

IMPORTANT DATES

23 March - NSW State Election
26 March - Under 14 Boys Cricket
27 March - Open Girl's Cricket
28 March - U 13's Knights Knockout
1 April - Bill Turner Cup
2 April - PBL Assembly
3 April - Big Day In at Newcastle University
4 April - Bill Turner Cup
5 April - Yr. 8 Smashed Theatre performance
8 April - School Photos
9 April - Open Girls & Boys Football
10 April - Parent/Teacher Evening
12 April - Last Day Term 1

OFFICE OPENING HOURS

Please be aware the office is open Monday to Friday between 8:00am and 4:00pm. Outside office hours, a message may be left on the school answering machine. Parents and caregivers are reminded an appointment is necessary before meeting with teachers as they have class, playground duty and other commitments during the school day.



The next P&C meeting and AGM will be held 21st May 2019 at 6pm in the interview room at the front office. All welcome to attend.

RESPECT
RESPONSIBILITY
COMMITMENT

RUTHERFORD TECHNOLOGY HIGH SCHOOL NEWSLETTER



22nd March 2019
Email: rutherford-h.school@det.nsw.edu.au
<https://rutherford-h.schools.nsw.gov.au>
Telephone: 4932 5999
Fax: 4932 8166
<http://www.facebook.com/RutherfordTechnologyHighSchool>



BIENVENUE, WILLKOMMEN, WELCOME

Rutherford Technology High School have welcomed two exchange students, Lilien Wagner from Germany and Manon Gosselin from France. The girls arrived in Australia during January and will be here until the end of June.

Lilien and Manon are in Year 11 and studying Mathematics and English as well as selecting subjects relevant to their interests. Lilien is doing Drama, Society & Culture and Photography and Manon is doing SLR, Geography and Textiles.

At the moment Lilien and Manon are staying with the same host family in Rutherford however Manon will be moving to another host family, also in Rutherford, next week.

Since arriving the girls have been doing lots of things and seeing the Australian lifestyle. In January they got to experience our extreme weather conditions, given it was snowing in Germany when Lilien left and they have been to the movies, on camping trips and to the Hunter Valley Zoo.

Lilian and Manon have thoroughly enjoyed their experience to date and would highly recommend the exchange program.



PRINCIPAL'S REPORT



New Bus

Our new 25 seater Fuso Rosa bus has arrived and is already being utilised for excursions, including a trip to Sydney for our senior Textiles students. The bus has been purchased to open up more affordable educational experiences for students. Our hard working P&C must be congratulated on their efforts and \$60,000.00 contribution towards the purchase of the bus.

Bullying No Way/Greatest Shave/Clean-up Australia

What a busy, but rewarding day Friday 15 March was. A big thank you to everyone involved in organising the activities for the day.



Aboriginal PLPs

Our Aboriginal education team has been busily working with our Aboriginal students and families to set their learning goals on their Personalised Learning Plans. This is a major undertaking as we currently have 225 students identifying as Aboriginal or Torres Strait Islander.

Year 12 reports

Year 12 reports are currently being completed and should be handed out next week. Please take the time to read them carefully and assess what steps need to be taken over the next two terms to have a chance of the best HSC result.

Year 7-11 Interim reports

Year 7-11 interim reports will be on the student portal and emailed home in week 10, in time for the parent/ teacher evening.

Parent/Teacher night

Parent/teacher evening is on Wednesday 10 April from 3.30 pm until 6.30 pm in the school hall. Electronic booking information is coming.

State Election P&C stall

Voting for the state election will occur in the school hall on Saturday 23 March. Please support our Japanese Excursion Fundraising stall when you come to vote.

P&C AGM

The P&C Annual General Meeting was held on Tuesday 19 March. The executive of our P&C this year are:

President – Lexi Fitzgibbon
Vice president – Michelle Woodhouse
Secretary – Maxine Creek
Treasurer – Kath Tranter

Staff professional development afternoon

Staff participated in a number of optional staff development activities for three hours after school on Tuesday 19 March. Staff chose between:

CANVAS (our electronic learning platform)
Literacy/Numeracy progressions
Data analysis
Talk Moves and Focus on Reading strategy/ Utilising an SLSO in the classroom

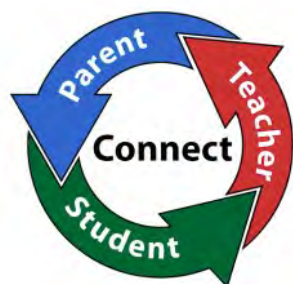
NAPLAN online Practice Tests

NAPLAN this year will be conducted in the online format. All Year 7 and 9 students will have NAPLAN online practice tests on Wednesday 27 March.

Uniform reminder

We take great pride in our uniform and the image it portrays to our community. During summer the wearing of uniform has been nothing short of fantastic. The students have looked great. Our greatest danger is non-uniform jumpers as the cooler weather arrives. I have already spoken to numerous students about this issue. **All students are expected to wear only RTHS jumpers or jackets from the uniform shop.** The school is more than willing to assist anyone who needs support in purchasing a school jumper. If you need assistance in getting a jumper or jacket please call **Mr. Cromarty or Mrs Fitzgibbon.**

Michael Whiting
Principal



STUDENT ACHIEVEMENT

Rutherford Technology High School 2018 Year 12 Visual Art students, Jorell Hammond and Kimberley Delaney, had great success with their HSC major artworks.

Jorell's major artwork was selected for the Lake Macquarie City Art Gallery and Kimberley's major artwork was selected for both the Lake Macquarie City Art Gallery and Art Express however as both displays are held at the same time and Art Express has a very high accolade, Kimberley's work progressed only to Art Express.

Helen Willis and Courtney Noval representing Lake Macquarie City Art Gallery selected Jorell's and Kimberley's artwork from 41 works from more than 125 high school nominations of top performing visual arts students from the Hunter and Central Coast. Jorell's work is currently on show and will be until 31 March 2019.

Kimberley's artwork was marked highly by HSC markers who nominated the work to Art Express. Art Express is an annual exhibition featuring a selection of outstanding student artworks developed for the artmaking component of the HSC examination in Visual Arts in NSW. It includes a broad range of approaches and expressive forms, including ceramics, collection of works, documented forms, drawing, graphic design, painting, photo-media, printmaking, sculpture, textiles and fibre, and time-based forms. Kimberley's work is currently in show at the NSW Art Gallery in Sydney.

A very big congratulations to Jorell and Kimberley on their HSC major artwork achievement.



Jorells' Major Artwork

Part of Kimberley's Major Artwork



Kimberley at NSW Art Gallery proudly showing her Major Artwork display

TERM 1: WEEK 6 ASSEMBLY – PDHPE FACULTY PBL AWARDS

Year 7

| | |
|-------------------|------------------------------------|
| Amalia Billington | Commitment in Year 7 TSP |
| Jackson Carrol | Commitment in Year 7 TSP |
| Kaleb Skinner | Excellent Commitment towards PDHPE |

Year 8

| | |
|------------------|--------------------------|
| Shaenika Brown | Always Giving 100% |
| Riley Hawes | Commitment in Year 8 TSP |
| Jack Kerry | Always Giving 100% |
| Charlotte Varcoe | Commitment in Year 8 TSP |

Year 9

| | |
|----------------|---------------------------------|
| Blake Hunter | Consistent Application in PDHPE |
| Olivia Roster | Commitment in Year 9 TSP |
| Allira Mains | Always Giving 100% |
| Ethan Peterson | Consistent Application in PDHPE |
| Aidan Upcroft | Always Giving 100% |
| Patrick Watt | Commitment in Year 9 TSP |
| Shennai White | Consistent Application in PDHPE |

Year 10

| | |
|-------------|---------------------------|
| Nic Adams | Commitment in Year 10 TSP |
| Tanya Jones | Commitment in Year 10 TSP |

Year 11

| | |
|---------------|---|
| Ethan Brunner | Commitment in Year 11 VET Sports Coaching |
| Samuel Gray | Excellent Commitment towards SLR |

Year 12

| | |
|------------------|-------------------------------------|
| Connor Gallagher | Consistent Application in HSC PDHPE |
|------------------|-------------------------------------|



congratulations

TERM 1: WEEK 7 ASSEMBLY – SCIENCE FACULTY PBL AWARDS

Year 7

| | |
|-----------------|--|
| Brodie Element | Excellent Effort in Science |
| Kayla Harrison | Excellent Classwork (Science) |
| Paige Jongerden | Consistent Effort in Science |
| Georgia Kemsley | Excellent Classwork (Science) |
| Isaiah Noble | Excellent Effort in Science |
| Hayden Smith | Excellent Classwork (Science) |
| Lucas Ting | Consistent Effort in Science |
| Noah Wadwell | Always trying his Best in Technology Mandatory |

Year 8

| | |
|---------------------|--|
| Sharee Blackwell | Excellent Effort in Science |
| Jamie-Shi Cant | Displaying School Core Values in Science |
| Holly Johnson | Excellent Effort in Science |
| Rusty Kropp | Excellent Effort in Science |
| Makayla Lodo | Application in Class (Science) |
| Saxon Garton | Commitment to Learning and Sharing his Knowledge with his Classmates |
| Zayden Richards | Displaying School Core Values in Science |
| Kadiayha Sutherland | Always Trying her Best and Being Helpful on the Farm |

Year 9

| | |
|-------------------|---|
| Chelsea Horn | Commitment to Learning in Science |
| Lotus-Lea Lockyer | Striving for her Personal Best in Agriculture |
| Tyler Mangnall | Commitment to Learning in Science |
| Cody Roberts | Commitment to Learning in Science |
| Joel White | Commitment to School Core Values |
| Shennai White | Application in Class (Science) |

Year 10

| | |
|---------------------|---|
| Jacob Bailey | Commitment to Improving his Efforts in Agriculture |
| Jason Dimmock | Commitment to Learning in Science |
| Riley Gibson | Application to Assessment Tasks |
| Connor Hardy | Commitment to Learning in Science |
| Lachlan McLean | Commitment to Science |
| Jasmine Smurthwaite | Commitment to School Core Values |
| Keegan Sujecki | Application to Assessment Tasks in Science |
| Keegan Sujecki | Continued Commitment to Personal Best (Agriculture) |

Year 11

| | |
|---------------|----------------------------------|
| Natalie Jones | Commitment to Learning (Biology) |
| Jess Lindsay | Commitment to Learning (Biology) |

Year 12

| | |
|-----------------|---|
| Ashley Kennedy | Displaying a Mature Approach to her Studies |
| Jaycob McDonald | Application to Assessment Tasks |
| Amelia Norman | Commitment to Learning (Chemistry) |
| Lauren Oliver | Application to Classwork (EES) |
| Kayle White | Commitment to Personal Best in Agriculture |



Wellbeing

Last Friday was the National Day of Action against Bullying and students and staff acknowledged the day by participating in a range of activities. A big thankyou to our wonderful drama students and their teacher Kate Leslie who ran an interactive drama performance before school and an activity on assembly, which both assisted in raising awareness about the importance of treating each other with respect and kindness.

Thank you also to Noah Curry and Leeza Goyal, who presented information to students at assembly and led the school in reciting our RTHS Anti-Bullying Promise. Students were also able to interact with each other in a positive way at lunchtime by enjoying a sausage sizzle, music and dancing!

The Bullying No Way! Website (<https://bullyingnoway.gov.au/RespondingToBullying>) is a great place to access information, including helpful ways for responding to bullying. Our last newsletter included helpful information for parents and carers about how to respond if a young person is being bullied. The information below from the Bullying No Way! Website provides further details and what to do if your child is being bullied.

If your child is being bullied

It can be distressing to learn that your child is being bullied.

You need to consider what you know about your child and the details of the situation to make the best decision for your child. **Different approaches and strategies may be necessary for various situations and individual children.**

Let your child know that you take the bullying seriously and that you can help them to report it to the school.

You should contact the school immediately if your child's safety is at risk.

[Stay calm and positive](#)

[Discuss and practice strategies for face to face bullying](#)

[Do not advise your child to fight with the other child](#)

[Discuss strategies for online bullying](#)

[Report the bullying to the school](#)

[Seek help for your child to learn about dealing with bullying](#)

Stay calm and positive

Focus on identifying a solution with your child. Your attitude will influence your child. A confident, positive and resilient attitude can help to stop bullying from continuing.

Children can be reluctant to tell someone else about bullying. Sometimes children don't want their parents to become involved and are afraid of the consequences if they tell you and the person who is doing the bullying finds out.

Encourage your child to talk about what happened. Tell your child that reporting the bullying is okay.

Assure your child that it is NOT their fault.

It can be upsetting for you to find out your child is being bullied or that your child has been reluctant to tell you. Draw on your own networks to get support for yourself while you are helping your child.

Give your child the [Kids Helpline](#) telephone number and web address if they ask to talk to someone other than the school, or you don't feel able to support them.

Discuss and practice strategies for face to face bullying

Discuss strategies with your child and set a short period of time to see if they can resolve the situation. Many students want to try to deal with the bullying themselves if they get useful tips about what to do.

If the bullying continues or increases, contact the school.

The below strategies are useful for some types of bullying. Use your judgement about their suitability for your child's situation.

For younger children, encourage them to try these strategies (if they feel safe to do so):

- ignoring the person doing the bullying
- telling them to stop, and then walking away
- pretending you don't care; act unimpressed or not bothered
- go somewhere safe

distracting the other person or calming the situation (e.g. agreeing in an offhand way with the bullying when they say offensive or negative things—known as 'fogging').

For teens, talk about the tips and advice in the [For teens](#) section on what to do at school, away from school, at work, or online.

Discuss how your child could behave around the other child. Explain that bullying is sometimes done just to get a reaction.

Practise with your child at home so they can use the strategies in situations they find difficult. Give feedback on whether they are getting their message across assertively and coach them until they are happy with their skills in:

- saying 'No' firmly but calmly
 - standing and walking in a way that appears more confident
 - deflecting the bullying with imaginary 'armour'
 - giving a quick reply to surprise or disarm the other child
- using a casual response (e.g. okay, whatever) that implies that the child is not bothered.
Practising at home can help your child feel more confident about trying the strategies at school.

Do not advise your child to fight with the other child

Fighting with the other child (as distinct from defending themselves from a physical attack) can escalate the situation, and your child may be reprimanded for their part in a fight.

Discuss strategies for online bullying

The strategies mentioned above for responding to bullying also apply if the bullying is online. As well, you can teach your child how to be safe online, as well as supervising or limiting access to technology as appropriate to the child's age.

If your child is being bullied via electronic communication, encourage your child:

- not to respond to the message or image
- to save the evidence
- to block or delete the sender
- to report the situation to the Internet Service Provider or phone service provider; they can help you block messages or calls
- to tell other people—teachers and police if necessary.

For teens, suggest they read the section [What can I do online?](#)

Report the bullying to the school

Encourage your child to talk to the teacher or other staff, e.g. their deputy principal, year adviser or Head Teacher Wellbeing.

Let them know that you will also report it to the school if the bullying doesn't stop after your child tries the strategies (or immediately if you think it is necessary for your child's safety). Read more at [Parents and schools working together](#).

Seek help for your child to learn about dealing with bullying

Discuss with the school ways to help your child (and other students) to learn about problem solving, conflict resolution, social skills, developing resilience, dealing with strong emotions, handling difficult situations and people.

A child who has been bullied can be at greater risk than others of being bullied again, even when the bullying has been dealt with.

Knowing how to deal with bullying and difficult people at school, at work and throughout life in social situations is an essential life skill.

If you have any concerns about your child, or would like further information please contact a member of the RTHS Wellbeing team.

Kristine Turner - Head Teacher Wellbeing for Year 8, 10, 12
Louise Smailes – Head Teacher Wellbeing for Year 7, 9, 11





B-Bucks Rewards Day

NERF Target
CONSOLE GAMING
Crazy Hair!
Juke Box!
Van Der Graaf!
PUTT PUTT GOLF
FACE PAINTING
RAFFLE!

B-Bucks Rewards Day

PIZZA Chips
POPCORN AND LOLLIES
Donut on a String
Fairy Bread
Cupcake Decorating
COOKIE BAR
ZOOPEE DOOPERS
ICECREAM

PBL NEWS

With only a few weeks left of Term 1, our **Behaviour Bucks** (B Bucks) are flying out of Teachers hands and straight in to the pockets of students displaying the core values of Respect, Responsibility and Commitment. The organisation of our first end of term **Reward Afternoon** is well underway with staff organising fun activities and food stalls for students to purchase from. Students will be able to use their B Bucks to purchase these luxury items throughout the reward afternoon. The more B Bucks students have the more activities or food they will be able to purchase! The reward afternoon includes activities such as; Nerf Gun target shooting, Face painting, Soccer shoot out, Mindfulness colouring, Console gaming, Putt Putt Golf and so much more! Students that are interested in a fun afternoon filled with snacks and drinks can head towards 'Food Alley' and purchase pizzas, fairy bread, popcorn, lollies, donuts and chips! As the reward afternoon gets closer we encourage our students to start counting up their B Bucks whilst continuing to demonstrate the core values of respect, Responsibility and Commitment.



MESSAGE FROM YOUR CAPTAINS

Welcome to another Captains Message.

Last message we gave you a flashback of first few weeks of term so we will continue on for the last few weeks:

Week 5: Students have been busy crunching away at assessments tasks, tests and anything they may come up with in class! Year meetings were held for all year groups with respective Year Advisor as well as teachers and Deputy's to discuss ideas on excursions, events etc...

Week 6: Twenty-eight of our SRC students and senior leaders participated in a Leadership Day held offsite and had a surprise visit from 2017 Captain, Ashley Fry! Ash gave the students some pointers on how important teamwork is to leadership groups.

Week 7: What a busy week! So many events took place such as: Clean Up Australia Day, No Way!! Bulling Day and Worlds Greatest Shave. Over 20+ students cut, shaved and coloured their hair in support of the Leukaemia Foundation with a combined donation effort from the day from all students and staff of over \$500.00.

That's all from us for now but stay tuned to hear about all of the amazing things the students at RTHS do for the remainder of the Term.

Jacinta, Braydon, Alex & Capree

VET NEWS / THANK YOU BUNNINGS

This year, thanks to staff member Mr Brian Hunt, Rutherford Technology High School offered students in Stage 6 the opportunity to undertake an EVET Course delivered by UVAIR Pty Ltd (a drone training company).



Eleven of our students have taken up this opportunity and the course has commenced. The course is held at the school one day a week for four hours with students having to give up some of their own time, and will run for the whole year. The course involves students to partaking in both theory and practical components. Successful completion at the end of the course will see the students achieve Certificate 111 in Aviation (Remote Pilot – Visual line of Sight), their pilot's licence and Aeronautical Radio Operator's Certificate.



The P&C Association is holding a Thompson Pie Drive Fundraiser and just in time for Easter as it includes Hot Cross Buns!!

We are raising money to assist the school in the purchase of a large agriculture shed for the farm but it will also garage our school buses (including our new 25 seater bus!!).

An order form is attached or alternatively you can order online via Flexischools.

Orders, together with payment, are due by **Thursday 28 March 2019** – please give to Lexi or Maxine.

Thank you for your support



School Photo Day will be held on **MONDAY 8th APRIL 2019**

We will have a makeup day on Friday 12th April 2019 (approximately one hour).

The school dress code for photos is full school uniform with **NO** visible undershirts, shirt sleeves **NOT** to be rolled up, **ALL** shirt buttons to be done up (including top button), **NO** dangly earrings and **NO** facial piercings.

Please be advised that staff will be in attendance to ensure all students have the correct dress code and should a student not meet the dress code they will **NOT** be photographed.

Students have received their personalized envelope – if a student did not receive their envelope please see Maxine Creek in the Careers Staffroom.

MSP Photography advises the following:

“Payment for the whole family can be placed into ONE envelope. It is important that each family member hands in their own personalized envelope to the photographer indicating where the payment will be found. The pre-pay envelope must be handed to the photographer before individual portraits will be taken. Please make cheques payable to MSP Photography or enclose correct money as the school does not handle any money and therefore cannot give change. There is 100% money back guarantee if not satisfied with the photos.”

MSP Photography has been our photographer for many years now and are part of our school community in so many ways.

Please mark the date on the calendar and remember to ask your child to show you the personalized envelope as they have received it.



Help our fundraising cause!

Support us and treat yourself!

 **entertainment**

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| |  \$45 value |  \$40 value |  \$50 value |  \$35 value |  \$35 value |  \$40 value and many more... |
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Every sale contributes to our fundraiser, so purchase your Entertainment Membership today!

Rutherford Technology High School P & C Association

Order your Memberships online today!!

www.entbook.com.au/3k4872

Scan this code to order



Purchase your Membership before the 4 April 2019 and receive bonus offers valued at \$200! Subject to availability.

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Rutherford Technology High School P & C Association

The Entertainment Fundraiser is one of our favourites at Rutherford Technology High School P & C Association!

Please help us achieve our goal by purchasing your Entertainment Membership from us. Rutherford Technology High School P & C Association receives 20% from every Membership sold so tell your family and friends to support us as well.

The Entertainment Memberships are available as a Book or as a Digital Membership App. Both are full of great value and you only need to use your Membership once or twice and it will have paid for itself!

Anytime you use your Membership after that, the savings are dollars in your pocket!! With great offers which include 2-for-1, special rates and up to 50% off on activities, dining, shopping, travel and leisure. There is something for everyone in this year's Entertainment Membership.

Purchase your Memberships online today at:

www.entbook.com.au/3k4872

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Rutherford Technology High School P & C Association

For more information or to arrange collection of your Entertainment Membership please contact: Lexi Fitzgibbon **Phone:** 0249325999 **Email:** rutherford-h.school@det.nsw.edu.au

Alternatively, please complete your details below

Name: _____

Phone: _____ Email: _____

Address: _____

Newcastle, Central Coast & the Hunter Edition \$65.00 including GST: # ___ Book(s) # ___ Digital Membership(s)

TOTAL ENCLOSED \$_____

Payment type: Cash ☐ Mastercard ☐ Visa ☐

Credit Card number: _____ / _____ / _____ / _____ **Expiry date:** ____ / ____

*CVV is the 3 digits on the back of your credit card (Credit Card payments will incur a 1.25% processing fee) **CVV*:** _____

Cardholder's name: _____ **Signature:** _____

*Thank you for your support.
Entertainment Memberships help raise more than \$5 million for
fundraising organisations every year.*



RUTHERFORD TECHNOLOGY HIGH SCHOOL 2019 CANTEEN MENU



Everyday Food, Occasional Food

WRAPS:

| | |
|-----------------------|--------|
| Sandwiches: | |
| -Vegemite | \$3.00 |
| -Egg & Lettuce | \$4.00 |
| -Curried Egg | \$3.60 |
| -Cheese & Tomato | \$3.00 |
| -Ham, Cheese & Tomato | \$3.60 |
| -Salad | \$4.00 |
| -Chicken Salad | \$4.50 |
| Rolls: | |
| -Salad Roll | \$5.00 |
| -Ham Salad Roll | \$5.50 |
| -Chicken Salad Roll | \$5.50 |
| Wraps: | |
| -Salad Wrap | \$5.00 |
| -Chicken Salad Wrap | \$5.50 |
| -Ham Salad Wrap | \$5.50 |
| -Caesar Salad Wrap | \$5.00 |
| -Chicken Caesar Wrap | \$5.50 |
| -Vegemite Scroll | \$3.00 |
| -Cheese & Bacon Roll | \$3.00 |

SALADS:

| | |
|----------------------------------|--------|
| Salad Box: | |
| -Small | \$3.50 |
| -Medium | \$5.00 |
| -Large | \$6.50 |
| Chicken Salad Box: | |
| -Small | \$4.00 |
| -Medium | \$5.50 |
| -Large | \$6.50 |
| Caesar Salad Box: | |
| -Small | \$3.50 |
| -Medium | \$5.00 |
| -Large | \$6.50 |
| Chicken Caesar Salad Box: | |
| -Small | \$4.00 |
| -Medium | \$5.50 |
| -Large | \$6.50 |
| Medium Zucchini Box | \$5.50 |
| Medium Frittata Box | \$5.50 |

DRINKS:

| | |
|------------------------------------|--------|
| Water: | |
| -350mL | \$1.00 |
| -600mL | \$2.00 |
| Juice-250mL | |
| -Orange | \$2.50 |
| -Apple | \$2.50 |
| -Apple Blackcurrent | \$2.50 |
| Chilled Drinks-250mL | |
| -Watermelon | \$2.00 |
| -Raspberry | \$2.00 |
| -Blackcurrent | \$2.00 |
| Chill Sparkling Water-500mL | |
| -Lemonade | \$3.50 |
| -Black Raspberry | \$3.50 |
| -Raspberry Lemonade | \$3.50 |
| -Orange/Mango | \$3.50 |
| -Lemon/Lime | \$3.50 |
| Milk-300mL | |
| -Chocolate | \$2.50 |
| -Strawberry | \$2.50 |
| -Iced Coffee | \$2.50 |
| Milk-500mL | |
| -Chocolate | \$3.50 |
| -Strawberry | \$3.50 |
| -Iced Coffee | \$3.50 |
| Plain Milk-600mL | \$2.50 |

HOT FOOD:

| | |
|--------------------------------------|--------|
| Chicken Burger | \$4.50 |
| Chicken Burger Salad | \$5.00 |
| Cheese Burger | \$4.50 |
| Cheese Burger Salad | \$5.00 |
| Chicken Gravy Roll | \$4.50 |
| Rissole & Gravy Roll | \$4.50 |
| Hot Cheese Roll | \$3.50 |
| Garlic Bread | \$1.30 |
| Plain Pie LUNCH ONLY | \$3.30 |
| Cheese & Bacon Pie LUNCH ONLY | \$3.60 |
| Sausage Roll LUNCH ONLY | \$3.00 |
| Chicken Chippies (6) | \$3.50 |
| Chicken Nuggets (6) | \$3.50 |

SNACKS:

| | |
|-------------------------------------|--------|
| -Freshly Cut Watermelon | \$3.00 |
| -Freshly Made Fruit Salad | \$3.00 |
| -Yoghurt | \$3.00 |
| -Fresh Fruit & Yoghurt | \$3.00 |
| -Hummus with Carrot & Celery Sticks | \$2.00 |
| Deli Rock Chips: | |
| -Sea Salt | \$1.00 |
| -Honey Soy Chicken | \$1.00 |

EXTRAS:

| | |
|----------------------|--------|
| -Extra Fillings | \$0.40 |
| -Butter/Mayo/Mustard | \$0.20 |
| -Bread Roll | \$0.90 |
| -Toasting | \$0.50 |

ICE CREAMS:

| | |
|-------------------|--------|
| -Juice Ice Blocks | \$1.00 |
| -Vanilla Buckets | \$1.50 |
| -Frozen Blizzard | \$2.00 |
| -Frozen Yoghurt | \$2.00 |

SAUCES:

| | |
|--------------------------|--------|
| -Tomato/BBQ/Sweet & Sour | \$0.40 |
|--------------------------|--------|

DAILY SPECIAL:

| | |
|-----------------------------|--------|
| Monday, Wednesday & Friday: | \$4.50 |
| Nachos | |
| Tuesday & Thursday: | \$4.50 |
| Lasagne | |

Canteen is open before school from 8:15am and at Recess & Lunch

Volunteers are always needed—please contact the school on 4932 5999 to find out more!

RTHS Canteen is operated by the P&C with one paid supervisor assisted by volunteers. All profits from the canteen are returned to the school to benefit the students.



flexischools

CANTEEN UPDATE

As previously advised, Rutherford Technology High School Canteen now has EFTPOS but we were limited to what cards we could accept.



We are pleased to now inform our school community that the software provider has released earlier than anticipated an update which will now allow us to accept EFTPOS Chip Cards.

Therefore the cards we can accept now are:

- Visa Debit
- MasterCard Debit
- Credit Card
- EFTPOS Chip Card
- Apple Pay
- Mobile Payments

Our canteen still has Flexischools and a reminder if you are ordering via Flexischools your order MUST be in by 9:00am. *Don't forget, if you are ordering pies or sausage rolls, they can only be ordered for 'Break 1'.*

In accordance with Healthy School Canteens, pies and sausages rolls can only be sold at what they deem to be 'lunch time'. Due to the time of our school recess and lunch breaks we have reversed the names of the breaks but also renamed them. Our breaks are now: **'Break 1'** (which is lunch) and **'Break 2'** (which is recess).

CANTEEN ROSTER

| | |
|--------------------|----------------------------|
| Monday 25 March | Volunteers Required |
| Tuesday 26 March | Michelle Sinclair |
| Wednesday 27 March | Volunteers Required |
| Thursday 28 March | Michelle Sinclair |
| Friday 29 March | Michelle Sinclair |
| Monday 1 April | Volunteers Required |
| Tuesday 2 April | Michelle Sinclair |
| Wednesday 3 April | Volunteers Required |
| Thursday 4 April | Michelle Sinclair |
| Friday 5 April | Michelle Sinclair |
| Monday 8 April | Volunteers Required |
| Tuesday 9 April | Michelle Sinclair |
| Wednesday 10 April | Volunteers Required |
| Thursday 11 April | Michelle Sinclair |
| Friday 12 April | Michelle Sinclair |

LAWES STREET SHRED

AN INITIATIVE OF **maitland**
city council



SATURDAY 23 MARCH 2019

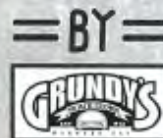
10.00AM - 4.00PM

LAWES STREET SKATE PARK
EAST MAITLAND



SUPPORTED BY SKATE **CONNECTION**

SKATE, SCOOTER ROLLER & BMX COMP



PRO RIDER DEMOS * PRIZES & GIVEAWAYS
DJ & LIVE MUSIC * FOOD * STREET ART * ROLLER DERBY LEAGUE

Comp registration 10.00am - 11.00am. Under 18 comp riders require guardian consent.



For more information head to the event
page on Facebook or call 4934 9700

maitland
city council

Do you need help to get your **L** or **P** licence?

FREE Drivers Licence Course and Training for Aboriginal and Torres Strait Islander Community

Where: This program will run in the Newcastle, Windale, Toronto, Port Stephens, Karuah, Raymond Terrace and Maitland areas

Who is the trainer?
Ashley Gordon and Warwick Thompson

INFORMATION:

- Deliver free Learner Driver courses for anyone who wants to gain their Ls
- Participants will learn about the NSW Road Rules and have significant opportunity to practice for their learner drivers licence test using computers.
- Organise Provisional Driver Training to help people gain their Ps
- Assist people overcome barriers to gaining their licence such as fines and debt

Cost: Free for participants, (lunch is provided)

Don't miss out on this opportunity, call and book your place today!

Enquiries: Warwick Thompson: 0412 429 993
Email: driver.training@optusnet.com.au or warwick_thommo@hotmail.com



FIND OUT MORE ABOUT GETTING INVOLVED

VOLUNTEER INFORMATION DAY



Hosted by Lions Club of Maitland

Come along to our volunteer information day to hear more about volunteering in your community

Maitland City Bowling Club
31st March at 1pm

For more information please contact:
Maitland City Bowling Club: (02) 4939 1200
Maitland Lions Club: 0434 440 814

HEAR FROM GUEST SPEAKERS:

- Department of Fair Trading
- Childhood Cancer
- Sight & Vision
- Youth Exchange
- International Youth Camp
- Diabetes Awareness
- Environmental Awareness
- Maitland Hospital
- P.C.Y.C
- Tongan Relief Awareness



Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.

- | | |
|--------------------|----------------------|
| laptops & tablets | lessons & activities |
| uniforms & shoes | books & supplies |
| sports fees & gear | camps & excursions |

To join Saver Plus, you must have a Centrelink Health Care or Pensioner Concession Card, be at least 18 years old, have some regular income from work (you or your partner), and have a child at school or attend vocational education yourself.



Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with Berry Street, The Benevolent Society and The Smith Family and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

Contact
Cynthia Culhane
your local Saver Plus
Coordinator

Phone
02 4032 4703
1300 610 355

Email
cynthia.culhane@thesmithfamily.com.au

Web
www.saverplus.org.au




Daylight Sportswear Pty Ltd

ABN 76 069 733 455

6 - 8 Lone Pine Pl, Smeaton Grange NSW 2567

Tel: (02) 4648 1066 Fax: (02) 4647 0143

Email: daylight@daylightcorp.com

Rutherford High School UNIFORM SHOP
Price List

NAME: _____ YEAR: _____ DATE: _____ REC# _____

| ITEM | | <u>PRICE</u> | <u>SIZE</u> | <u>QTY</u> | <u>TOTAL</u> INCL GST |
|-----------|------------------------------|--------------|-------------|------------|--------------------------|
| Girls | JNR Blouse Sky | 28.00 | | | |
| | SNR Blouse Lemon | 28.00 | | | |
| | JNR/SNR Girls Shorts | 35.00 | | | |
| | JNR Skirt | 48.50 | | | |
| | SNR Skirt | 48.50 | | | |
| | Bootleg Slacks | 39.00 | | | |
| Boys | JNR/SNR Boys Shorts | 35.00 | | | |
| | Unisex Everyday Shorts | 35.00 | | | |
| | JNR/SNR Trousers | 39.00 | | | |
| | Black Trousers Elastic Waist | 39.00 | | | |
| Unisex | Fleecy Jacket | 40.00 | | | |
| | JNR Polo | 29.00 | | | |
| | SNR Polo | 29.00 | | | |
| Knitwear | Jumper | 72.00 | | | |
| Sports | Jacket | 65.00 | | | |
| | Sports Shorts Std | 25.00 | | | |
| | Trackpant | 38.00 | | | |
| | Sports Polo | 35.00 | | | |
| Accessory | Scarf | 20.00 | | | |
| | White Sock Short Cut x 5 | 20.00 | | | |

SHOP CLOSED 28th Jan 2019. Normal shop hours resume Thursday 31st January 2019

Uniform shop contact: Kylie 0478920262 during shop hours

Purchase Online: daylightsportswear.com/rutherford

MASTERCARD VISA EFTPOS NOW AVAILABLE, CHEQUES NOT ACCEPTED. NO LAYBY.

RUTHERFORD TECHNOLOGY HIGH SCHOOL SUPPORTERS



RUTHERFORD MECHANICAL REPAIRS

ALL MECHANICAL REPAIRS

- Fuel Injection • LPG Servicing
- Pink & Blue Slips
- Manufactures Handbook Services
- MVR License Number 23961

Call **DAVID** on **49325 982**

27 JOHN STREET, RUTHERFORD

*Just Off Hwy Opposite
Telarah Railway Station.*



Harvey Norman
Maitland

A.B.N 19 167 084 237



Quality You Can Trust
Ben Hoffmann
hoffy_06@hotmail.com
Shop 17, 1 North Mall Street,
Rutherford Shopping Centre
www.hoffqualitymeats.com.au



Gibson
Wealth Management Pty Ltd
Open the door to your financial future!



FITNESS CENTRE OPEN 7 DAYS

LES MILLS
Group Fitness Classes

KICKBOXING
Fitness Classes & Boxing Gym

MARTIAL ARTS
Kids & Adults Classes

FULL GYM
Pin loaded, Plate loaded, Free Weight

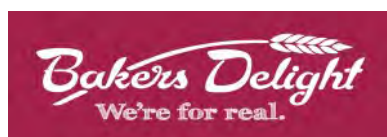
CYCLE
Air Conditioned Cycle Room

New Large Facility
59 Mustang Drive Rutherford

Fully Serviced Fitness Centre

- Largest group fitness floor in the Maitland area with Les Mills
- Split level Martial Arts studio, classes for adults and children
- Fully equipped boxing area
- Air conditioned cycle studio
- Fully equipped gym - pin loaded, plate loaded & free weight
- Personal training and massage
- Cricche supervised by qualified child carers
- Showers and toilet facilities
- We accept Fitness Passport

Locally Owned and Operated
PREMIER FITNESS
and martial arts centre
Ph 0401 199 913
www.premierfitness.com.au



The staff and students who are involved in the Breakfast Club would like to acknowledge the generosity of 'Bakers Delight' at Rutherford who now provide us with bread. There are many local businesses who donate their time, service or products to our school. We express our appreciation and hope our school community can reciprocate.

Rutherford Technology High School has an Official Facebook Page – just go to Facebook and look for "Rutherford Technology High School NSW Official Site" and click on "Like".



We will be using the Facebook page to keep everyone informed about events at the school, important dates for your diary, and general information about the school.

Link: <http://www.facebook.com/RutherfordTechnologyHighSchool>



For: Rutherford Technology High School P&C Association

| Name | Total |
|---|-------|
| Plain Pie (Pkt 6) \$12.00 | |
| Beef & Potato Pie (Pkt 4) \$9.00 | |
| Bacon & Cheese Pie (Pkt 6) \$13.00 | |
| Quiche (Pkt 6) \$12.50 | |
| Chicken & Veg Pie (Pkt 4) \$11.50 | |
| Family Meat Pie (Pkt 1) \$6.50 | |
| Caramel Slice (Pkt 6) \$10.50 | |
| Party Apple Pie (Pkt 6) \$7.50 | |
| Vanilla Slice (Pkt 6) \$7.50 | |
| Cream Lamington (Pkt 12) \$12.50 | |
| Plain Lamington (Pkt 12) \$11.50 | |
| Hot Cross Buns - Fruit (Pkt 6) \$5.50 | |
| Hot Cross Buns - Fruitless (Pkt 6) \$5.00 | |
| Hot Cross Buns - Mocha (Pkt 6) \$5.50 | |
| Hot X-Buns - Choc Chip (Pkt 6) \$5.50 | |

Total: \$ _____

ORDER FROM TOGETHER WITH PAYMENT TO BE RETURNED BY:
THURSDAY 28th MARCH 2019

Name: _____
Contact Number: _____

Collect From: RUTHERFORD TECHNOLOGY HIGH SCHOOL

Pie Drive Collection Date: **THURSDAY 11th APRIL 2019**