer pay a \$25.00 fee to replace the damaged school property.

EXEMPTIONSDISCIPLINARY ACTION WHEN STUDENT CAUGHT WITH PHONE

Use of mobile phones will be permitted at first and second break and during class time if a student required a digital device or online service for medical reasons or for reasonable adjustments made as part of their individual education plan. These are not considered exemptions.

Exemptions can be considered in other circumstances such as to maintain family connections in difficult circumstances.

Exemptions to any part of this procedure may apply for some students in some circumstances. Parents/carers can request an exemption and these will be considered on a case-by-case basis and granted when required by law or at the Principal's discretion.

Students with exemptions will have the following:

- Phone Pouch Exemption Pass
- Flagged on Sentral Student Profile

Students and parents understand that phones **MUST** remain '**Off and Away**' unless required for reasons outlined as part of the exemption.

Contact between students and parents/carers during the school day

Should a student need to make a call during the school day, they must:

- approach the front office and ask for permission to use the school's phone.
- during school hours, parents/carers are expected to only contact their child/ren via the school office. A message will then be sent to the student.

RESPONSIBILITIES AND OBLIGATIONS

For students:

- Be safe, responsible and respectful users of mobile phones and online services, and support their peers to be the same.
- Respect and follow school rules and procedures and the decisions made by staff, knowing that other schools may have different arrangements.
- Communicate respectfully and collaboratively with peers, school staff and the school community and behave in the ways described in the Behaviour Code for Students.

For parents/carers:

- Recognise the role they play in education their child/ren and modelling the behaviours that underpin the safe, responsible and respectful use of digital devices and online services.
- Support implementation of the school procedure, including its approach to resolving issues.
- Take responsibility for their child's use of digital devices and online services at home such as use of online services with age and content restrictions.
- Communicate with school staff and the school community respectfully and collaboratively as outlined in the School Community Charter.
- Switch off or put their digital devices on silent when at office school functions, during meetings and when assisting in the classroom.
- Provide digital devices that meet school specifications where a school is participating in a bring your own device program and complete any related paperwork.

For the principal and teachers:

- Deliver learning experiences that encourage safe, responsible and respectful use of digital devices and online services. This includes:
 - ▶ Establishing agreed classroom expectations for using digital devices and online services, in line with this procedure and department policy.
 - ▶ Identifying strategies to ensure that all students are able to engage in classroom activities including strategies to accommodate students without a digital device.
 - ▶ Reading and abiding by the Terms of Service for any online services they use in teaching, including those limiting use by age.
 - ▶ Educating students about online privacy, intellectual property, copyright, digital literacy and other online safety related issues.
- Model appropriate use of digital devices and online services in line with department policy.
- Respond to any report of breaches and incidents of inappropriate use of digital devices and online services as required by school procedures, department policy and any statutory and regulatory requirements. This includes:
 - ▶ Reporting the creation, possession or distribution of indecent or offensive material to the Incident Support and Report hotline as required by the Incident Notification and Response Policy and Procedures and consider any mandatory reporting requirements.
 - ▶ Working with the department and the Office of the eSafety Commissioner (if necessary) to resolve cases of serious online bullying and image-based abuse.
 - ▶ Following the school's behaviour management plan when responding to any incident of inappropriate student behaviour relating to the use of digital devices or online services.
- If feasible and particularly as issues emerge, support parents/carers to understand strategies that promote their child/ren safe, responsible and respectful use of digital devices and online services.
- Participate in professional development related to appropriate use of digital devices and online services.

For non-teaching staff, volunteers and contractors:

- Be aware of the department's policy, this procedure and act in line with the conduct described.
- Report any inappropriate use of digital devices and online services to the principal, school executive or school staff they are working with.

Students will be informed about this procedure through the School Website, School Bytes and Sentral Portal.

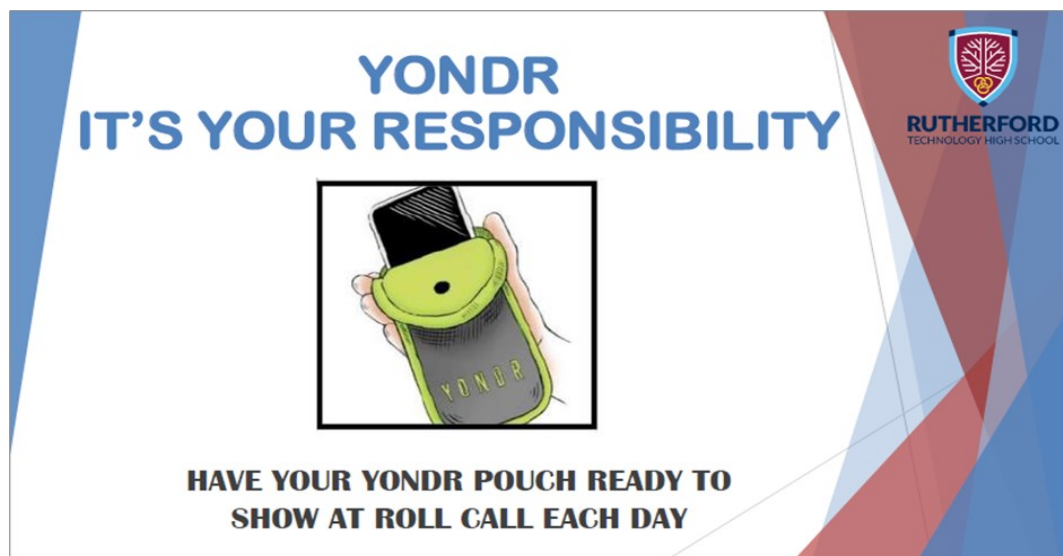
Parents/carers will be advised via the school newsletter.

COMPLAINTS

If a student, parent/carer has a complaint under this procedure, they should first follow our school's complaint process. If the issue cannot be resolved, please refer to the department's guide for students/parents/carers about making a complaint about our school.

REVIEW

The principal or delegated staff will review this procedure annually.



ATTENTION: PARENT/SCARERS

Please check your email for the following communication that was emailed home via our Sentral portal last week.

Dear Parent/Carer

Your child has been invited to participate in the Communities that Care project conducted by Maitland City Council and the Department of Regional NSW in collaboration with Deakin University.

I have provided consent for our school to take part in this project, however we are also seeking consent from parents/carers and the student themselves. Please find an information letter and consent form attached to this email. There are five pages in this consent form, which includes a parent information letter, a plain language statement, example survey questions and the consent form. Please read through the information. Your child's participation is completely voluntary. If you decide you do not consent to your child's participation, please complete the consent form and return to the school prior to the day of the survey, which is scheduled for the 13th, 14th & 15th of September 2023.

Please contact Ms Simone Hughes on 4932 5999 if you have any questions or concerns. If you have more than one child in Year 6, 8, or 10, please complete a different form for each eligible child. Thank you for your time.

What is the purpose of our students undertaking this survey?

The CTC youth survey is designed to better understand the lives of young people growing up TODAY.

The Communities That Care Youth Survey is taking place across the Maitland LGA. We are trying to better understand the lives of young people growing up TODAY, and we want to hear from YOU. We are asking you to take a survey, in class time at school. The survey is online. Your answers are completely confidential and anonymous.



Dance at RTHS



It has been a busy year so far for our dance students, there has been many opportunities for our students to showcase their talents and express their creativeness. We also had the arrival of our new dance shirts which look amazing and very professional.

StarStruck Ignite



What a huge Term 2 it was for our wonderful dancers and teachers who participated in StarStruck Ignite, It is a huge production to be a part of and everyone should be so proud of themselves. Congratulations to our three dance groups; Aboriginal Dance Group, Mainstream Dance Group and Support Dance Group on your successful performances in Cast A.

Congratulations to Josie McIntosh on her performance as a featured dancer you were born for the stage.

A huge thankyou goes to Miss Crump for all her organisation and driving our students to and from rehearsals/performances. Thank you to Miss Terri for supporting our support students throughout their experience. Congratulations to Mrs Cooper and Miss Gear on their first year as choreographers for StarStruck, their dancers were amazing to watch, and it is a huge achievement for our school.



Hunter Dance Festival (HDF)

Wow what a week at HDF, we had four groups perform over the week: Year 7 Triple C, Year 8, 9 and 10 elective dance groups. What a great opportunity to showcase the talent our school has to offer. Each group danced beautifully and are commended on their professionalism, engagement towards each other and other schools. Congratulations on your performances you did our dance program and school so proud.

Our Year 10 class along with Mrs Cooper also had the opportunity to work with our partner primary school Lochinvar Public to choreograph their item. A great opportunity to network and was lovely to see you helping them get ready and keep them entertained on the night. Thankyou to our wonderful families and friends who came and supported all our students over the week. It was lovely to see and very much appreciated.



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HSC

Good luck to our first HSC dance student Sharee Blackwell who will partake in her practical examination in the next couple of weeks. Sharee has worked so hard over the past two years, and I cannot wait to see your dedication and creativeness pay off. We wish Sharee and her dancers, Charlotte Harwood and Kenadee Windon from Year 10 all the best, you should be extremely proud of yourselves.

Workshops

Earlier in the year a group of students had the opportunity to partake in a contemporary workshop with guests' choreographers from Sydney Dance Company, where the girls learnt a repertoire from their current show. it was a fun and engaging class that saw our students challenge themselves and further their dance ability.

Our Stage 6 students also got to work with contemporary teacher Shannon, the girls focused on how to incorporate concepts and motifs into their compositions. Thankyou Shannon for your time, the girls learnt so much.

Stage 5 students have been exploring Dance around the World so far this term. They were lucky enough to have Lija from Pivot Dance come and help further their knowledge learnt in theory lessons on African cultural dancing. It was so fun to experience a different style of dance and see the girls learn new skills and work beyond their comfort zones. You should all be proud of the effort you put in.



Triple C

Our Year 7 Triple C class continue to work hard each week with Miss Gear. Each term they learn a new genre of dance. Last term they got to show how hard they work with a performance at the Year 7, 9 & 11 PBL Assembly. We look forward to seeing what else you've been working on.

School Spectacular

Congratulations to the group of students who were successful in their application to perform at Sydney's School Spectacular. A big congratulations also to Year 12 student, Josie McIntosh, who has been successful in gaining a role as a featured tap dancer. This is a huge achievement, and we are so proud and can not wait to watch you all shine bright in December. All information regarding the performances can be found on the School Spectacular Website.



A big thankyou to Miss Gear, Miss Earl and Mrs Cooper for ensuring our students are given the multiple opportunities to further their dance education and showcase their talent through performances. A big achievement for the dance program was receiving a 2023 Education Week Award, an acknowledgement that your teachers are so proud of.

We extremely excited to continue to watch all our dance students continue to grow and look forward to seeing you all at our annual dance showcase in Term 4.

Mrs Sharni Cooper
RTHS Dance Coordinator

Father's Day Breakfast



THURSDAY 31st AUGUST 2023

7:30am – 8:30am

Rutherford Technology High School MPC

We would like to extend an invitation to all fathers; grandfathers and male caregivers to join us for a light breakfast (prepared by our Hospitality students) to say thank you for all you do and show how appreciated you really are.

Students will need to accompany their parent/grandparent/caregiver.
For catering purposes, it would be greatly appreciated if you could RSVP to
rutherford-h.school@det.nsw.edu.au

Term 3: Week 3 ~ PBL Awards



Nyssa.I	Commitment to Learning in CAPA
Marley.C	Demonstrating Responsibility in HSIE
Ivy.V	Commitment to Learning
Kaley.R	Enthusiasm for Reading
Jasmine.P	Exceptional Application and Effort in Mathematics
Hunter.M	Consistent Effort and Application in PDHPE
Brock.A-F	A Positive Attitude towards Learning
Isabella-rose.S	Consistent Effort in Timber and Furniture
Keeley.B	Continued Application in Science
Issabell.S	Consistent Effort in VET Hospitality
Addison.R	Excelling in her Commitment to Practical and Critical Historical Elements in Visual Arts
Asera.P	Positive Application in English
Matthew.F	Consistent Effort and Application in Semester 1 of ICT
Emily.B	Commitment to Learning
Jacob.H	Enthusiastic Approach to Japanese Studies
Dakota.W	Exceptional Application and Effort in Mathematics
Hayden.B	Commitment to Learning in HSIE
Olivia.H	Respectful behaviours in the Learning Common
Georgia.M	Outstanding Continued Commitment to Learning in TSP Football



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Term 3: Week 4 ~ PBL Awards

Zac.W	Commitment to Learning in HSIE
Grace.R	Enthusiastic Approach to Japanese Studies
Jasmine.N	Commitment to Learning
Krity.G	Exceptional Application and Effort in Mathematics
Jazlyn.D	Consistent Effort and Application in PDHPE
Lilly.S-F	Continued Application to Class Tasks in Science
Jade.W	Commitment to Achieving Results in English Lessons
Riley.P	Engaging Positively with Work Placement and Class Work in ICT
Jack.J	Consistent Effort in Metal Work
Ben.Y	Excelling in his Commitment to Learning Practical Music for the School Musical
Levi.R	Consistent Application to all Work in a Range of VET Courses
Ivy.C	Dedication and Commitment to Learning in English
Karla.R	Commitment to Learning in HSIE
Riley.B	Enthusiastic Approach to Japanese Studies
Ethan.C	Commitment to Learning
Eden.G	Exceptional Application and Effort in Mathematics
Lotus.A	Consistent Effort and Application in Dance
Thomas.K	Increased Participation in Class Discussion in Science
Angel.W-C	Willingness to Participate and Assist with Lunchtime Tournaments
Kayla.H	Consistent Effort in Exploring Early Childhood
Sophia.G	Positive Application in English
Brooke.V	Consistent Effort in Mathematics



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MAI-WEL EMPLOYMENT PATHWAYS *Information Sessions*

CALLING ALL PARENTS AND CARERS!

Do you know a young person in Year 10, 11 or 12, or who is ready to transition out of school, that may need some guidance on their next steps?

We have a range of programs and services available to youth in our community. To fill you in on all that's possible with Mai-Wel, we want your feedback on the best times and locations to host our Employment Pathways Information Sessions.

Follow the QR code or visit our website to have your say and sign up to be notified of our upcoming sessions!



SESSIONS WILL BE HELD:

WEDNESDAY 13 SEPTEMBER (MAITLAND)

WEDNESDAY 20 SEPTEMBER (CESSNOCK)



WWW.MWLFS.COM.AU/INFO-SESSION



EVENTS@MAIWEL.COM.AU

During our Information Sessions, we'll provide you with a general overview of all our services, but we'll especially focus on our Employment Pathways, including:

MAI-WEL ACADEMY

From as early as Year 10, to long after finishing school, Mai-Wel Academy is a unique program to help bridge the gap from school to the next stage of life, whether that be school or study. With a number of local industry partnerships, our own internal simulated work experiences, and experienced mentors, we help people discover what they want to do and create an individualised pathway to get there.

DISABILITY EMPLOYMENT SERVICES

As a registered Disability Employment Services (DES) provider, Mai-Wel works with job seekers with disability, health conditions or mental health barriers to achieve life changing employment outcomes.



WORKFORCE AUSTRALIA - TRANSITION TO WORK

As a registered WorkForce Australia - Transition to Work (TtW) provider, Mai-Wel provides employment support to young people aged 15-25 to address the barriers to employment.





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Going Places. Going Strong.

Career Hub

Your career toolkit and inspiration for finding and keeping work.

Whether you're looking for a job and don't know where to start, or looking to progress in your career, we're here to help.

The Dress for Success Career Hub offers an abundance of career support services that can be accessed by women anywhere in Australia, at any time. The Hub and our services are free of charge to individuals who need our support.



Develop your skills.

WHAT'S IN THE HUB



Every month features a full program of job search and personal development workshops, hosted by experts in their field. Participate live online or watch a selection of these in your own time.



Access one-on-one support for services such as resume assistance, interview practice or mentoring. Find a directory of fee-free and low cost training to upskill for your job search, career transition or study goals.



Find job search and career tips and inspiration to help you on your career journey. Explore work possibilities, where to find the jobs and get great tips on how to shine when you're looking for work.

ACCESS THE HUB & BECOME A MEMBER

Scan the QR code on your mobile or visit: <https://dfscareerhub.org.au>
Any questions please call: 1800 773 456




Canteen

Rutherford Technology High School canteen is operated by the P&C and offers online ordering through Flexischools. Our canteen has EFTPOS available and whilst we encourage cashless payments, cash is still accepted. Flexischools ordering **MUST** be in by **9:00am** and in accordance with Healthy School Canteens, pies and sausage rolls are only available at 'Break 1'.

Canteen Roster



Monday 14th August 2023	Volunteer Required
Tuesday 15th August 2023	Donna Nichols
Wednesday 16th August 2023	Volunteer Required
Thursday 17th August 2023	Donna Nichols
Friday 18th August 2023	Donna Nichols
Monday 21st August 2023	Volunteer Required
Tuesday 22nd August 2023	Donna Nichols
Wednesday 23rd August 2023	Volunteer Required
Thursday 24th August 2023	Donna Nichols
Friday 25th August 2023	Donna Nichols



RUTHERFORD TECHNOLOGY HIGH SCHOOL

2023 CANTEEN MENU

Everyday Food, Occasional Food

BREAKFAST ITEMS:

- Banana Bread \$1.50
- Pancakes \$3.00
- Cheese Toastie \$2.50
- Ham & Cheese Toastie \$3.00
- Yoghurt \$3.00
- Yoghurt & Fruit Box \$3.00

SANDWICHES, ROLLS & WRAPS:

Sandwiches:
Available to Order \$3.00-\$6.00
Options: Vegemite; Egg & Lettuce; Curried Egg; Salad; Chicken Salad; Cheese & Tomato; Ham, Cheese & Tomato (price dependant on filling)

Rolls:

- Salad Roll \$5.00
- Ham Salad Roll \$5.50
- Chicken Salad Roll \$5.50

Wraps:

- Salad Wrap \$5.50
- Chicken Salad Wrap \$6.00
- Ham Salad Wrap \$6.00
- Caesar Salad Wrap \$5.50

CHIPS / POPCORN:

- Deli Rock Chips: Sea Salt \$1.50
- Deli Rock Chips: Honey Soy \$1.50
- Lightly Sea Salted Popcorn \$2.50

ICE CREAMS:

- Juice Ice Blocks \$1.00
- Vanilla Buckets \$1.50
- Twisted Frozen Yoghurt \$2.00 (Chocolate; Watermelon; Cookie Dough)

SALADS:

Salad Boxes
Available Boxes to Order \$3.50-\$6.50
Options:
Salad; Chicken; Caesar; Chicken Caesar
Size: small, medium, large (price dependant on option and size)

- Zucchini Slice & Salad Box (GF) \$5.50
- Coleslaw Box \$3.50
- Curry Pasta Salad Box \$3.50
- Rice Salad Box \$3.50

SUSHI:

Sushi Rolls:

- Cucumber & Avocado \$4.50
- Chicken & Mayo \$4.50
- Smoked Salmon & Avocado \$4.50
- Teriyaki Chicken & Avocado \$4.50
- Tuna & Avocado \$4.50

Sushi Packs:

- Tuna Hosomaki Pack \$6.00

SNACKS / OTHER:

- Piece of Fresh Fruit \$0.50
- Freshly Cut Watermelon** \$3.50
- Freshly Made Fruit Salad** \$3.50
- Yoghurt \$3.00
- Yoghurt & Fruit Box \$3.00
- Eucalyptus Drops \$0.75
- Chocolate Cookie \$1.50
- Finger Bun / Muffins \$2.50
- Hummus, Carrot & Celery \$2.00
- Snack Bag \$2.00

**Only Available Term 1 & Term 4

DRINKS:

Water:

- 350mL \$1.00
- 800mL \$2.00

Juice-250mL:

- Orange \$2.50
- Apple \$2.50
- Apple Blackcurrent \$2.50

Chilli-250mL:

- Watermelon \$2.50
- Raspberry \$2.50
- Blackcurrent \$2.50

Juice Bombs-250mL:

- Apple/Cola \$2.50
- Apple/Raspberry \$2.50
- Orange/Passionfruit \$2.50

Milk-300mL:

- Chocolate \$2.50
- Strawberry \$2.50


Milk-500mL:

- Chocolate \$3.50
- Strawberry \$3.50
- Iced Coffee \$3.50
- Plain Milk-800mL \$2.50
- Frozen Blizzard \$2.50
- Hot Chocolate \$2.00 (Only Available Term 2 & Term 3)

HOT FOOD:

- Chicken Burger \$5.00
- Chicken Burger Salad \$5.50
- Veggie Burger \$5.00
- Vegetarian Nachos (avail. for ORDER ONLY) \$8.50
- Vegetarian Spag. Bolognese (ORDER ONLY) \$8.00
- Chicken Gravy Roll \$5.00
- Rissolo & Gravy Roll \$5.00
- Lasagne (avail. for ORDER ONLY) \$5.50
- Chicken & Corn Soup+Dinner Roll \$4.00
- Pumpkin Soup+Dinner Roll \$4.00
- Cheese Toastie \$2.50
- Ham & Cheese Toastie \$3.00
- Other Assorted Toastie Avail. (price dependant on filling) \$2.50-\$5.00
- Spinach Ricotta Roll \$3.50
- Zucchini Slice (GF) \$2.50
- Garlic Bread \$2.00
- Plain Pie **FIRST BREAK ONLY** \$4.00
- Cheese & Bacon Pie **FIRST BREAK ONLY** \$4.50
- Sausage Roll **FIRST BREAK ONLY** \$3.00
- Chicken Chippies (6) \$3.50
- Chicken Nuggets (6) \$3.50
- Nachos (ONLY Avail. Mon/Wed/Fri) \$6.50
- Meatball Sub \$5.00
- Pizza \$5.00
- Fried Rice \$4.00
- Available to Order: Small \$5.00, Large \$6.00

Options Include: Carbonara; Mince Chow Mein; Tuna Mornay & Rice; Butter Chicken & Rice; Satay Chicken & Rice; Beef Stroganoff; Honey Mustard Chicken & Rice; Curry Chicken & Rice; Thai Green Curry Chicken & Pasta; Veggie Stir Fry; Curried Sausages & Mash Potato, Savoury Mince & Mash Potato



Canteen is open before school from 8:00am and at Recess & Lunch
Volunteers are always needed-please contact the school to find out more!
RTHS Canteen is operated by the P&C with one paid supervisor assisted by volunteers.
All profits from the canteen are returned to the school to benefit the students.

© 12th May 2023

RESPECT

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Rutherford Technology High School Uniform Shop

Rutherford High School UNIFORM SHOP

Order Sheet

ITEM	PRICE	SIZE	QUANTITY	TOTAL
Girls				
Junior Girls Blouse	34.00			
Senior Girls Blouse	34.00			
Tartan Skirt	50.00			
Boys				
Senior Boys Shirt	34.00			
Unisex				
Softshell Jacket	75.00			
Everyday Shorts	35.00			
Maroon Knit Fleece	65.00			
Junior Polo	38.00			
Senior Polo	38.00			
Sports				
Sports Short	30.00			
Trackpants	45.00			
Sports Polo	37.00			
Accessories				
Beanie	15.00			
Scarf	20.00			
White Socks Short-cut x 5	20.00			
Others				
Reusable Tote Bag	1.00			
TOTAL AMOUNT \$				

Uniform Shop Hours:

Tuesday 8:00am-12:00noon

Thursday 1:00pm-5:00pm

Purchase Online: <https://daylightsportswear.com/rutherford>

Please ensure all orders are collected from the Uniform Shop

MASTERCARD, VISA & EFTPOS ACCEPTED. CHEQUES NOT ACCEPTED. NO LAYBY.

**Prices are subject to change without notice*

Uniform Shop: Contact Vanessa - 0478 920 262 during business hours

The wearing of school uniform at Rutherford Technology High School Is mandatory.
The school uniform is manufactured and sold by Daylight Sportswear at a dedicated onsite Uniform Shop at the school. This is the ONLY location that the school uniform is available for purchase.

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Circle of Security® PARENTING SERIES

At times ALL parents feel lost or without a clue about what our child might need from us.

Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Learning Objectives of the Training:

- Understand your child's emotional world by learning to read the emotional needs
- Support your child's ability to successfully manage emotions
- Enhance the development of your child's self esteem
- Honour your innate wisdom and desire for your child to be secure

Presented by: Alison Fardell (Samaritans) & Jo Geering (Maitland Region Community Support)

Who should attend: Parents with children aged 0-6 yrs.

Location: Woodberry Place of Friends, within Woodberry Public School - Lawson Ave, Woodberry

Dates: Mondays 21st & 28th August, 4th, 11th & 18th September (5 weeks)

Time: 12:30pm– 2:30pm

Cost: FREE - Child minding available

To Register scan the QR code or text 0467726165

Circle of Security Term 3 2023



Frequently Asked Questions

When can I apply for an AVCAT Scholarship?

Applications open 18 August, and close at midnight October 31.

Do all applicants receive an AVCAT Scholarship?

The selection process is very competitive and scholarship numbers are limited therefore, not all worthy and eligible applicants will receive a scholarship.

How will my scholarship application be assessed?

Applications are considered by a team of independent assessors and AVCAT's National Selection Committee. The following criteria are used to assess applications: financial need, academic potential and personal circumstances.

What supporting documents do I need for my scholarship application?

It is advisable to start preparing your documents before applications open as this can take a considerable amount of time. You can find more information at avcat.org.au.

When will I be notified of the outcome of my application?

Applicants will be notified of the outcome of their application from late February through to early March. Applicants will be updated on any change to the timing of notification.

Where can I find more information?

You can find more information on the AVCAT website at avcat.org.au or contact the AVCAT office Monday - Thursday on 02 9213 7999 or at info@avcat.org.au. Register your interest in applying at avcat.org.au/scholarships



'I can say with confidence that my AVCAT scholarship has given me the reach I needed to grab hold of my dreams and aspirations.'

— AVCAT Scholar



CELEBRATING 20 YEARS

AVCAT SCHOLARSHIPS



Transforming lives through education

Applications open 18 August, and close midnight 31 October 2023.

AVCAT Scholarships, including the Long Tan Bursary, are for the children and grandchildren of Australian ex-serving veterans. Scholarships provide \$4000–\$6000 per year, for three years, to full-time students at university, TAFE or a registered training organisation.

'My AVCAT Scholarship gave me confidence that I still draw on. It's something that cannot be taken away.'

— AVCAT Scholar

Scholarship Eligibility

Eligibility criteria includes Australian residency, child or grandchild of Australian ex-serving veteran, full-time tertiary student in 2024 at uni, TAFE or a RTO for minimum one-year course, in receipt of or eligible to receive means-tested Commonwealth educational benefit — Youth Allowance, ABSTUDY, Austudy or Veterans' Children Education Scheme (VCEs).

Apply online at avcat.org.au



REGISTRATIONS NOW OPEN

SEASON 2023 - 24



Scan to find your closest centre

5 REASONS

why you should register for Little Athletics!



-  Meet new people and **spend time** with your family and friends.
-  Participate in a variety of **different events** at your weekly meets.
-  Improve your **physical fitness** and **mental wellbeing**.
-  Have the opportunity to participate at local **club meets** & **state competitions**.
-  Achieve your personal best and continue to **improve your skills**.

REGISTER TODAY AT lansw.com.au

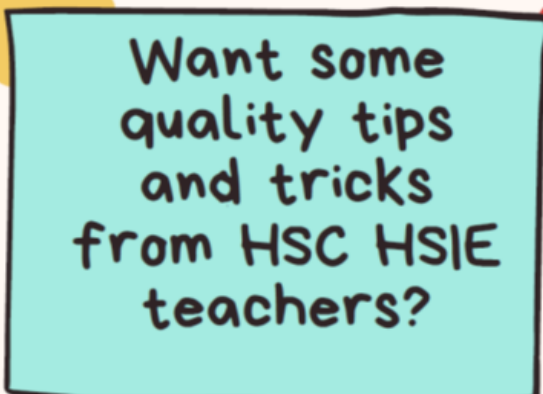
HSIE WRITING AND HOT CHOCOLATES



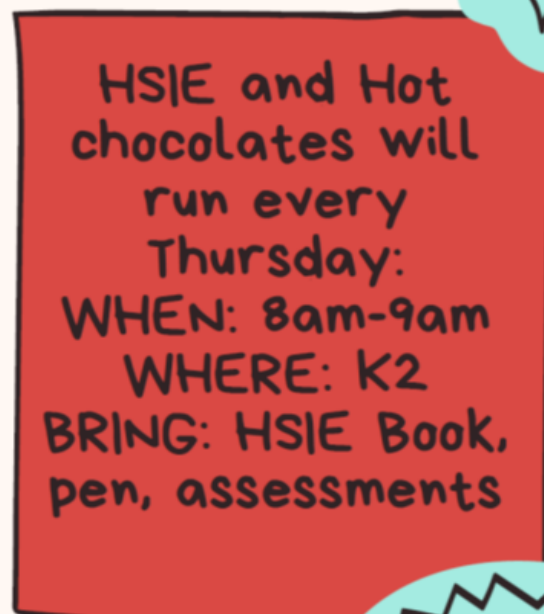
Want to
improve
your
HSIE
writing?



Want to be a
confident
writer during
assessments?



Want some
quality tips
and tricks
from HSC HSIE
teachers?



HSIE and Hot
chocolates will
run every
Thursday:
WHEN: 8am-9am
WHERE: K2
BRING: HSIE Book,
pen, assessments



Let's
work
towards
improving
our
skills!

RTHS



HOMESCHOOL CENTRE

OUR TRAINED STAFF ARE HERE TO HELP YOU!!

WE CAN HELP YOU WITH:

- ▶ Homework
- ▶ Assessment Tasks
- ▶ N-Awards
- ▶ Catching up on missed work



**Wednesdays
3:25pm-4:00pm
Library**



Refreshments Provided

RESPECT

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THE LEARNING COMMON

**open for both schoolwork
access and general access.**

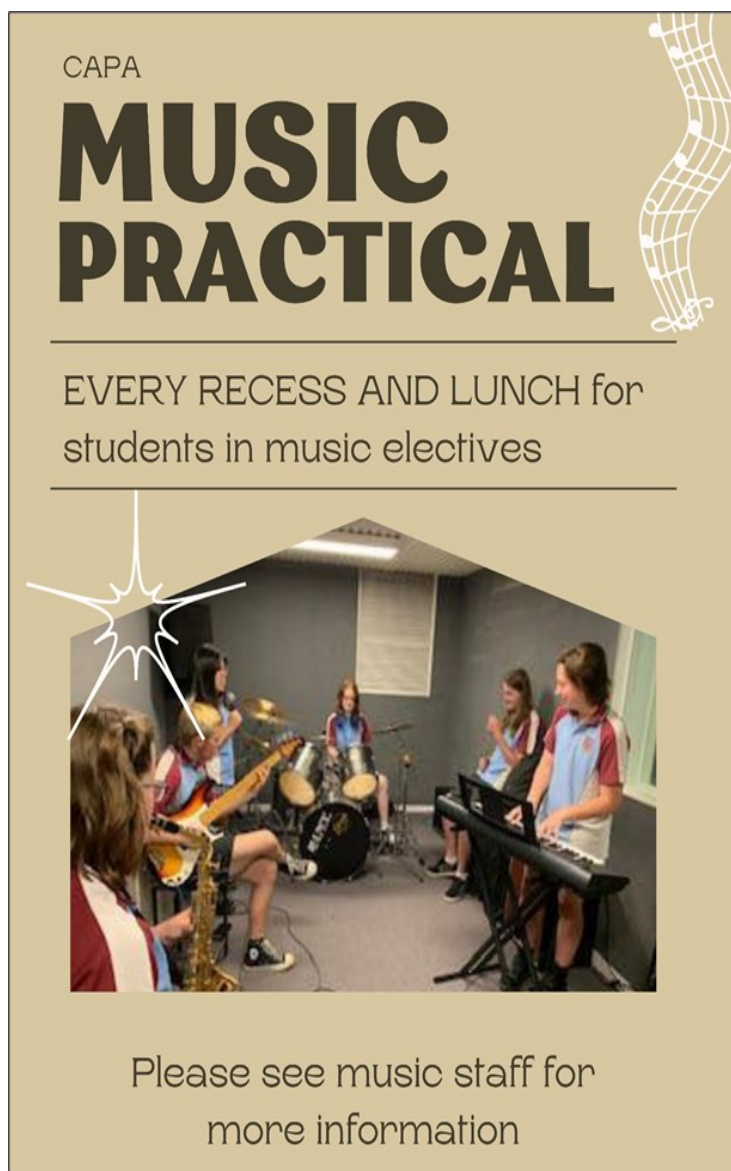
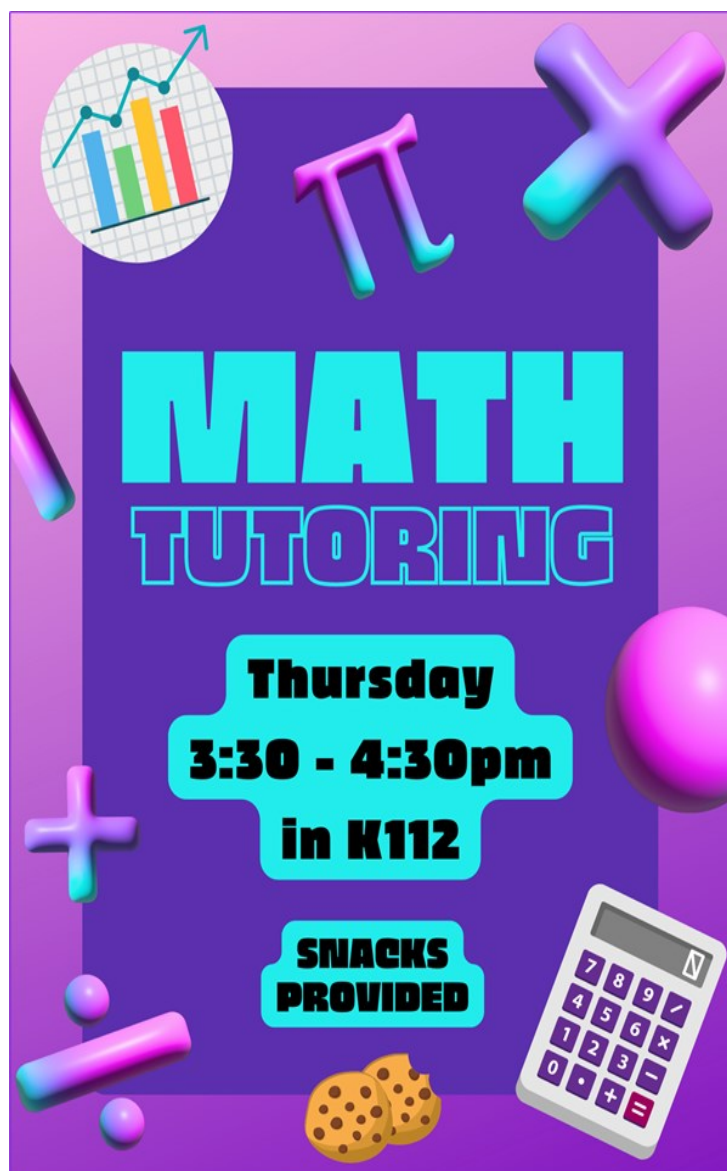
Before school

- Schoolwork access is from 8:20am each morning.
- General access is from 8:45am.

Recess & Lunch

- Schoolwork access is available during the first 10 minutes of the break onwards.
- General access is approximately 10 minutes after the initial bell to allow students time to eat and drink outside. As well as allowing quiet time for the students working in the library.







HUNTLEE
• TAVERN •

KIDS

TALENT
Time



MONDAY 28th AUGUST FROM 7PM

We are looking for talented youngster singers and musicians. Have you own band? We want to hear from you. Open to everyone under 18.

Send your audition tapes to info@huntleetauern.com.au

HUNTLEE
• TAVERN •

www.huntleetauern.com.com



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RTHS SUPPORTERS

Harvey Norman
Maitland



Maitland



The staff and students would like to acknowledge the generosity of 'Bakers Delight' at Rutherford who now provide our Wellbeing Faculty with bread.

There are many local businesses who donate their time, service or products to our school.

We express our appreciation and hope our school community can reciprocate.

Rutherford Technology High School has an Official Facebook Page – just go to Facebook and look for "Rutherford Technology High School NSW Official Site" and click on "Like".



We will be using the Facebook page to keep everyone informed about events at the school, important dates for your diary, and general information about the school.

Link:

<http://www.facebook.com/RutherfordTechnologyHighSchool>

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