

RUTHERFORD TECHNOLOGY HIGH SCHOOL NEWSLETTER



8th September 2017

Email: rutherford-h.school@det.nsw.edu.au

www.rutherfordhs.nsw.edu.au

Telephone: 4932 5999

Fax: 4932 8166

IMPORTANT DATES TO REMEMBER

11 September - Yr 12
Textiles Excursion
12 September - Skills Road
Show (Library)
13 September - Rugby
League Lakeside
13 September - Plan It
Youth
14 September - R U OK
Day
19 September - Yr 12
Taronga Zoo Excursion
19 September - Cattle
Judging at TOCAL
19 September - Girls Rugby
League
19 September - P & C
Meeting
20 September - Plan It
Youth
20 September - Sports
Assembly
21 September - Yr 12
Breakfast & Farewell
Assembly

OFFICE OPENING HOURS

Please be aware the office is open Monday to Friday between 8:00am and 4:00pm. Outside office hours a message may be left on the school answering machine. Parents and caregivers are reminded an appointment is necessary before meeting with teachers as they have class, playground duty and other commitments during the school day.

**P & C
Meeting**

The next P&C meeting will be held on the 19th September at 6:00pm in the interview room at the Front Office. All welcome to attend.

**RESPECT
RESPONSIBILITY
COMMITMENT**

SASS RECOGNITION WEEK

School Administration & Support Staff are an integral part of the day to day running of a school. Here at Rutherford Technology High School we are very lucky to have a dedicated and hardworking group of SASS that assist our teachers, head teachers, senior executives and most important of all, our students. This week we personally thanked them at a full school assembly and presented them with certificates of appreciation. Each and every one of them brings something of value to enhance the school environment in which they work. Well done, thank you, and know that you are an important part of our school.



6 6 * *
thankyou

A reminder to parents that if your child is unwell whilst they are at school there is a procedure that must be followed. The student needs to ask their teacher for a yellow note to go to the front office. Once they present at student services a phone call shall be made to the relevant parent/carer to come and collect the student. At no time should students be calling home from their mobile phones to be picked up from school. Following the established rules avoids parents arriving at the front office and having to wait for an extended period of time while their child is sent for from their classroom.

Thank you for your understanding of this important issue.

SENIOR EXECUTIVE REPORT

PARENTS INTERESTED IN BEING PART OF THE STRATEGIC PLANNING TEAM

We need more parents who would like to be part of the team constructing our strategic plan together for 2018-2020. The team meets every second Monday from 3.30 pm till 4.30 pm. The next meeting is Monday 11 September. Please call Mike Whiting if you are interested.

MAITLAND LOCAL AECG PATHWAYS AWARDS

Rutherford Technology High School hosted the Maitland Local Aboriginal Education Consultative Group Pathway awards on Wednesday 30 August. The night recognised outstanding achievements of Aboriginal students across Maitland schools and celebrated all Aboriginal students completing Year 12 this year. The RTHS hospitality students and staff did a great job catering for the evening.

TELL THEM FROM ME PARENT SURVEY

Thanks to all parents who have already completed this vital survey. If you are yet to complete please see information below.

You are invited to participate in the *Tell Them From Me (TTFM)* Partners in Learning survey, designed for parents and carers. This survey complements the TTFM student and teacher surveys, which focus on student engagement, wellbeing and effective teaching practices. All Department of Education schools have the opportunity to participate if they choose.

Why should I participate?

Parents and carers are an important and valued part of the school community. Schools will be able to use the survey feedback to make practical improvements and inform their school plan.

What does it involve?

This online survey takes about 15 minutes to complete. It is anonymous, and voluntary. If you have more than one child at this school, and feel that your children's experiences differ, you can complete the survey more than once.

How can I participate?

You can access the survey in your own time, between 21 August and 13 October 2017.

Follow the link below on your computer, tablet or smartphone:

<https://nsw.tellthemfromme.com/rths2017>

The survey is available in English, Arabic and Chinese (Traditional). After clicking on the link above, parents will have the option to choose their language. More information on the Partners in Learning survey can be found on the NSW Department of Education's TTFM website:

<http://surveys.cese.nsw.gov.au/>

If you have any questions please contact Simone Hughes Deputy Principal

SCHOOLS OF THE FUTURE

This ambitious initiative not only is codifying new practices and scaling impactful approaches but also is building capacity with Newcastle High school our partnership school. Our staff have just returned from Workshop 2 that highlighted the system of possibilities and future focused practices.

YEAR 11 PRELIMINARY HSC EXAMS

Year 11 start their Yearly exams in the hall on Monday 11 September. The exams will run all week.

YEAR 10 SCIENCE VALID TESTING

All Year 10 Science students have just undertaken state-wide online VALID testing to gauge where they are in their Science competencies.

NAPLAN ONLINE TRIAL

All Year 7 and 9 students have recently undertaken trial online NAPLAN tests in preparation for NAPLAN testing to go fully online in 2018.

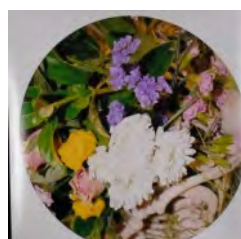
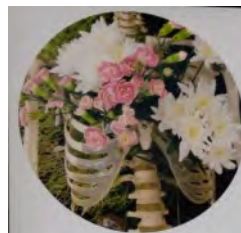
VIVO CELEBRATION ASSEMBLY Students were recognised for their positive behaviours and actions over Term 3 on Tuesday 5 September when we held our VIVO celebration assemblies. Photos of the assembly are found on Page 6.

HSC PRACTICAL EXAMINATIONS

Students undertook their HSC Drama practical exams on Thursday 31 August. From all accounts, they acquitted themselves very well, despite sickness ravaging the camp. Music students undertake their practical exams on Friday 15 September and we wish them the best of luck.

VISUAL ARTS AND INDUSTRIAL TECHNOLOGY –TIMBER

Students had an open evening displaying their work on Tuesday 29 August and this was very successful displaying some very talented work.



YEAR 12

In the last week of Term 3, Year 12 will be involved in a number of activities, culminating in their farewell breakfast and assembly on Thursday 21 September.

- On Tuesday 19 September they will travel to Taronga Zoo for a Reward Excursion.
- The school will host students and parents/carers to a Year 12 Breakfast starting at 8am on 21 September, this will be followed by an official Farewell Assembly commencing at 9.15am.
- HSC starts Monday 16 October through to Friday 10 November 2017.
- The Year 12 Formal at Crowne Plaza Hunter Valley will be held Thursday 16 November 2017.

I would like to wish all of our Year 12 students the very best for their coming HSC examinations and future endeavours.

Michael Whiting
Principal

MATHEMATICS COMPETITION REPORT 2017

Students from Rutherford Technology High School entered into two Mathematics Competitions:

The Mathematics Challenge for Young Australians
The Australian Mathematics Competition



The Mathematics Challenge for Young Australians was held from March to June.

Our students were given six problems to solve and were allocated three weeks to hand in their solutions.

Ten students in total, two from each year from Year 8 & Year 9 and three from each year from Year 7 & Year 10, attempted these problems. The Year 7 & Year 8 students entered the Junior Section, while Year 9 & Year 10 students entered the Intermediate Section. Our students worked well over the three weeks, and were all awarded certificates of Participation, except for Taylah McCarthy from Year 7, who achieved a higher award of a Credit Certificate. The entries of Taylah and two other students (Leeza Goyal of Year 7 and Mikayla Nisbet-Gore of Year 10) were of a particularly high standard. The remaining eight students: Lili Botfield, Kaitlin Parish, Rohan Baker-Wade, Natalie Jones, Phoebe Quilty, Monique Jones and Phoenix-Zara Whitby all put in a lot of effort.

The Australian Mathematics Competition saw a decrease in entries from recent years, with forty eight students from all years sitting for the seventy five minute test in August. This test consists of 25 multiple choice questions in three difficulty sections, plus 5 questions without given answers (also quite difficult). It is very prestigious, with over half a million students around Australia doing the test at the same time. One of our students, Alec Stafford from Year 7, received a Distinction Award, Joshua See & Taylah McCarthy also from Year 7, Mikayla Nisbet-Gore & Phoenix-Zara Whitby from Year 10 and Kaylle Cuthbertson from Year 11 all received a Credit Award. There was twenty four students who received Proficiency Awards and eighteen were given Participation Certificates.

Competitions such as these are good for our students, allowing them to see their achievements in a larger cohort, in a regional and national setting. We anticipate entering these competitions again in 2018. I have enjoyed coordinating these, and other Mathematics Competitions, since 1989, the year I started teaching at Rutherford Technology High School. It is fun seeing students taking on an intellectual challenge!

David Carratt
Competition Coordinator

Tell Them From Me: **Parent survey**



You're invited to participate in the *Tell Them From Me (TTFM)* Partners in Learning survey, designed for parents and carers. This survey complements the TTFM student and teacher surveys, which focus on student engagement, wellbeing and effective teaching practices. All Department of Education schools have the opportunity to participate if they choose.

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If you have any questions please contact Simone Hughes Deputy Principal

RESPECT

RESPONSIBILITY

COMMITMENT



5 September
2017





List of Students that received Vivo Awards for Term 3: 2017 – Well Done!

Year 7

Jhett Hemmings	<i>Respect</i>
Jason Foote	<i>Respect</i>
Kaleb Bailey	<i>Respect</i>
Oliva Roser	<i>Respect</i>
Jayden Harrigam	<i>Respect</i>
Jason Foote	<i>Responsibility</i>
Natasha Germon	<i>Responsibility</i>
Tanneka Goff	<i>Responsibility</i>
Tyson Anderson	<i>Responsibility</i>
Marnie Kemsley	<i>Responsibility</i>
Chelsea Horn	<i>Commitment</i>
Angela Deall	<i>Commitment</i>
Jase Campbell	<i>Commitment</i>
Joel Sherman	<i>Commitment</i>
Kyle Longley	<i>Commitment</i>
Jase Campbell	<i>Deadly</i>
Chelsea Horn	<i>Overall</i>
Angela Deall	<i>Overall</i>

Year 8

Kaitlin Parish	<i>Respect</i>
Matthew Houghton	<i>Respect</i>
Cali Ayrton	<i>Respect</i>
Brodie Higgison	<i>Respect</i>
Joshua Sales	<i>Respect</i>
Ebony Giles	<i>Responsibility</i>
Hayden Coyle	<i>Responsibility</i>
Jarred Weston	<i>Responsibility</i>
Jacob Robbs	<i>Responsibility</i>
Jeremy Gamueda	<i>Responsibility</i>
Kaitlin Parish	<i>Commitment</i>
Jacob Robbs	<i>Commitment</i>
Savannah Pratt	<i>Commitment</i>
Nunia Palu	<i>Commitment</i>
Cali Ayrton	<i>Commitment</i>
Nunia Palu	<i>Deadly</i>
Matthew Houghton	<i>Overall</i>
Kaitlin Parish	<i>Overall</i>

Year 9

Khadejah Date	<i>Respect</i>
Hayden Darcy	<i>Respect</i>
Joshua Deall	<i>Respect</i>
Trent Bell	<i>Respect</i>
James Cooper	<i>Respect</i>
Abby Algie	<i>Responsibility</i>
Katelyn Towney-Hooper	<i>Responsibility</i>
Lylah Kershaw	<i>Responsibility</i>
Zac Bate	<i>Responsibility</i>
Samuel Gray	<i>Responsibility</i>
Katelyn Towney-Hooper	<i>Commitment</i>
Machala Widdrington	<i>Commitment</i>
Joshua Deall	<i>Commitment</i>
Ebony Kelly	<i>Commitment</i>
Trent Bell	<i>Commitment</i>
Katelyn Towney-Hooper	<i>Deadly</i>
Ebony Kelly	<i>Overall</i>
Joshua Deall	<i>Overall</i>

Year 10

Skye Woods	<i>Respect</i>
Jake Collins-Doherty	<i>Respect</i>
Jayden Herd	<i>Respect</i>
Mikayla Nisbet-Gore	<i>Respect</i>
Jacinta Mangnall	<i>Respect</i>
Layla Cassar	<i>Responsibility</i>
Jacinta Mangnall	<i>Responsibility</i>
Rowan Tonkies	<i>Responsibility</i>
Olivia Riches	<i>Responsibility</i>
Mikayla Nisbet-Gore	<i>Responsibility</i>
Jake Collins-Doherty	<i>Commitment</i>
Jacinta Mangnall	<i>Commitment</i>
Brian Gould	<i>Commitment</i>
Dion Oliver	<i>Commitment</i>
Charli Field	<i>Commitment</i>
Jake Collins-Doherty	<i>Deadly</i>
Jacinta Mangnall	<i>Overall</i>
Jake Collins-Doherty	<i>Overall</i>

Year 11

Jahleasha Waters	<i>Respect</i>
Tahlia Bell	<i>Respect</i>
Sophie Clarke	<i>Respect</i>
Rebecca Condon	<i>Respect</i>
Emily Deall	<i>Respect</i>
Kaylie Cuthbertson	<i>Responsibility</i>
Charlie Stace	<i>Responsibility</i>
Jessica Michael	<i>Responsibility</i>
Lachlan Forbes	<i>Responsibility</i>
Kye Dryden	<i>Responsibility</i>
Deja Draper	<i>Commitment</i>
Kaylie Cuthbertson	<i>Commitment</i>
Tahlia Bell	<i>Commitment</i>
Sophie Clarke	<i>Commitment</i>
Rebecca Condon	<i>Commitment</i>
Emily Deall	<i>Deadly</i>
Tahlia Bell	<i>Overall</i>
Sophie Clarke	<i>Overall</i>

Year 12

Sarah McFarlane	<i>Respect</i>
Elice Rivera	<i>Respect</i>
Bonnie Gibson	<i>Respect</i>
Jasmine Fohmsbee	<i>Respect</i>
Shari-Lea Freeman	<i>Respect</i>
Declan Johnson	<i>Responsibility</i>
Jarrold Olsen	<i>Responsibility</i>
Bonnie Gibson	<i>Responsibility</i>
Ethan Turner	<i>Responsibility</i>
Elice Rivera	<i>Responsibility</i>
Emma Woodbridge	<i>Commitment</i>
Curtis Hobart	<i>Commitment</i>
Bonnie Gibson	<i>Commitment</i>
Ethan Turner	<i>Commitment</i>
Gabriel Cerqueira	<i>Commitment</i>
Jaymayah Waters	<i>Deadly</i>
Bonnie Gibson	<i>Overall</i>
Ethan Turner	<i>Overall</i>

YEAR 7 NEWSLETTER

Hello parents and guardians of Year 7.

Year 7 have continued to focus and work hard throughout Term 3. They have been involved in the trial of the new online NAPLAN to give the system a test run for next year. We thank Year 7 for all their patience and effort throughout demonstrating a great level of commitment taking on the responsibility of trialling the new system.

Naplan results have since come out and Mrs Hedges and I are very proud of all the students who participated and hope that your results reflect the effort that you all put in. A reminder that even though it is getting towards the end of term, we still need to continue to focus in each lesson. This is valuable learning time and it would be lovely to have the teachers continue to praise our year 7 classes for their respect and commitment during class time.

I would like to thank Year 7 for helping out and assisting with the Stage 3 Gala day that was held this term for partner primary schools. It is great to see Year 7 students being so respectful and responsible when representing the school out in the community. A reminder that as the weather starts to warm back up, it is essential that we maintain our excellent uniform standards. The uniform shop is open and stocking summer uniforms if there is anything that you need to replace.

Big congratulations to our GATS students from 7R who recently participated in the Education Perfect Science Championships 2017. Along with 8R we placed 2nd out of 137 schools which is a fantastic effort. Well done!

The VIVO rewards system is our school wide reward system for students displaying traits such as; making positive contributions to class, being prepared to learn, keeping areas tidy and wearing the correct school uniform.

Congratulations to all the students who won awards at the VIVO assembly for Term 3 and for Year 7 who are currently the top earning year group. The points students obtain can be redeemed for prizes through the VIVO website:

<https://www.vivomiles.com.au>

1	GERMON, Natasha	7	822
2	HEMMINGS, Jhett	7	696
3	FOOTE, Jason	7	675
4	GOFF, Tanneka	7	648
5	HORN, Chelsea	7	624
6	DEALL, Angela	7	624

If students in Year 7 have any wellbeing concerns can come and see Miss Hedges (Year Advisor) in the English staffroom at recess and lunch or Mr Marselos (Assistant Year Advisor) in the Support staffroom at recess and lunch.

Matthew Marselos

Assistant Year 7 Advisor – Rutherford Technology High School

RUTHERFORD LEARNING COMMUNITY TRANSITION GALA DAY

On Friday 1 September 2017, students from our Partner Primary schools in Year 5 and Year 6 came together for a Sports Gala day hosted by Rutherford Technology High School.

Students from Rutherford Technology High School in Year 7 did a fantastic job of being team managers and students from Year 10, Year 11 & Year 12 were excellent in their roles of coaches and referees.

A great day of sporting fun was had by all and some new friendships formed. Our Year 7 Advisor for 2018, Ms Muller, enjoyed meeting the students of Year 7 2018.

We would like to thank our Partner Primary school teachers for bringing their students along to this valuable transition day. Finally, also a very big thank you to Mr Miller and Mr Thomas for all of their organisation for the day.

Emma Basedow

Year 6-7 Transition Co-Ordinator



Bringing HSIE Alive!!

Rutherford Technology High School HSIE Students have been busy and turning their classroom into an amazing display and bringing HSIE alive!

Urbanisation

Students from 8K & 8B were asked to think about what Urbanisation looked like to them. The illustrations they put together reflect the idea and knowledge of modern city living. They complemented this with pictures taken from the internet and their pictures were spot on!

World War I

In the back of classroom, K5 is a Museum corner. Currently on display is work from students in 8B & 8K. The students had to choose, design and complete their own topic. Students from Year 9 History (9T & 9G) were asked to bring in anything they wished that interested them providing it was related to WWI. Keiron Bynon made a cake showing no-man's land between the allies and enemies trenches. Kasey Pryor constructed an awesome network of trenches.

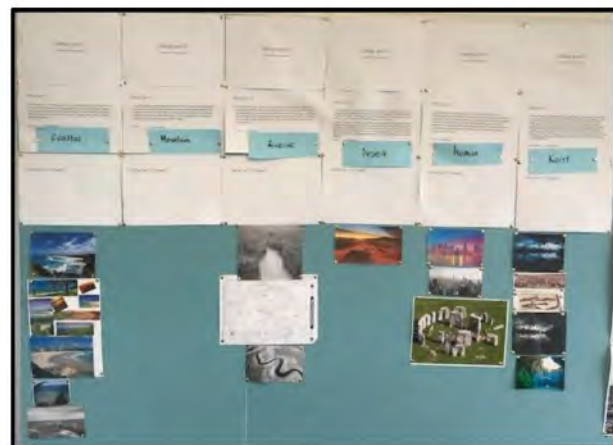
Year 7

During the year, students from 7B have been wonderful in displaying visual items to reflect their learning and engagement in the classroom.

If anything K5 gives the students from all classes that use the room lots of visuals to look at and comment on – well done to all involved!

Karen McLeod
HSIE Faculty

Student Work & Displays in K5



Urbanisation – Display & Student Posters



World War I – Student Work & Displays



STAGE 3 ENRICHMENT PROGRAM

During the period 2 July 2017 - 24 August 2017, students from Year 5 and Year 6 visited Rutherford Technology High School on four occasions to participate in Enrichment Days.

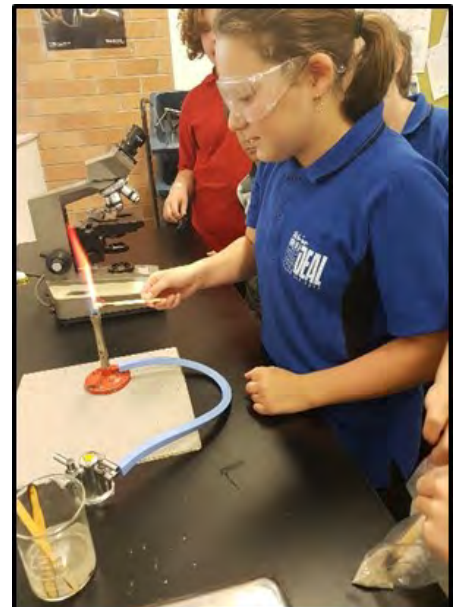
As part of the Enrichment Days, Miss Taber from our Science Faculty conducted a Forensics Course. The students collected evidence from stage crime scenes and then did a range of scientific testing to eliminate suspects to find the person who had committed the crime. The tests included:

- using Microscopes to identify clothing fibres and hair samples
- using Bunsen Burners to match the soil type on the suspects shoes and crime scene
- using chemicals to identify blood types A, B, AB and O, along with diabetes
- using powder to match finger print types.

After discovering which suspects committed the crime, students brainstormed the role of the lawyer establishing motive and convincing a jury. Students then made an evaluation to whether the Judge would find the accused guilty or innocent.

All students, and teachers, had amazing days!

Veronica Taber
Science Teacher



WELLBEING NEWS

As a Wellbeing team, we provide students who do not have food, a nutritious lunch. The team has been noticing an increase in students who have not been organised in the morning coming to the Wellbeing staffroom for food. Here is some hints and tips on packing a nutritious lunch and organisational ideas to ensure you have food every day! A healthy school lunch gives children energy to learn and play. Packing a nutritious lunch helps your child to eat well and influences their future eating habits. Involving your child in planning, shopping for and preparing their lunchbox develops their ability to make healthy choices and enjoy good food.

A HEALTHY LUNCHBOX

The food eaten at school should be about a third of the food consumed over the course of a day. Typically, this would consist of lunch and a snack. Ideally, this would include:

A lean protein food such as: tuna or salmon (canned in spring water or oils such as canola, olive or sunflower), boiled eggs or lean meats such as chicken or beef.

A starch food such as: bread, rice, potatoes and pasta. There is a variety to choose from such as wholegrain, wholemeal or high fibre breads such as seeded rolls, Lebanese bread, pita, lavash, bagels, plain popcorn, a wholemeal low sugar muffin, brown and white rice or pasta.

Fruit and/or vegetable such as: whole or chopped fruit, raw vegies such as carrot sticks, cherry tomatoes, cucumber or capsicum strips, canned fruit in natural juice or a small salad.

A reduced fat dairy food such as: reduced fat yoghurt, reduced fat cheese, or reduced fat milk or their alternatives (remember to pack in an insulated container with an ice pack or frozen bottle of water).

Bottle of tap water frozen on hot days to keep the lunchbox and your child cool. Sweetened drinks such as juice, cordial or soft drink are not recommended as these contain too much sugar, which is not good for dental health and contains no nutritional value. Energy drinks are banned by the school.



FOOD SAFETY

When packing a school lunch, it is important to consider how the lunch will be kept cool to prevent foods and drinks from spoiling. If food is not stored properly, bacteria in the food can grow and make your children sick. For this reason it is essential to keep school lunches cool. Lunches kept in children's school bags all day are likely to get warm, and foods such as meat or cheese sandwiches, milk, cheese and yoghurt must be kept cool.

Try the following:

To keep sandwiches fresh and protected from contamination, wrap them in plastic wrap or 'snap lock' plastic bags. Freeze small packs of UHT milk or water ahead of time and put into a lunchbox to keep it cool.

When preparing lunches the night before they will be eaten, make sure they are stored in the fridge overnight.

Choose a lunch box that includes a water bottle. Fill the bottle with water and freeze it, then place it in the lunch box to keep food cold.

Insulated lunchboxes are also a great option.

Remember to wash, rinse and thoroughly dry lunchboxes after every use to keep food safe.

Pack the lunchbox the night before so your child can grab their lunch quickly in the morning.

Make a week's worth of sandwiches and freeze them.

Make up prepackaged baked goods such as muffins that can be packed into lunchboxes.

If your child does not have food at school, they can go to the Wellbeing staffroom and be provided with lunch. Our breakfast club runs each morning in the kitchens to ensure our students have a good start to the day.

HT Wellbeing

Louise Smailes Years 7, 9, 11

Kris Turner Years 8, 10, 12

Relationships Australia NSW and headspace Newcastle present

Surviving Adolescence

These seminars aim to support parents to assist their teenagers in meeting the challenges of the adolescent years.

Parents can attend one, or both, seminars.

Thursday 12th of October, 5-7:30pm:

- Helpful communication skills for parents
- Negotiating stages of change
- Parents' role in supporting adolescents

Thursday 19th of October, 5-7:30pm:

- Ways to minimise family conflict
- Fair fighting strategies
- Navigating agreements

Time: 5pm – 7.30pm

Venue: headspace Newcastle
(582 Hunter Street Newcastle)

Cost: **FREE** (no childcare available)

Bookings Essential - please phone 49 294 201

headspace.org.au/newcastle

www.nsw.relationships.com.au



Relationships Australia
NEW SOUTH WALES

headspace
Newcastle
Hunter Primary Care is the lead agency for headspace Newcastle

Hunter
PRIMARYCARE



WOOLWORTHS EARN & LEARN

Woolworths Earn & Learn is back!

Now it is easier than ever to earn valuable resources for our school with benefits such as boosting supplies in classrooms, libraries, music rooms, science labs and also equipment for sport lessons.

It is simple to participate:

From **Wednesday 26 July 2017** to **Tuesday 19 September 2017** (or whilst stocks last) when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator or through an online order. There will be one Woolworths Earn & Learn Sticker for every \$10.00 spent (excluding liquor, tobacco and gift cards). Place your stickers onto a Woolworths Earn & Learn Sticker Sheet and once the sheet is completed simply place it in the Collection box.

Rutherford Technology High School will have collection boxes located here at the school in the front office and at our local Woolworths stores at Rutherford & Aberglasslyn.



CAPTAIN'S MESSAGE

Welcome to the last captain's message of 2017.

This week has been jam packed with assemblies and fundraisers! We have seen our year 7 SRC leaders step up by being involved in their first VIVO assembly in which they shone.

Yesterday we had the pleasure of running a very successful fundraising day 'Wet n Wild Wednesday' to raise money to go towards a filtered water bubbler the SRC will be installing within our school. We had many students and teachers dressed in costumes related to water. It was great to see the support towards our Cold Rock and spider fundraisers having the longest lines the SRC has ever had for their food, which was a great thing to see. Many friends gathered to take Polaroid pictures and all had a fantastic day.

It was also so rewarding working with our new school captains and leaders for next year. The school is in great hands, and it is great to see how passionate and excited they are already! It has been an absolute pleasure writing the message for the newsletter and being the 2017 school captains where we have learnt skills and lessons we will keep forever. Thank you for reading and for your support!

Ash and Anton :)



Evolution Hair Co. 2017 Formal Package

Formal Package Consists of:

- 1 x Formal Hair Upstyle
- 1 x Spray Tan

Cost: \$100.00

Booking is Required
Phone: 0458 492 700

Make-up is also available on request through our salon by an Independent Make-up Artist at a cost of \$80.00.

Phone: 0458 492 700
Email: evolutionhairco@hotmail.com
Location: 2 Hunter Street, Maitland (off street parking available)



REACH FOUNDATION

Rutherford Technology High School was one of the pilot schools when the Reach Foundation branched into the Hunter Region in 2014. Today our students continue to benefit from the fantastic programs they run.

Reach promotes emotional and social growth to help young people see their own inner strengths and plan for a successful future.

Along with other students from schools across the lower Hunter, our students participated in the Grounded Workshop@ Kurri Kurri TAFE on Thursday 31 August 2017.



Attention Year 12 Students

Just a friendly reminder that as you come to the end of your schooling that all Library & Text Books **MUST** be returned to the Library as soon as possible.

If you are unsure of your outstanding loans or have any queries in this regard please see Ms Cooper in the Library.

Thank you for your assistance and cooperation.



TERM 3: WEEK 6 ASSEMBLY – PDHPE FACULTY PBL AWARDS

Year 7

Ben Evans	Outstanding School Service in TSP Football
Leeza Goyal	Excellence in PDHPE
Justin Pacamalan	Excellence in PDHPE
Peter Perry	Consistent Effort in PDHPE

Year 8

Lachlan Davey	Improved Effort and Application in PDHPE
Clarence Lawrence	Improved Effort and Application in PDHPE
Kade Windon	Consistent Effort in PDHPE

Year 9

Leia Avery	Improved Performance in PDHPE and Dance
Trent Bell	Outstanding School Service in TSP Football
Noah Curry	Consistent Application in PDHPE
Emily Marquet	Excellence in Dance Practical
Amelia Sutcliffe	Consistent Application in PDHPE

Year 10

Connor Gallagher	All Round Effort in PDHPE
Kalika Payne	Improved Performance in PDHPE
Nathan Stephenson	Excellent Sportsmanship in PDHPE

Year 11

Emily Deall	Commitment and All Round Effort in PDHPE
Beau Wilson	Commitment and All Round Effort in SLR

Year 12

Tiffany Burbage	Consistent Application in CAFS
Sophie Curry	Consistent Application in CAFS
Ashley Fry	Outstanding Assessment Results in Trial HSC
Skye Munro-McGrady	Outstanding Assessment Results in Trial HSC
Grace Vallance	Outstanding Assessment Results in Trial HSC



WELL DONE!!

TERM 3: WEEK 7 ASSEMBLY – SCIENCE FACULTY PBL AWARDS

Year 7

Lili Botfield	Consistent Application in Science
Sam Brooks	Excellent Effort in Science
Kye Delmege	Excellent Effort in Science
Brooke Farquharson	Excellent Commitment in Science
Leeza Goyal	Excellent Commitment in Science
Chelsea Horn	Consistent Application in Science
Taylah McCarthy	Excellent Commitment in Science
Michael Rashleigh	Consistent Application in Science
Olivia Roser	Consistent Application in Science
Kiarnah White	Excellent Poster Work in Science

Year 8

Courtney Edwards	Consistent Application in Science
Lucy Geelan	Excellent Commitment in Science
Jesse Hamilton	Excellent Commitment in Science
Samara Harrison	Excellent Commitment in Science
Coen Hodgkinson	Excellent Commitment in Science
Nunia Palu	Consistent Application in Science
Annalise Stoessel	Consistent Effort in Science
Rebecca Ward	Excellent Commitment in Science

Year 9

Noah Curry	Consistent Application in Science
Devynne Goward	Consistent Effort in Agriculture
Charlie Johnson	Consistent Effort in Agriculture
Leah Muter	Consistent Effort in Science
Kasey Pryor	Consistent Effort in Agriculture
Blake Szymanski	Consistent Effort in Science

Year 10

Angus Calder	Consistent Application in Science
Layla Cassar	Consistent Effort in Science
Jacinta Mangnall	Excellent Effort in Science
Mikayla Nisbet-Gore	Consistent Application in Science
Summer Trifon Sullivan	Consistent Application in Science

Year 11

Clare Faustini	Consistent Effort in Chemistry
Cade Fogg	Consistent Effort in Physics
Lachlan Forbes	Consistent Effort in Chemistry
Josh Ford	Consistent Application in Science
Emily Pryor	Excellent Effort in Science
Joanna Rebb	Consistent Effort in Chemistry

Year 12

Jade-Ivy Atmore-Grant	Consistent Effort in Physics
Thomas Bannister	Consistent Effort in Physics
Anton Osborne	Excellent Effort in Science
Kianah Redman	Consistent Application in Science
Emma Woodbridge	Consistent Effort in Chemistry



Join us for High Tea

Saturday 23rd September

Lochinvar School of Arts Hall,
134 New England Highway,
Lochinvar

2pm—4pm

\$30 pp

Rotary Club of Rutherford Telarah, Rutherford Technology High School Interact Club and Rutherford Girl Guides are collaborating to support The Indigo Foundation.



RSVP : 9th September

Need to know more?

Gillian: 0408 016 303

Louise: 0427 881 675

Email: gillianweatherall@gmail.com



GIRL GUIDES
AUSTRALIA
NSW & ACT

Rotary



 **trybooking**.com
EVENTS MADE EASY

Go to Trybooking, search "Indigo 23 September"

Trybooking supports this event by donating back all booking fees collected

WESTERN SUBURBS JUNIOR CRICKET CLUB

Registration dates for players aged 8 to 15 years for Western Suburbs Junior Cricket Club will be taken on the following dates:

WHEN: Tuesday 29th August, Tuesday 5th September, Tuesday 12th of September 2017

WHERE: Bradford Hotel, New England Highway, Rutherford

TIME: 4:30 to 6:00pm

COST: \$70 per player (family discounts apply)

NEW REGISTRATIONS: Will need to bring along their birth certificate.

Milo In2Cricket program.

Registrations will also be taken by Western Suburbs Junior Cricket Club for children aged 5 to 9 who are interested in participating in the Milo In2Cricket program.

COST: \$75.00 per child (child receives a bat, ball, T-shirt and more)

For more information please contact

Tony Williams 0423230888

Website: www.plovers.com.au

Facebook: www.facebook.com/Western-Suburbs-Cricket-Club-Maitland





www.jobjump.com.au

Dear Parent,

Your future Career is here.

We would like you to be able to use all parts of the JobJump website to help your son/daughter plan and achieve their Career dreams. It is there to help through to an extra year after their Year 12.

To register with JobJump, go to the front screen of the website at www.jobjump.com.au

Click on **I'm New**. On the new screen, enter into the first white box the first letters of your school's name and **when the full name appears just below in blue**, click on your blue school name and it will enter automatically into the first white box.

In the second white box, enter your school password which is:

enter your school password here

and click Continue. You then need to enter a few details and set your Personal Password. (Min 6 characters). So whenever you then come back to Login to JobJump, all you will then need is your email address and Personal Password.

Two things to remember:

1. If you can't find the career from the list offered that suits your son/daughter, select a career which is in the field they like. For example, they may like the field of Tourism and the idea of having a career in the Tourism industry is not a bad idea. In the listing select 'Travel Agent' because all Tourism careers news will come to you.
2. When you register, remember you can select as many careers as you like from the listing. If your son/daughter changes their mind you can alter the choices at any time by going to the black head at the top right hand side after you are Logged In.

Watch the tour of JobJump in the brief video entitled 'Learn JobJump fully in minutes'.

Go the bottom middle part of the Home page.

Once you have registered, you can also use all parts of the website to enjoy all of the following:

- ☐ Year 10 subject selection advice across 100 careers.
- ☐ Writing letters, resumes, what to say to an employer, where to find your future employer.
- ☐ A comprehensive digital ATAR and University Course sorter that works hand in hand with the UAC Handbook making life now a breeze for you to search for your chosen courses.
- ☐ Job vacancies for over 100 options based on your school location.
- ☐ Bonus points,
- ☐ Overseas Exchange,
- ☐ Accommodation across all Universities in NSW and their direct links.
- ☐ Earnings across 300 careers.
- ☐ EAS information.
- ☐ Find my Career quizzes.
- ☐ Hobby projects across 100 careers to inspire and engage students in their career.
- ☐ Interactive yearly calendar across all news items which can be personalised to your careers of interest.
- ☐ Undergraduate scholarship sorter across all NSW Universities.
- ☐ Universities Open Days listing and links.
- ☐ Videos across 100 careers.
- ☐ Gap Year and Volunteering opportunities.
- ☐ Alternative entry to University sorter and links across all NSW Universities.
- ☐ Interstate and overseas University admissions centres' links.
- ☐ Work Experience documentation.... and much more.

We trust you will enjoy using www.jobjump.com.au

Tuning in to Teens

Emotionally Intelligent Parenting



A six-session parenting program
for parents of adolescents aged 12-18years



Where: Rutherford Primary School
Weblands St, Rutherford

When: 9.15am - 11.15am Friday mornings
11th August to 15th September 2017

Call Rutherford Primary School on 4932 5900 or Rutherford Technology High School on 4932 5999 or email Mary.ferguson13@det.nsw.edu.au to register your interest

Assisting you to learn how to:

- be better at talking with your teen
- be better at understanding your teen
- help your teen learn to manage their emotions
- help to prevent behaviour problems in your teen
- teach your teen to deal with conflict

Tuning in to Teens shows you how to help your teen develop *emotional intelligence*.
Adolescents with higher emotional intelligence:

- are more aware, assertive and strong in situations of peer pressure
- have greater success with making friends and are more able to manage conflict with peers
- are more able to cope when upset or angry
- have fewer mental health and substance abuse
- have more stable and satisfying relationships as adults
- have greater career success
- Emotional intelligence may be a better predictor of academic and career success than IQ.



You must register to attend the course and it is open to any member of the community.

UNIFORM SHOP

20% OFF SALE*



**DAYLIGHT
SCHOOLWEAR**

MANUFACTURING CO.

**MONDAY 21st AUGUST
TO
FRIDAY 15th SEPTEMBER**

DURING NORMAL SHOP HOURS

- 20% OFF STOCKED ITEMS
(EXCLUDING WOOLLEN JUMPERS, BLAZERS & BACKPACKS)
- NO REFUNDS OR EXCHANGES
(UNLESS GARMENT IS FAULTY)
- NO RAINCHECKS



SALE ON FOR 4 WEEKS ONLY




Rutherford Technology High School UNIFORM SHOP

OPENING HOURS:

**TUESDAY
THURSDAY**

**8:00am - 12noon
8:00am - 12noon**


ITEM	PRICE	SIZE	QTY	TOTAL INCL GST
Girls				
Jnr Blouse Sky	28.00			
Snr Blouse Lemon	28.00			
Jnr/Snr Girls Shorts	35.00			
Jnr Skirt	48.50			
Snr Skirt	48.50			
Bootleg slacks	39.00			
Boys				
Jnr/Snr Boys Shorts	35.00			
Jnr/Snr Trousers	39.00			
Unisex				
Fleecy Jacket	40.00			
Jnr Polo	29.00			
Snr Polo	29.00			
Elastic Waist Everyday Black Shorts	35.00			
Elastic Waist Everyday Black Long Pants	39.00			
Jumpers				
Jumper	72.00			
Sports				
Jacket	65.00			
Sports Shorts Std	25.00			
Trackpant	38.00			
Sports Polo	35.00			
Others				
Scarf	20.00			
Socks 5pr	20.00			

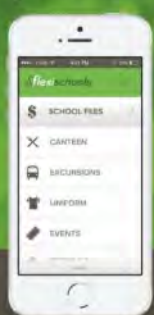


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ONLINE ORDERING

Available 24/7
Convenient for parents
Removes paper orders and cash
FREE Registration

Rutherford Technology
High School Canteen
now has 'Flexischools'
for Online Ordering!





1,000+ SCHOOLS
throughout Australia

600,000+
active customers

18+ MILLION
orders processed

The cash free way to pay.
Our school now has Flexischools online ordering.
It's the fast and secure way to order and pay for all
school services.

flexischools.com.au

Take advantage of this convenient new
service. Go to www.flexischools.com.au and
click register.

Save time.
Order online.

Processing orders since
2008

Flexischools allows parents, students and staff to place and pay for orders from home, work or school at any time via their mobile, tablet or computer.

As well as being convenient for parents, the online orders are much faster and easier for the school canteen to process – so it makes everyone's life a little easier!

Flexischools is well established, operating in over 1,000 schools across Australia and having processed over 25 million orders.

How to Register:

1. Register for Flexischools by visiting www.flexischools.com.au Add your student, their school and class/year to get started.
2. Top-up your account via Visa, Mastercard, PayPal or Direct Deposit.
3. Make an order by selecting from the range of options available and proceed to make payment for the order listed in your order pad.


What Does it Cost?

Online Ordering Fees: \$0.29 per canteen order

Account Top-ups: **Direct Deposit – FREE**
(2-3 days to become available in your Flexischools account)

Visa / Mastercard / PayPal – Surcharge of 15c + 1% of your top up value
(immediately available on your Flexischools account)

Need assistance registering, topping up your account or placing orders, please call the Customer Service Team at Flexischools on **1300 361 769**.



CANTEEN ROSTER

Monday 11 September	Volunteer Needed
Tuesday 12 September	Volunteer Needed
Wednesday 13 September	Volunteer Needed
Thursday 14 September	Volunteer Needed
Friday 15 September	Volunteer Needed
Monday 18 September	Volunteer Needed
Tuesday 19 September	Volunteer Needed
Wednesday 20 September	Volunteer Needed
Thursday 21 September	Volunteer Needed
Friday 22 September	Volunteer Needed



Volunteer
Opportunities

Where:

When:

Hours:

Experience:

Salary:

Bonus:

Applications close:

Rutherford Technology High School Canteen

As often as you can, part or full day!

9:00am till 3:00pm
(or any part of the day you can manage)

Not necessary – everything you need to know can be learnt within a short space of time

Plenty of tea and coffee (or juice) and the best of all friendship

Your child/children are happy to see you in their school. You get to meet new people and make good friends within the school community!

NEVER ☺



RUTHERFORD TECHNOLOGY HIGH SCHOOL

2017 CANTEEN MENU

SANDWICHES, ROLLS & WRAPS + SALADS:

Sandwiches:

- Chicken Salad	\$4.30
- Salad	\$3.70
- Egg & Lettuce	\$3.70
- Curried Egg	\$2.90
- Vegemite	\$2.90
- Cheese	\$2.90
- Meat	\$2.90
- Ham, Cheese & Tomato	\$3.00
- Cheese & Tomato	\$2.90
- Corn Meat & Pickles	\$3.00

Rolls:

- Salad Roll	\$4.30
- Chicken Salad Roll	\$4.80
- Ham Salad Roll	\$4.80
- Corn Meat Salad Roll	\$4.80

Wraps:

- Salad Wrap	\$4.30
- Meat Salad Wrap	\$4.80
- Caesar Salad Wrap	\$4.30
- Chicken Caesar Wrap	\$4.80

*Chicken Tender Salad Wrap (order only) \$5.00

Salad Box:

- Salad Box:	Small	\$3.00
	Medium	\$4.50
	Large	\$4.90
- Chicken Salad Box (Large)		\$5.90
- Chicken Caesar Salad Box:	Small	\$3.00
	Medium	\$4.50
	Large	\$6.00

ICE-CREAMS:

Paddle Pops	\$2.00
Paddle Pop Lemonade Twist	\$1.20
Frozen Yoghurt	\$2.00
Vanilla Buckets	\$1.20
Juice Ice Block	\$1.00
Milo Cups	\$2.90
Moosies	\$1.00

EXTRAS:

Bread Roll (extra) / Buttered Bread	\$0.90
Toast Sandwich (extra)	\$0.50
Extra Fillings	\$0.40
Butter / Mayo / Mustard	\$0.20

HOT FOOD MENU:

Garlic Bread	\$1.10
Plain Pie	\$2.70
Potato Pie	\$3.00
Cheese & Bacon Pie	\$3.00
Sausage Roll	\$2.60
Hot Dog	\$2.50
Chicken Chippies (6)	\$3.00
Chicken Nuggets (6)	\$3.00
Chicken Burger	\$3.60
Chicken Burger Salad	\$4.30
Chicken Gravy Roll	\$3.60
Cheese Burger	\$3.60
Cheese Burger Salad	\$4.30
Roast Beet & Gravy Roll	\$3.60
Lasagne	\$3.50
Nachos	\$3.50
Pizza Slab	\$2.80
Cheese & Bacon Roll	\$2.00

SNACKS:

Deli Rock Chips	
JJ's Chips	\$1.00
Banana Bread	\$1.00
Finger Buns	\$2.60
Muffins	\$1.60
Fresh Fruit Salad (Term 1 & 4)	\$1.60
Fresh Water Melon (Term 1 & 4)	\$2.50
Eucalyptus Drops	\$2.50
	\$0.50

DRINKS:

Plain Milk - 600ml	\$2.00
Moove Milk: 300ml	\$2.20
500ml	\$3.00
Juice: 300ml / 375ml	\$2.30
Quench	\$2.00
Small Water	\$1.00
Water - 600ml	\$2.00
FOCUS Water	\$2.00
Soft Drink - 600ml	\$3.50
Hot Chocolate	\$2.00
Frozen Blizzards	\$2.00

SAUCE:

Tomato / BBQ / Sweet & Sour	\$0.40
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Canteen is open before school from 8:30am and at Recess & Lunch

Volunteers are always Needed—Please contact the School on 4932 5999 to find out more!

RTHS Canteen is operated by the P&C with one paid Supervisor assisted by Volunteers.
All profits from the canteen are returned to the school to benefit the Students.

RUTHERFORD TECHNOLOGY HIGH SCHOOL SUPPORTERS



FITNESS CENTRE OPEN 7 DAYS

LES MILLS
Group Fitness Classes:

KICKBOXING
Fitness Classes & Boxing Gym

MARTIAL ARTS
Kids & Adults Classes

FULL GYM
Pin Load, Plate Load, Free Weight

CYCLE
Air Conditioned Cycle Room

New Large Facility
59 Mustang Drive Rutherford

Fully Serviced Fitness Centre

- Largest group fitness floor in the Midland area with Les Mills
- Split level Martial Arts studio, classes for adults and children
- Fully equipped boxing area
- Air conditioned cycle studio
- Fully equipped gym - pin loaded, plate loaded & free weight
- Personal training and massage
- Canteen supervised by qualified child carers
- Shower and toilet facilities
- We accept Fitness Passport

Locally Owned and Operated

PREMIER FITNESS
and martial arts centre

Ph 0401 199 913
www.premierfitnesscentre.com.au

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Just Off Hwy Opposite
Telarah Railway Station.



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 Shop 17, 1 North Mall Street,
 Rutherford Shopping Centre
 www.hoffsqualitymeats.com.au

The staff and students who are involved in the Breakfast Club would like to acknowledge the generosity of 'Bakers Delight' at Rutherford who now provide us with bread. There are many local businesses who donate their time, service or products to our school. We express our appreciation and hope our school community can reciprocate.

Rutherford Technology High School has an Official Facebook Page – just go to Facebook and look for "Rutherford Technology High School NSW Official Site" and click on "Like".

We will be using the Facebook page to keep everyone informed about events at the school, important dates for your diary, and general information about the school.

Link: <http://www.facebook.com/RutherfordTechnologyHighSchool>



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