

IMPORTANT DATES

12 November - Remembrance Day Assembly
13 November - Year Assemblies
14 November - Yr 7 Netball/ Cricket Gala Day
14 November - Yr 12 Formal at Crowne Plaza
15 November - RAAF visit Williamtown.
16 November - Year 10 Reward Excursion
19 November - Sport Assembly
19 November - Induction Assembly
20 November - P&C meeting
22 November - CCC Breathe at Rutherford Marketplace
23 November - Year 9 & Year 10 Wellbeing day at RTHS

OFFICE OPENING HOURS

Please be aware the office is open Monday to Friday between 8:00am and 4:00pm. Outside office hours, a message may be left on the school answering machine. Parents and caregivers are reminded an appointment is necessary before meeting with teachers as they have class, playground duty and other commitments during the school day.



The next P&C meeting will be held 20th November at 6pm in the interview room at the front office. All welcome to attend.

RESPECT
RESPONSIBILITY
COMMITMENT

RUTHERFORD TECHNOLOGY HIGH SCHOOL NEWSLETTER



9th November 2018
 Email: rutherford-h.school@det.nsw.edu.au
<https://rutherford-h.schools.nsw.gov.au>
 Telephone: 4932 5999
 Fax: 4932 8166
<http://www.facebook.com/RutherfordTechnologyHighSchool>



TSP FOOTBALL NEWS

Rutherford Technology High School TSP Football program will have a record breaking, nine students, playing Football in the National Premier League for 2019. Callan Fry (Hamilton Olympic FC) and Scott Travis (Charlestown City Blues FC) have made the jump into senior football to play in the 18's NPL competition. Year 9 superstars, Tanya Jones (Adamstown Rosebuds FC) and Sarah Avery (Thornton Redbacks FC) have been successful in gaining contracts in the 17's WPL competition.

Fellow Year 9 students Nic Adams (Hamilton Olympic FC) and Ben Hackett (Maitland FC) will play in the 16's competition. Nic will link up with TSP Coordinator, Mr Blair Newham, at Hamilton Olympic FC as the 16's Coach. Tyson Barnett-Murray (Weston FC), Riley Hawes (Weston FC) and Callum Priestly (Charlestown City Blues FC) will all lace their boots up for the 14's age group. Well done to all of these students and good luck for the 2019 season.



RTHS TSP Students
 in TSP Football Uniform



RTHS TSP Students
 in their 2019 Club Jersey

Front Row:	Riley Hawes, Sarah Avery, Tanya Jones, Nic Adams
Back Row:	Tyson Barrett-Murray, Ben Hackett, Callum Priestley, Scott Travis, Callan Fry

SENIOR EXECUTIVE REPORT EXAMS AND END OF YEAR ASSESSMENTS

Many of our students are currently engaged in examinations and end of year assessments. Attendance is essential at these activities to accurately gauge student performance over the year.

REMEMBRANCE DAY ASSEMBLY

The school is holding a Remembrance Day assembly on Monday 12 November and students and staff will represent the school on Sunday 11 November at the Maitland Remembrance Day ceremony. This year marks 100 years since the end of World War I.

YEAR 12 FORMAL

The Year 12 Formal will be held at Crowne Plaza Pokolbin on Wednesday 14 November. It will be great to catch up with Year 12 after their exams.

TRANSITION ACTIVITIES

A number of transition activities are currently underway with Year 6 students and RTHS staff preparing the students for Year 7 next year. The Year 6 information evening will be at RTHS on Monday 3 December and the Year 6 induction day will be on Tuesday 4 December.

AECG MEETING

RTHS hosted the Maitland Aboriginal Education Consultative Group (AECG) meeting on Tuesday 30 October with a great representation of RTHS Aboriginal staff and students present.

SECONDARY PRINCIPALS NETWORK MEETING

RTHS hosted Principals from four networks for a professional planning day on Thursday 1 November. Everyone was full of praise for the wonderful facilities we now have in the school and could not praise highly enough the efforts of our hospitality students and staff in catering for the day.

STUDENT LEADERSHIP

There are many activities currently occurring or about to happen around student leadership:

- ♦ **Student leader induction assembly** – will be held on Monday 19 November to induct our new student leaders for 2018/2019.
- ♦ **Peer Support Training** for Year 10 students occurred on 1 and 2 November.
- ♦ **Peer mediation training** for Year 9 students occurred on 6 November.
- ♦ **Grip leadership conference in Newcastle** was attended by student leaders on 6 November.

SPORT ASSEMBLY

All our achievements in the area of sport will be celebrated with our annual sports assembly on Monday 19 November.

YEAR 10 "FORMAL"

Many years ago a high percentage of students left school at the end of Year 10. In some schools, a "formal" was held to farewell these young people. In more recent times the majority of students stay on to complete Year 12, and at the completion of their studies, a formal farewell is held to honour their graduation arranged by the school.

Whilst we have not had a school endorsed Year 10 Formal at Rutherford Technology High in many years, we have been made aware that some students and their parents do decide to organise a function each year.

These are not a school endorsed function, and as such, a private function with all liability and responsibility resting with the organisers.

Mr Michael Whiting
Principal

FORMER STUDENT SUCCESS

Former Rutherford Technology High School student, Jacob Hobbs, who now works for Muse Restaurant has been named winner of the prestigious \$10,000 Brett Graham Scholarship.

Jacob made it into the final where he was one of three finalists. The final was held on Tuesday 30 October 2018 and the standard of dishes produced by all three finalists was exceptionally high, something for them to be proud of.

Jacob left Rutherford Technology High School in April last year and commenced a Chefs Apprenticeship with Esca Bimbadgen, but only after six months, gained employment at Muse Restaurant, a top restaurant in the Hunter.

What a great achievement for a 17 year old!

We would like to congratulate Jacob and wish him the very best for his exciting next step in his career.



Congratulations!

STUDENT NEWS

Rutherford Technology High School, Year 11 student, Emily Playford dreams of being an artist when she finishes school and is already on her way in fulfilling her dreams.

Emily recently took part in the Maitland Art Drop. Maitland Art Drop exists to bring the art community together and provide exposure for budding artists.

From time to time, artists will drop a piece of their art in a secret Maitland location, before posting their drop to social media. It is up to art fans to find the artwork based on the online clues, so much like a scavenger hunt.

This is the first time Emily has taken part in the art drop and did so to try something different. Emily loves how art allows you to be creative and do whatever's on your mind.

Well done Emily!

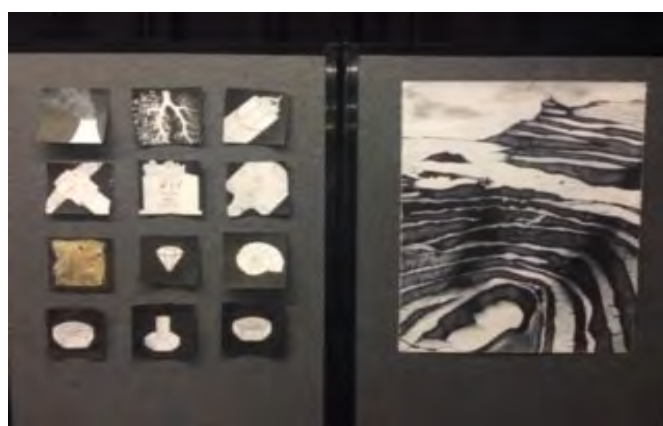
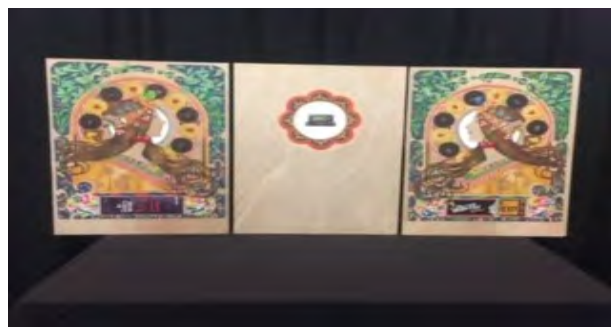
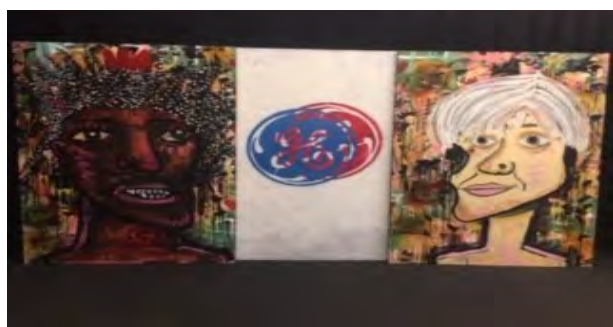


CREATIVE AND PERFORMING ARTS

(Music, Drama, Visual Arts, Photography, Visual Design, Ceramics)

A productive and rewarding time for CAPA staff as we see the Stage 6 students complete their major projects for their HSC. After surviving the Trial HSC which included two performance nights, one for drama and then music, plus an afternoon exhibition of the Art works. We then moved onto the actual HSC events which for CAPA is Term 3. The Drama Group Projects and Individual Projects were marked in week 6 and the Music class each presented four performances to NESA markers in week 9 of Term 3. NESA mandated the Visual Arts projects lock up date was September 3rd but we then had to wait until Monday November 5th for the 'Body of Works' to be finally marked.

Our congratulations to the students for their many successes with their projects.





THE YEAR 12 DRAMA CLASS ON THEIR HSC DAY AND THEIR TRIAL HSC NIGHT. (MISSING: BRAD FOOTE)



THE YEAR 12 MUSIC CLASS (MISSING: BRAD FOOTE) ON THEIR HSC DAY.



LMG EDUCATION WEEK ASSEMBLY ON AUGUST 8TH. THE CAST FROM THE MUSICAL PRESENTED A MICHAEL JACKSON SONG FROM "BACK TO THE 80S" BEFORE RETURNING FOR THE FINALE AND JOINING THE COMBINED SCHOOLS CHOIR.



MR RICHARDS WORKED WITH BRANXTON PUBLIC ON A MURAL FOR THE INFANTS CLASSES. HE SPENT MANY A BREAK AND PERIOD OFF PAINTING THIS FIVE AND A HALF METRE LONG MURAL. MS GALBRAITH ADDED HER PAINTING EXPERTISE TO THE CHARACTERS THAT APPEARED ON THIS LOVELY ART WORK.



SPECIALIST BANDS

After the initial work with the jazz dance group Revelling Wanderers, the Specialist Band (Aidan, Zoe, Rohan, Jeremy, Anthony, Phoebe, Aimee, Kayla and Olivia) have continued their weekly rehearsals. With some technical guidance from wind player Damian from National Music Academy, we are working on several pieces in preparation for Presentation Day. We are hoping that members of the Revelling Wanderers and Damian will join us on the day.

- We have introduced Triple C courses into Year 7 CAPA. Ms Sharp's group has worked on a Visual Design program producing the School Magazine which will be for sale at the end of the year. Mr Delforce, meanwhile, has been working on a magic class, teaching his group performance card tricks. Many a student has been amazed by his hi-jinx and talent.
- Auditions were held for **The Drama Ensemble** in Week 1 of Term 3. The students have been meeting after school every Wednesday until 5:30. The ensemble presented a performance to a whole school assembly for "R U OK day". They have this term, been busy rehearsing presentations for the Year 6 transition days.
- **Year 9 Drama** have been breaking a sweat becoming Broadway Musical stars. The students have been challenged with combining singing and dancing with their previously developed acting skills.
- It's currently LIGHTS, CAMERA, ACTION for **Year 10 Drama** who have successfully recreated a scene from 'The Breakfast Club'. Students have been working as Directors, Set designers, Make-up artists, and Prop Masters to collaboratively complete the recreation.
- Targeted CAPA Year 8 continue to work on their personal projects across the CAPA spectrum from dance, music, drama, photography, arts in preparation for an end of year activity. While Year 7 were getting creative and making numerous lanterns for the Maitland City Council Multicultural Festival. Both groups are currently planning and preparing for our MADD on Tour to our LMG in early December. Mr Richards CCC class is spending their Thursday mornings designing and painting murals which will be placed around the school.
- Year 9 and 10 Music classes have continued with their practical classes. Guitars, drums, keyboards and vocals tend to be the instrument of choice. It is also great to see some of these budding musicians rehearse during their breaks. We have numerous students come forward to perform at upcoming assemblies and the MADD on tour.
- We must acknowledge all the Drama and Music students who volunteer to help run the sound and lighting for the whole school assemblies. Leteah, Kailani & Cadence, to name a few.
- Many thanks to Katelyn Towney-Hooper (year 10) who has remained our photographer at our special event this year.
- Vivo assemblies in Term Three were an opportunity for the Year 12 Music class to showcase a HSC piece. Angel Geering – vocal solo, Jackson Taylor guitar solo and Tyson Brazier performed a fantastic Heavy Metal drum piece. The class then backed up this performance at the Year 12 Graduation assembly with a class piece, a vocal duet with Luke and Charlene.
- Congrats to 8R Music class who completed fantastic Rock Music assignments in Term 3. The entire task was completed digitally with everyone uploading them for viewing before being marked digitally. The class has moved onto a Project Based Learning Collaborative task and in their selected groups are currently putting together their own bands, including looking at merchandising, promotions, contracts, careers and song writing. As part of this task they are making connections with people and businesses working within the Music Industry including a local female singer songwriter who has written and recorded albums in Nashville in Tennessee with Gina Jefferies and a sound and lighting company who works all over the Hunter, Central Coast and Sydney including the big concerts at the vineyards.

These are just a few of the activities in CAPA. This does not include all the classroom Drama, Music, Visual Design, Visual Arts and Photography programs that are running as well.

Ms Hornery
Head Teacher CAPA

PEER SUPPORT TRAINING

Peer Support training was conducted for two days last week at the Rutherford Community Centre. The Peer Support program is a peer led, skills based learning program that empowers young people to support each other and contribute positively to society. The Peer Support program will provide our new incoming year 7 students with a supportive learning environment in which to develop the skills, understandings, attitudes and strategies to improve their transition to high school. Many of the activities in the training have helped the Year 10 students develop key skills in resilience, assertiveness, decision making, problem solving and leadership. Congratulations to the Year 10 students who have volunteered to be Peer Support leaders. They are very excited to work with the students in Year 7 2019.

Louise Smailes
HT Wellbeing



YEAR 8 REPORT

We're halfway through the final term of 2018! It's already been a busy but exciting term for year 8, with lots more activities to look forward to as the end of the year draws near. And the countdown to Christmas begins!

At the moment, year 8 are busily working on their final assessment tasks for the year. They're only 6 more weeks from completing their Stage 4 education and moving becoming year 9 students in stage 5! If students are having any difficulty completing an assessment task, I encourage them to seek help from their teacher at recess or lunch in the relevant faculty staffroom. Our homework club is also open on a Wednesday until 4.30, where students can receive extra assistance to complete any tasks they need help with.

This term year 8 were lucky enough to enjoy a performance by Brainstorm Productions as part of our Wellbeing programs. This fantastic performance addressed cyber bullying and encouraged students to build respect, empathy and resilience. Our students responded so positively to the experience, both engaged and entertained.



A huge congratulations to our Stage 4 GATS team who were involved in the filming of Friday our Stage 4 GATS classes were involved in the filming of our winning Waste Ops Team storyboard. We had Lily Stafford (7) and Lucy Smith (7) starring as Leia and Gandalf, Anjali Rao (7) as script supervisor and Lili Botfield (8) and Ella Crockett (8) as costume and prop managers. The girls did such a fabulous job, and had a lot of fun, keeping the film team thoroughly entertained! It was a great opportunity to see their ideas come to life, and learn a lot about the technical side of filming.

Congratulations also to our many year 8 students who participated in the Australian Mathematics Competition and received their certificates at assembly.



We're very excited to take year 8 on their end-of-year reward excursion to see 'The Grinch' at Reading Cinema. What a great way to get in the mood for Christmas! The students will travel by bus from school to the cinema, and then enjoy some pizza for lunch in Maitland park afterwards. The excursion is on Tuesday December 4th, and the cost is \$20, payable to the front office with the permission note. Parents and Guardians will receive the official note home very soon. The excursion is open to the first 100 students who return their note and money, so be sure not to miss out! A friendly reminder that students will need to wear their full school uniform on the day and those students who don't attend will be expected to be at school, attending classes as per a normal school day.

In honour of our school's focus on kindness this month, here a final thought for year 8 students, who have most definitely risen to the challenge and shown kindness to fellow students and teachers:

"Kindness if free, sprinkle that stuff everywhere."

YEAR 9 NEWS

Term 4 is in full swing, and Year 9 have had so much happen already and started the term off on a good note. In week one, Year 9 completed the REACH workshop where students were invited to watch and participate in the activities for the day. Students participated in activities where they got to learn and understand more about their peers. Students also practiced their communication skills. Year 9 were given the opportunity to run for Sports Captains, out of the wonderful selection of students in the running, the school voted for William Regan and Morgan Keys, who are both very deserving of the role and the responsibilities that come with it.

In week 4, ten wonderful students participated in the training run by Ms. Grant and Ms. Scott to become peer mediators in 2019. The students learnt how to have conversations with students in conflict, and to help younger students come to an agreed solution to help resolve the situation.

Some lucky Year 9 students received permission notes to attend the attendance excursion with students from other year groups. This reward excursion is for students who have achieved excellent attendance levels this year. Congratulations to these students, a fantastic effort!

During week 4 Year 9 will also be completing some of their final assessment tasks and exams for the term. We want to wish Year 9 all the best with these tasks and hope they are demonstrating commitment to their learning.

Ms. Grant
Year 9 Advisor

Ms. Scott
Assistant Year 9 Advisor



YEAR 9 PEER MEDIATORS IN TRAINING.

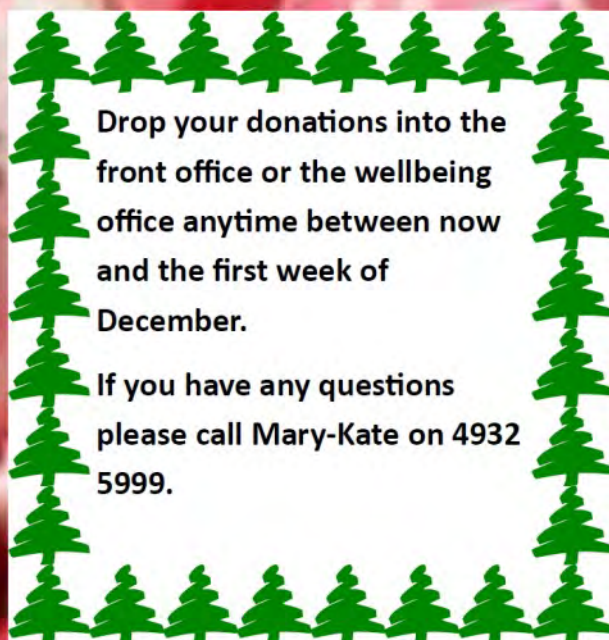


RTHS is working with the Maitland Neighbourhood Centre to make Christmas a special time for everyone!

The SRC will be collecting non-perishable items, luxury treats or a gift for a child (all ages needed). Donations will be included in hampers and distributed to families in need within our community.

This year we can work together to make sure every family has a

Merry Christmas!



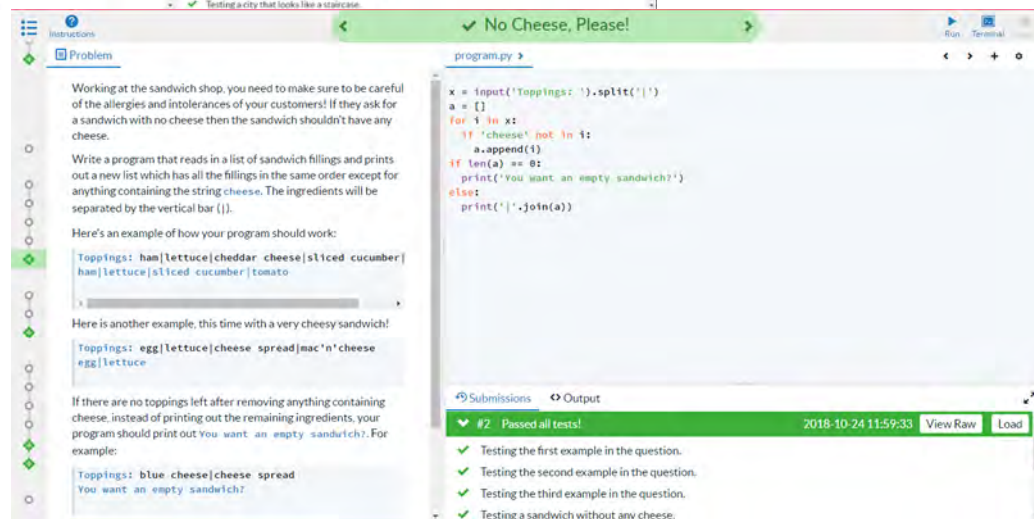
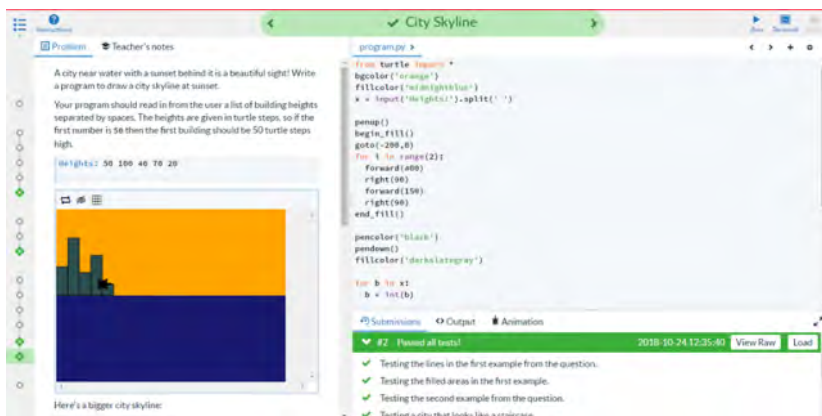
Drop your donations into the front office or the wellbeing office anytime between now and the first week of December.

If you have any questions please call Mary-Kate on 4932 5999.



Coding Like Crazy in ICT

Semester 2 2018 has been all about text-based coding! The ICT staff have been teaching coding to students using the GROK coding platform. This website is a structured coding interface that allows students to type in their programs and see the results instantly! Year Seven and Eight students have developed code to create complex drawings, use loops to cycle through choices, ask questions and print the answers. GROK coding is a free platform that has great benefits with the upcoming push to have Stage four students complete text-based coding! **Accounts are also free for teachers!** Students are rewarded with certificates for every course that they complete! Both students and the school can benefit from the completion of courses, with competitions run monthly and rewards being received for both student and teacher sign-up and achievement certificates being handed out after each competition. Such rewards include Arduino Thinker-shields to bring our coding to life using real micro-controllers! **Brady Cooper and Peter Short: ICT Teachers**



WIN A BBC MICRO:BIT CLASSROOM PACK!



Tuning in to Teens

Emotionally Intelligent Parenting

A six-session parenting program
for parents of adolescents aged 12-18years

Where: Rutherford Technology High School
Avery St, Rutherford

When: 5.30PM - 7.30pm Thursday evenings

Beginning 25th October to November 29th

Call Mary-Kate on 4932 5999 or email Mary.ferguson13@det.nsw.edu.au to register your interest. This program will be co-facilitated by Samaritans Adolescent and Family Counsellor, Natalie Mitchell.



Assisting you to learn how to:

- be better at talking with your teen
- be better at understanding your teen
- help your teen learn to manage their emotions
- help to prevent behaviour problems in your teen
- teach your teen to deal with conflict



Tuning in to Teens shows you how to help your teen develop *emotional intelligence*.

Adolescents with higher emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse
- have more stable and satisfying relationships as adults
- have greater career success
- Emotional intelligence may be a better predictor of academic and career success than IQ.

You must register to attend the course as spaces are limited. This program is provided free to any parents residing in the Maitland community.





RUTHERFORD TECHNOLOGY HIGH SCHOOL **YEAR 6 – 7** **TRANSITION**



High School Transition – Orientation Day

On Tuesday 4th December students will participate in peer support activities and attend some classes. Please wear your primary school uniform and bring your school bag with pencil case, hat, recess and water bottle. A BBQ lunch will be provided.

Parents/carers will need to transport their student/s to and from RTHS unless your primary school has made other arrangements. Your primary school will provide you with additional information in this case.

Parent Information Evening

Monday

3rd December, 2018

RTHS School Hall

Commences 6:00 pm

(GATS class meeting at 5:00 pm)

**Office and uniform shop
will be open.**

**A sausage sizzle will be
provided from
4:00pm – 6:00pm**

Orientation Day

Tuesday 4th

December, 2018

RTHS School Hall

9:15am – 2:20pm

**RUTHERFORD TECHNOLOGY HIGH
SCHOOL**

Respect Responsibility Commitment

30 Avery St. Rutherford 2320

Phone: 49325999

Fax: 49328166

Email: rutherford-h.school@det.nsw.edu.au

Website: <https://rutherford-h.schools.nsw.gov.au>



Strength in numbers



An eight week program for young people aged 12 - 18 years with addictive behaviours.

headspace Maitland and Wesley Mission are providing an eight week program dedicated to young people to assist any problematic behaviours, including addiction to drugs, alcohol, cigarettes and others.

Guided by trained peers and professionals, participants come to help themselves and help each other using a variety of cognitive behaviour therapy and motivational tools and techniques. These include goal setting, learning about your triggers, beliefs and consequences, as well as the pros and cons of problematic behaviours.

When

3pm—4pm Thursday afternoons
November 1—December 20

Where

headspace Maitland
73 Elgin Street Maitland

Contact

Call Brad on (02)49 311 000, email us on headspacemaitland@samaritans.org.au or register at the reception.



What to expect from the program:

- Weekly meetings that are 60 minutes in duration.
- Run by a trained facilitator.
- Focus is on the addictive behaviour and not on the substance itself.
- Goal setting: Set your own achievable plan for the week ahead.
- Concentrate on present and future, not on the past (no life stories!).
- Evidence based tools and techniques such as cognitive behavioural therapy and motivational interviewing.



Maitland Family Support presents



Keeping Children Safe

This **Free** information & awareness program is designed to help parents & carers understand how abuse and neglect affects children and what they can do to prevent it!

Where: Woodberry Family Centre
11-13 Lawson Ave Woodberry, NSW, 2322
(*Opposite Francis Greenway High School*)

When: Tuesday 13th November &
Wednesday 14th November 2018

Time: 9.15am to 2.45pm

Cost: Free

To enquire or register your interest
in attending this group please ring

49 140 444

Bookings essential

TERM 4: WEEK 3 ASSEMBLY – VET/LOTE FACULTY PBL AWARDS

Melany Bronner	Pleasing Progress in Business Services
Josh Brown	Impressive Overall Achievement in Sports Coaching
Josh Brown	Impressive Overall Achievement in Metals & Engineering
Keeleigh-Shae Chiodi	Excellent Exam Result in Hospitality
Abby Collyer	Outstanding Improvement in Retail Services
Blayd Duncan	Working Consistently in all Construction Lessons
Emily Hamer	Outstanding Improvement in Retail Services
Taylah Hartfield	Always Working to the Best of her Ability in LOTE
Peter Perry	Outstanding Effort & Achievement in all Areas of LOTE
Nicole Vincent	Outstanding Book Work in LOTE
Skye Woods	Excellent Effort in Hospitality Work Placement





Paul Wade Coaching Course

23 October 2018



DO YOU
KNOW A
TEENAGER
WHO NEEDS
A JOB?



NAIL IT don't FAIL IT

Don't be an Epic Job Failure. Get the job you want.

We have interviewed over 600 teens and can tell you the secret to getting that job.

1 hour FREE event that will change your life and you could **win a free iphone***
Valued at over \$1500.



Tuesday 4th December 2018, 6 - 7.30pm, East Maitland Bowling Club

Tickets available from Sticky Tickets <https://www.stickytickets.com.au/78331>

or email Shane at shanepunton@bigpond.com

Seats are limited, bring a friend and don't miss out

*Game of skill, deserving iphone winner will be chosen at event.



The uniform shop will close on the Thursday 13th December and will reopen on Tuesday 22nd January 2019.

Rutherford High School

Uniform Shop Special Opening Hours

2018 - 2019



December 2018

Monday	3rd. December	4:00PM - 8:00PM
Tuesday	4th. December	8:00AM - 2:30PM

January 2019

Tuesday	22nd. January	9:00AM - 4:00PM
Wednesday	23rd. January	8:00AM - 4:00PM
Thursday	24th. January	8:00AM - 4:00PM
Friday	25th. January	8:00AM - 4:00PM
Monday	28th. January	CLOSED
Tuesday	29th. January	8:00AM - 4:00PM
Wednesday	30th. January	8:00PM - 12:00PM
Thursday	31st. January	8:00PM - 12:00PM

THEN EVERY TUESDAY:

8:00am - 12:00pm

THURSDAY:

8:00am - 12:00pm

SHOP CLOSED 28th Jan 2019. Normal shop hours resume Thursday 31st January 2019

Uniform shop contact: Kylie 0478920262 during shop hours

Purchase Online: daylightsportswear.com/rutherford

PRICE LIST / ORDER FORM ON THE BACK

MASTERCARD VISA EFTPOS NOW AVAILABLE. AMEX, DINNERS OR CHEQUES NOT ACCEPTED. NO LAYBY.



Daylight Sportswear Pty Ltd

ABN 76 069 733 455

6 - 8 Lone Pine Pl, Smeaton Grange NSW 2567

Tel: (02) 4648 1066 Fax: (02) 4647 0143

Email: daylight@daylightcorp.com

Rutherford High School UNIFORM SHOP

Price List

NAME: _____ YEAR: _____ DATE: _____ REC# _____

ITEM		<u>PRICE</u>	<u>SIZE</u>	<u>QTY</u>	<u>TOTAL</u> INCL GST
Girls	JNR Blouse Sky	28.00			
	SNR Blouse Lemon	28.00			
	JNR/SNR Girls Shorts	35.00			
	JNR Skirt	48.50			
	SNR Skirt	48.50			
	Bootleg Slacks	39.00			
Boys	JNR/SNR Boys Shorts	35.00			
	Unisex Everyday Shorts	35.00			
	JNR/SNR Trousers	39.00			
	Black Trousers Elastic Waist	39.00			
Unisex	Fleecy Jacket	40.00			
	JNR Polo	29.00			
	SNR Polo	29.00			
Knitwear	Jumper	72.00			
Sports	Jacket	65.00			
	Sports Shorts Std	25.00			
	Trackpant	38.00			
	Sports Polo	35.00			
Accessory	Scarf	20.00			
	White Sock Short Cut x 5	20.00			

SHOP CLOSED 28th Jan 2019. Normal shop hours resume Thursday 31st January 2019

Uniform shop contact: Kylie 0478920262 during shop hours

Purchase Online: daylightsportswear.com/rutherford

MASTERCARD VISA EFTPOS NOW AVAILABLE, CHEQUES NOT ACCEPTED. NO LAYBY.



School, exams, friends, sport, life - tips to take on them all!

Sometimes life throws you curve balls and it's hard to know where to turn. In times of stress, these simple techniques are guaranteed to help bring you back to balance.

- How's your food and sleep? Sounds simple but, some healthy nourishment and a good night's sleep will always make you feel better
- Take a deep breath, breathe it out and repeat. This simple exercise that you can do anywhere, any time, reduces the cortisol in your body and helps replace it with the happy hormones (especially good right before an exam!)
- What's your favourite place in the world? The beach, your friend's back yard pool? Close your eyes for 5 minutes and take yourself there and imagine all the sights and sounds that make it the best place to be. Feel better?!
- Be prepared. Obvious right? But, we often spend time worrying instead of preparing. No matter the situation, an exam, an assessment, an interview, a new job, block out some time to prepare and you'll instantly stop worrying because you've filled your brain with knowledge
- Hang out with your family, no seriously! Get together at dinner, talk about the day, have some banter and remind yourself that these guys have your back
- Get into your flow. Whether you're the sporty, arty, crafty or musical type. What's that thing that takes you somewhere else? The mental distraction and physical distraction helps clear your mind and promotes a better night's sleep
- If you're struggling with something please talk to a trusted adult, whether that's a parent, teacher, family member or friend. Even if you think it's not their area of expertise they'll know how to help

Interrelate supports more than 90000 children and families and over 1200 schools with services to aid good mental health and the development of healthy and respectful relationships. Find out more at www.interrelate.org.au



COLLECTING STUDENTS FROM SCHOOL EARLY

We appreciate and understand that Parents/Carers at times need to collect their child (or children) during class time or earlier than the end of the normal school day. We would like to remind parents/carers of the school procedures in this regard.

We advise Parents/Carers if they need to collect their child then it should be pre-arranged. A hand written note is to be sent with the child detailing the reason for early departure and the time, or alternatively an email can be sent, with the same information, to the school email address:

rutherford-h.school@det.nsw.edu.au

- If a parent/carer arrives to collect their child and it has not been pre-arranged, please be aware that it will take at least 15 minutes to have the student located and removed from class, which means the person collecting will have to wait in the front foyer.
- If a parent/carer contacts the school via telephone to inform that they will be collecting their child at a particular time they will be advised that this will not occur until they have actually arrived at the school and again it will take at least 15 minutes before the child will be at the front foyer. This is necessary protocol as the school has experienced situations where parents/carers do not arrive to collect the student at the specified time.
- The front office staff will not locate and remove students from class for collection from 3:00pm onwards unless in the case of an emergency.
- As you would be aware, disruptions to the classroom affects student's valuable learning time and these procedures are in place to minimise this occurring.
- In the case of an emergency, the school has alternative procedures in place.
- If you have any further questions, please do not hesitate to contact our School Administration Manager.

Thank you for your understanding and cooperation regarding this matter.

ABORIGINAL & TORRES STRAIT ISLANDER ASSESSMENT SUPPORT AT SCHOOL.

Assessment/Assignment support is now available in the Ab Ed room at the following times:

Monday: Recess

Tuesday: Recess & Lunch

Wednesday: Recess

Thursday: Lunch

Friday: Recess

If you have any assignments/work you need to catch up on such as N Awards or if you would just like some extra assistance with work. Please come and see myself, Aunty Barb or Derek. We are located on the top of A block in the Ab Ed room just down from the Senior Study and the Learning Common.

Matthew Marselos

Learning and Support Teacher



Evolution Hair Co. have continued their relationship with the students and staff at Rutherford Technology High School and in doing so are pleased to announce their four special formal packages for 2018 – to make a booking or for any enquiries please contact their friendly staff on 0458 492 700

Formal Hair Packages

1

Upstyle Only \$80

Upstyle of your choice

2

Upstyle & Spray tan \$99

Upstyle and your choice of Moroccan, St.Tropez or Fit tan.

3

Upstyle & makeup \$150

Your choice of up style and full face makeup incl. lashes

4

Upstyle, Spraytan & makeup \$170

Upstyle, Your choice of spray tan, full face makeup incl. lashes.

Add a Brow Wax to any package for only \$10

Evolution Hair Co.

Phone: 0458 492 700
Email: evolutionhairco@hotmail.com
Location: 2 Hunter Street, Maitland
(off street parking available)



RTHS

HOMework

CENTRE



OUR TRAINED STAFF ARE HERE TO HELP YOU!!

**WE CAN HELP YOU
WITH:**


- Homework
- Assessment Tasks
- N-Awards
- Catching up on missed work



WEDNESDAYS
3:25-4:00 PM
LIBRARY



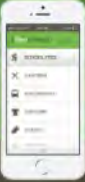
Refreshments provided



**Available
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Removes paper orders and cash
FREE Registration

Rutherford Technology High School Canteen has
'Flexischools' for Online Ordering!



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Programs and Services

600,000+
Online Orders

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Active Students

The cash free way to pay.

Our school now has Flexischools online ordering.
It's the fast and secure way to order and pay for all
school services.

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Save time.
Order online.

Take advantage of this convenient new service. Go to www.flexischools.com.au and click register.

Flexischools allows parents, students and staff to place and pay for orders from home, work or school at any time via their mobile, tablet or computer.

As well as being convenient for parents, the online orders are much faster and easier for the school canteen to process – so it makes everyone's life a little easier!

Flexischools is well established, operating in over 1,000 schools across Australia and having processed over 25 million orders.

How to Register:


1. Register for Flexischools by visiting www.flexischools.com.au. Add your student, their school and class/year to get started.
2. Top-up your account via Visa, Mastercard, PayPal or Direct Deposit.
3. Make an order by selecting from the range of options available and proceed to make payment for the order listed in your order pad.

What Does it Cost?

Online Ordering Fees: \$0.29 per canteen order

Account Top-ups: Direct Deposit – FREE
(2-3 days to become available in your Flexischools account)
 Visa / Mastercard / PayPal – Surcharge of 15c + 1% of your top up value
(immediately available on your Flexischools account)

Need assistance registering, topping up your account or placing orders, please call the Customer Service Team at Flexischools on 1300 361 769.





Where:

Rutherford Technology High School Canteen

When:

As often as you can, part or full day!

Hours:

9:00am till 3:00pm
(or any part of the day you can manage)

Experience:

Not necessary – everything you need to know can be learnt within a short space of time

Salary:

Plenty of tea and coffee (or juice) and the best of all friendship

Bonus:

Your child/children are happy to see you in their school. You get to meet new people and make good friends within the school community!

Applications close:

NEVER 😊



CANTEEN ROSTER

Monday	12th November	<i>Volunteer needed</i>
Tuesday	13th November	Shelly Sinclair
Wednesday	14th November	Shelly Sinclair
Thursday	15th November	Shelly Sinclair
Friday	16th November	<i>Volunteer Needed</i>
Monday	19th November	<i>Volunteer Needed</i>
Tuesday	20th November	Shelly Sinclair
Wednesday	21st November	Shelly Sinclair
Thursday	22nd November	Shelly Sinclair
Friday	23rd November	D Jones

CANTEEN UPDATE

As previously advised, Rutherford Technology High School Canteen now has EFTPOS but we were limited to what cards we could accept.



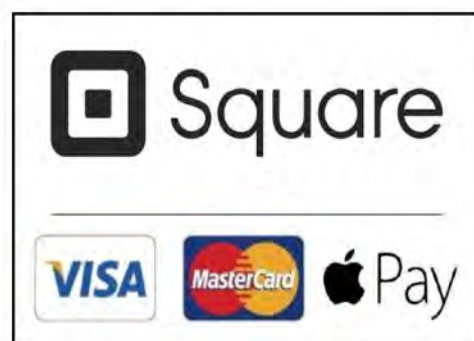
We are pleased to now inform our school community that the software provider has released earlier than anticipated an update which will now allow us to accept EFTPOS Chip Cards.

Therefore the cards we can accept now are:

- Visa Debit
- MasterCard Debit
- Credit Card
- EFTPOS Chip Card
- Apple Pay
- Mobile Payments

Our canteen still has Flexischools and a reminder if you are ordering via Flexischools your order MUST be in by 9:00am. *Don't forget, if you are ordering pies or sausage rolls, they can only be ordered for 'Break 1'.*

In accordance with Healthy School Canteens, pies and sausages rolls can only be sold at what they deem to be 'lunch time'. Due to the time of our school recess and lunch breaks we have reversed the names of the breaks but also renamed them. Our breaks are now: **'Break 1'** (which is lunch) and **'Break 2'** (which is recess).



IMPROVING LITERACY AND NUMERACY

ADVICE FOR PARENTS OF YEAR 10 STUDENTS

February 2018 update

A **minimum standard** of literacy and numeracy is required for your child to receive their Higher School Certificate (HSC).



Meeting the HSC minimum standard will mean that your child has the literacy and numeracy skills that are essential for success in learning and life after school.

THE ONLINE TESTS

Most students will show they have met the HSC minimum standard by passing minimum standard online tests. Students master basic skills at different stages so there are **multiple opportunities** available to pass the tests, from Year 10 until a few years after Year 12.



There are three 45-minute online tests:

- ✓ a multiple choice **reading** test
- ✓ a multiple choice **numeracy** test
- ✓ a short **writing** test based on a choice between a visual or written prompt

2017 NAPLAN TESTS

If your child achieved Band 8s or above in one or more of the 2017 Year 9 NAPLAN tests they are recognised as having met the HSC minimum standard in that area/s and will not need to sit the corresponding online test/s.

TEST DATES

Students will have two opportunities a year, from Year 10 until a few years after Year 12, to pass each online test.



The online test dates (school days only) for 2018 are:

- Term 1: 19 February to 23 March 2018
- Term 2: 21 May to 22 June 2018
- Term 3: 13 August to 14 September 2018
- Term 4: 5 November to 7 December 2018

WHAT TO EXPECT?

To help your child understand what to expect in the online tests, they are encouraged to visit educationstandards.nesa.nsw.edu.au/HSCminimumstandard to:

- ✓ try demonstration questions to get a feel for the test format
- ✓ view sample test questions and answers online

Your child's school may also organise short practice tests.



STUDENTS WITH DISABILITIES

Some students with disabilities will be eligible for extra provisions for the minimum standard online tests, or an exemption from the HSC minimum standard requirement.

Students are encouraged to talk to their teachers to determine whether they are eligible for provisions. A Disability Provisions, Exemptions and Appeals policy, which contains further information, is available on the NESA website.

MORE INFORMATION

Contact your child's school principal for more detailed information about the HSC minimum standard or visit the NESA website:

educationstandards.nesa.nsw.edu.au/HSCminimumstandard

STAY UP TO DATE

NSW Education Standards Authority



educationstandards.nsw.edu.au/HSCminimumstandard



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27 JOHN STREET, RUTHERFORD

*Just Off Hwy Opposite
Telarah Railway Station.*



Harvey Norman
Maitland



The staff and students who are involved in the Breakfast Club would like to acknowledge the generosity of 'Bakers Delight' at Rutherford who now provide us with bread. There are many local businesses who donate their time, service or products to our school. We express our appreciation and hope our school community can reciprocate.

Rutherford Technology High School has an Official Facebook Page – just go to Facebook and look for "Rutherford Technology High School NSW Official Site" and click on "Like".



We will be using the Facebook page to keep everyone informed about events at the school, important dates for your diary, and general information about the school.

Link: <http://www.facebook.com/RutherfordTechnologyHighSchool>



RUTHERFORD TECHNOLOGY HIGH SCHOOL 2018 CANTEEN MENU



Everyday Food, Occasional Food

SANDWICHES, ROLLS & WRAPS:

Sandwiches:	
-Vegemite	\$3.00
-Egg & Lettuce	\$4.00
-Curried Egg	\$3.60
-Cheese & Tomato	\$3.00
-Ham, Cheese & Tomato	\$3.60
-Salad	\$4.00
-Chicken Salad	\$4.50
Rolls:	
-Salad Roll	\$5.00
-Ham Salad Roll	\$5.50
-Chicken Salad Roll	\$5.50
Wraps:	
-Salad Wrap	\$5.00
-Chicken Salad Wrap	\$5.50
-Ham Salad Wrap	\$5.50
-Caesar Salad Wrap	\$5.00
-Chicken Caesar Wrap	\$5.50

EXTRAS:

-Extra Fillings	\$0.40
-Butter/Mayo/Mustard	\$0.20
-Bread Roll	\$0.90
-Toasting	\$0.50

SAUCES:

-Tomato/BBQ/Sweet & Sour	\$0.40
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SALADS:

Salad Box:	
-Small	\$3.50
-Medium	\$5.00
-Large	\$6.50
Chicken Salad Box:	
-Small	\$4.00
-Medium	\$5.50
-Large	\$6.50
Caesar Salad Box:	
-Small	\$3.50
-Medium	\$5.00
-Large	\$6.50
Chicken Caesar Salad Box:	
-Small	\$4.00
-Medium	\$5.50
-Large	\$6.50
Medium Zucchini Box	\$5.50
Medium Frittata Box	\$5.50

ICE CREAMS:

-Juice Ice Blocks	\$1.00
-Vanilla Buckets	\$1.50
-Frozen Blizzard	\$2.00
-Frozen Yoghurt	\$2.00

DRINKS:

Water:	
-350mL	\$1.00
-600mL	\$2.00
Juice-250mL:	
-Orange	\$2.50
-Apple	\$2.50
-Apple Blackcurrent	\$2.50
ChilliJ Drinks-250mL:	
-Watermelon	\$2.00
-Raspberry	\$2.00
-Blackcurrent	\$2.00
Chill Sparkling Water-500mL:	
-Lemonade	\$3.50
-Black Raspberry	\$3.50
-Raspberry Lemonade	\$3.50
-Orange/Mango	\$3.50
-Lemon/Lime	\$3.50
Milk-300mL:	
-Chocolate	\$2.50
-Strawberry	\$2.50
-Iced Coffee	\$2.50
Milk-500mL:	
-Chocolate	\$3.50
-Strawberry	\$3.50
-Iced Coffee	\$3.50
Plain Milk-600mL	\$2.50

HOT FOOD:

Chicken Burger	\$4.50
Chicken Burger Salad	\$5.00
Cheese Burger	\$4.50
Cheese Burger Salad	\$5.00
Chicken Gravy Roll	\$4.50
Rissole & Gravy Roll	\$4.50
Hot Cheese Roll	\$3.50
Garlic Bread	\$1.30
Plain Pie LUNCH ONLY	\$3.30
Cheese & Bacon Pie LUNCH ONLY	\$3.60
Sausage Roll LUNCH ONLY	\$3.00
Chicken Chippies (6)	\$3.50
Chicken Nuggets (6)	\$3.50

SNACKS:

-Freshly Cut Watermelon	\$3.00
-Freshly Made Fruit Salad	\$3.00
-Yoghurt	\$3.00
-Fresh Fruit & Yoghurt	\$3.00
-Hommus with Carrot & Celery Sticks	\$2.00
Deli Rock Chips:	
-Sea Salt	\$1.00
-Honey Soy Chicken	\$1.00

DAILY SPECIAL:

Monday, Wednesday & Friday:	
Nachos	\$4.50
Tuesday & Thursday:	
Lasagne	\$4.50

Canteen is open before school from 8:15am and at Recess & Lunch

Volunteers are always needed—please contact the school

on 4932 5999 to find out more!

RTHS Canteen is operated by the P&C with one paid supervisor assisted by volunteers. All profits from the canteen are returned to the school to benefit the students.



flexischools