

**RESPECT
RESPONSIBILITY
COMMITMENT**

16th August - P&C meeting 6pm.

16,17,18th August - Ag Quip excursion to Gunnedah.

16th August - Computer Tutoring MSCC.

17th August - Year 10 Plan-it Youth.

18th - 19th August - Year 10 Science & Engineering Discovery Year 10 at Grossman High.

22nd - 24th August Year 8 Great Aussie Bush Camp.

23rd August - Computer Tutoring MSCC.

24th August - Mindaribba Excursion.

24th August - Year 10 Plan-it Youth.

25th August - Primary Careers Workshop at Greta Public School.

**OFFICE OPENING
HOURS**

Please be aware the office is open Monday to Friday between 8am and 4pm. Outside office hours a message may be left on the school answering machine.

Parents and caregivers are reminded an appointment is necessary before meeting with teachers as they have class, playground duty and other commitments during the school day.



Our next P&C meeting will be held on the 16th August at 6 pm in the interview room at the Front Office. We welcome any new or existing parents to attend and become involved with the school.

RUTHERFORD TECHNOLOGY HIGH SCHOOL NEWSLETTER



15th August 2016

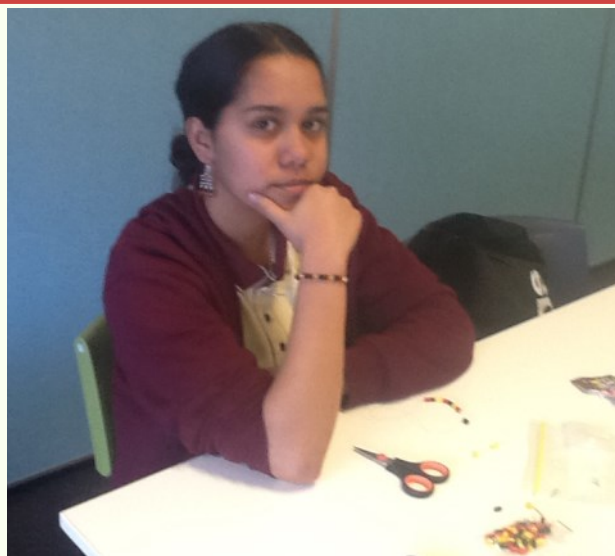
Email: rutherford-h.school@det.nsw.edu.au

www.rutherfordhs.nsw.edu.au

Telephone: 4932 5999

Fax: 4932 8166

<http://www.facebook.com/RutherfordTechnologyHighSchool>



ABORIGINAL GIRLS GROUP

The Baawaa girls group have participated in a number of activities this term to build upon both their cultural knowledge, and life skills such as careers, personal care, health and building positive relationships. Last week, students participated in a beading workshop run by Sharlene Leroy-Dyer from Murrorong Business Solutions. The students used traditional cultural colours to create necklaces, earrings and bracelets which they thoroughly enjoyed. In week 6, students will participate in an excursion to the museum at Mindaribba in order to learn more about traditional aboriginal society.

Jessica James



SENIOR EXECUTIVE REPORT

EDUCATION WEEK

Last Wednesday night we celebrated education week with our partner primary schools. Staff, students, community members and programs were recognised for their achievements in contributing towards public education.

Those recognised from RTHS were:

Student: Ephream Osborne

Teacher: Anne Young

Non-teaching staff: Leeta Campbell

Community : Mel McMahon- Premier Fitness and Martial Arts

School Program: Transition - led by Emma Basedow

Aboriginal Education: Jake Collins- Doherty

YEAR 11 2017 SUBJECT SELECTION

On The 12th and 15th of August 2016 Year 10 students will be participating in subject selection interviews that will be conducted by our school's Careers and other teaching staff. This will provide students with the opportunity to discuss their 2017 subject choices with experienced and knowledgeable staff and make any necessary adjustments to their pattern of study. Information has been sent home to all students. If you require further information please contact Mr Butler Head Teacher VET.

WELLBEING

Our Wellbeing Days touch on core topics in our school community. At our Year 10 Wellbeing Day this Term we were fortunate enough to have a guest speaker from the 'This is Me Mission' – Emma Thompson.

Emma discussed topics such as mental health, coping strategies and healthy decision making.

Her four core tips for helping oneself were: eating and exercising for mental health, remembering your inner-child and kindness to others.

Emma was very well received by all students and is the most valuable presenter we have had at RTHS. She was highly engaging, used her own personal experience to connect with the students & presented easy to understand strategies.

HSC

Term 3 is always a busy term of the year and a culmination of schooling for Year 12 - itinerant marking of projects and performances, completion of oral/aural tests and final coaching by staff, in preparation of all students for the Higher School Certificate.

The school is able to support Year 12 with counselling from their Year Advisor, Mentors, Head Teachers and School Counsellors as required. It is vital to keep Year 12 working steadily whilst reinforcing that this is the last term of their schooling. Please ensure that your child has a study program in place for the HSC. If you feel your child needs support in this area please contact the Year Advisor, Ms Thornton or Senior Study coordinator Mrs Young.

This term, some students will undertake part of their HSC for courses which include a project, submitted work or performance. The following submission dates have been provided by the Board of Studies:

Society & Culture PIP - 1 August

Industrial Technology Major Projects - 11 August

Drama Projects- 22 August

Visual Arts Body of Works - 29 August

Music Submitted Works- 5 September

HSC Assessments and Submitted Works-Advice to Parents can be found at:

http://www.boardofstudies.nsw.edu.au/hsc_assessment_policies/hsc-assessments-works-advice-parents.html

LATE ARRIVALS

School commences at 9.00am and all students are expected to be at school by this time. Unfortunately, too many students arrive at school well after this legal starting time. Not only does this generate workload for the administration staff but students are missing out on vital learning time and sharing of news and information that can impact on them. Staff will continue to visit Rutherford shops and move students on to ensure that they get to school on time. Parents need to encourage students not to go to the shops but to come directly to school. The school canteen is open from 8.00am to serve students. The grandstand on Max McMahon oval is out of bounds before school with staff regularly visiting and moving students into school grounds.

SPORTING SUCCESS

Congratulations to our sporting teams that have been achieving great things on the sporting fields. I would also like to thank the staff and parents for their support of the teams, including the training and the transporting of students to venues. Without this support the task of students representing Rutherford Technology High School at these events may have been much more difficult to organise.

SOCIAL MEDIA

Sexting is the sending of provocative or sexual photos, messages or videos. They are generally sent using a mobile phone but can also include posting this type of material online. While sharing suggestive images or text messages may seem like innocent flirting or be considered funny for young people, sexting can have serious social and legal consequences.

<http://www.schoolatoz.nsw.edu.au/technology/using-technology/sexting-what-every-parent-should-know>

Sexting involves the use of a mobile phone and the transmission of a sexual image or message between two people. Educate your child about what it is and why it's illegal.

Give your child suggestions of what to do if they receive a sexting message.

Discuss the consequences of sexting and the damage that can be done to reputations in the long term on the internet.

More information and strategies can be found at:

<https://www.esafety.gov.au/education-resources/iparent/online-risks/sexting>

Talk to your children about the potential social, academic, employment and legal implications of posting inappropriate material of themselves or others online.

Encourage them to think twice before they post sexualised photos and consider the fact that others might view what they post.

Remind them to delete any sexual content they receive from others and avoid forwarding this type of content.

Remind them to consider the feelings of others when taking photos and distributing any content by mobile phone or online.

Seek professional support if you are worried that your child is vulnerable.

If you are concerned that a sexting incident may be a criminal matter, contact your local police.

<https://kidshelpline.com.au/teens/get-help/webchat-counselling/>

SCHOOL UNIFORM

Our school winter uniform, on the whole, looks good. There are a small number of students who are still wearing in correct jumpers. Please make sure your son/daughter are wearing either the school knit jumper or school hoody black to school.

I would also like to remind parents that jeans/tights are not a part of our school uniform. Students need to be wearing the tracksuit pants or trousers available from our uniform shop.

The uniform shop is open every Tuesday and Thursday morning from 8am-12pm

Simone Hughes
Deputy Principal



A reminder to parents that the Premiers Reading Challenge will finish on Monday 22nd August. Your child has online access to the prescribed reading list and are encouraged to read as many books as possible at school and at home. I would like to take this opportunity to thank parents/guardians for supporting this program and fostering a love of reading in your children throughout the challenge this year.

Jo - Anne Ford
Teacher Librarian

Happiness + Health + Freedom



YEAR 10 GIRLS LOVE ME MISSION WORKSHOPS

On Tuesday 2nd August our lovely group of Year 10 girls, Year 10 Year Advisor Mrs Loretta Wells and also Head Teachers of Wellbeing Mrs Louise Smailes and Mrs Brooke Mc Callum attended workshops by the founder of The Love Me Mission Emma Thomson. During these workshops topics explored and discussed included:

- The main causes of stress for young people & practical coping strategies.
- External influences including social media.
- Healthy decision making - setting realistic expectations, maturity & the implications/consequences of poor choices.
- The remarkable human body.
- How to respect & honour your body.
- Self love & self acceptance.
- Resilience & emotional intelligence.
- Healthy relationships

The girls showed a great deal of maturity and respect during these workshops. It was a great experience for them and they also had the opportunity to ask Emma questions and have a chat with her afterwards to seek advice.

Brooke McCallum

HT Wellbeing

**UNIFORM SHOP WILL BE
CLOSED TUESDAY 30TH
AUGUST.**

**NORMAL TRADING HOURS OF
TUESDAY & THURSDAY 8AM - 12 noon
will recommence
THURSDAY 1ST SEPTEMBER.**



HELPFUL HINTS FROM THE LaST (Learning and Support Team)

The last six tools that have been covered in the Newsletters are useful strategies to help you gain the most from the reading material that is covered across all your subjects. The ability to articulate either verbally or in written form can provide you the opportunity to demonstrate your understanding of a concept, idea or topic. The last tool is one which can be used across the curriculum and allow you to get the most from all your subjects. Overall performance is sure to be improved.

6. SUMMARISING

WHAT IS IT?

This is where you identify what you have learnt by reading and to link the new knowledge with your prior knowledge. You organise your understanding in verbal and written forms which will allow you to use it on later activities and assessments.

What's in it for me?

This will help me to:

- Draw together and integrate what I have learnt and to link the new with what I already know
- Link the new ideas and see the main ideas in the text
- Understand what I am reading (show comprehension)
- Use the knowledge I have gained to 'go further' and investigate other ideas
- Store new knowledge in memory, remember it later
- Transfer new knowledge and use it in creative ways, in problem solving



Teaching someone to drive can be a **happy** experience.

You can learn all the simple steps on how to teach a learner driver
at a **FREE** two hour workshop.

The next workshop in your area will be held:

TIME & DATE:	VENUE:	BOOK NOW ON:
Thursday 25 August 2016 6pm to 8pm	Meeting Rooms Maitland Town Hall High St Maitland	Road Safety Officer 4934 9840 BOOKINGS ESSENTIAL

Helping learner drivers
become safe drivers



RUTHERFORD TECHNOLOGY HIGH SCHOOL

Preparing for the Future



Email: rutherford-h.school@det.nsw.edu.au
www.rutherfordhs.nsw.edu.au

30 Avery Street
RUTHERFORD 2320

Telephone: 02 4932 5999
Fax: 02 4932 8166

15th August 2016

Dear Parent or Carer

The *Validation of Assessment for Learning & Individual Development* (VALID) test for Year 8 students will be held between **Wednesday 2 November** and **Friday 11 November 2016**. The test takes approximately 70 minutes. The *VALID Science 8* test is an interactive, multimedia test completed entirely on a computer.

VALID Science 8 contains multiple choice, short response and extended response tasks that are grouped around real-world issues, including scientific investigations. This is a diagnostic test, with tasks framed on Stage 4 outcomes and essential content in the *NSW Science Years K–10 Syllabus*. Students will be tested on their:

- knowledge and understanding of science
- understanding and skills in the process of scientific investigation
- ability to evaluate evidence, make judgements and think critically
- ability to access information and communicate scientific ideas.

Students also complete a survey about their opinions, attitudes and values about science.

Since students complete *VALID Science 8* on a computer, each student needs to bring **headphones or earbuds** that plug into a school computer. Earbuds for an iPod or portable player are suitable.

If your child has a disability that needs special consideration or has been educated in English for less than one year, please contact your child's school to discuss special provisions or possible exemption from the test.

Results of the test will be available during Term 1 2017. Information about each student is treated confidentially and held securely to ensure that the right to privacy of all students is maintained. A personal report for each student will be sent to parents/carers to describe the science knowledge and skills demonstrated by the student in the test. There will also be information about how your child's results compare with overall performance of all students in the test.

The principal of your child's school is able to provide you with more details about the VALID program if you require additional information.

Yours sincerely

Bruce Inwood
R/Director, High Performance
Department of Education

RUTHERFORD TECHNOLOGY HIGH SCHOOL

Preparing for the Future



Email: rutherford-h.school@det.nsw.edu.au
www.rutherfordhs.nsw.edu.au

30 Avery Street
RUTHERFORD 2320

Telephone: 02 4932 5999
Fax: 02 4932 8166

15th August 2016

Dear Parent or Carer

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Students will be tested on their:

- knowledge and understanding of science
- understanding and skills in the process of scientific investigation
- ability to evaluate evidence, make judgements and think critically
- ability to access information and communicate scientific ideas.

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If your child has a disability that needs special consideration or has been educated in English for less than one year, please contact your child's school to discuss special provisions or possible exemption from the test.

Results of the test will be available during Term 4 2016. Information about each student is treated confidentially and held securely to ensure that the right to privacy of all students is maintained. A personal report for each student will be sent to parents/carers to describe the science knowledge and skills demonstrated by the student in the test. There will also be information about how your child's results compare with overall performance of all students in the test.

The principal of your child's school is able to provide you with more details about the VALID program if you require additional information.

Yours sincerely

Bruce Inwood
R/Director, High Performance
Department of Education



OUR CLOTHING POOL IS IN DESPERATE NEED OF DONATIONS. WE GRATEFULLY ACCEPT ANY SECONDHAND SCHOOL UNIFORMS. PLEASE LEAVE ANY DONATIONS AT THE FRONT OFFICE.



CITY UNITED DCC 100th Year REGISTRATION DAYS 2016-17



"Come and play cricket at The Park in 2016-17"

Registration dates

Thursday's 11 and 18 August 4:30pm – 6pm

Saturday 27 August 12pm – 2pm

Where:

Maitland Park Bowling & Sporting Club

- We cater for all ages from Milo in2cricket, T20 Blast to U16's
 - Senior Registrations can also be taken on these dates
 - All our grounds are based in beautiful Maitland Park
- Come and join us in our 100th year and be a part of the centenary

Contacts for further information

Michael – 0417498370 vikkijordan@bigpond.com

Paul – 0419 294 033 pbrownle@ausgrid.com.au or kritpaul@bigpond.net.au

<http://cucc.nsw.cricket.com.au/>

Find us on Facebook

Sponsorship Opportunities exist for the 100th year. If you have a business that wants to be a part of the celebrations contact Paul on the number above

AUSTRALIAN MATHEMATICS COMPETITION

Over 90 students from Years 7 to 11 sat for the Australian Mathematics Competition on 28th August, making them part of a group of over half a million in size all sitting for this exam on the same day. Year 7 and 8 sat for the Junior Paper, Year 9 and Year 10 sat for the Intermediate Paper, while Year 11 sat for the Senior Paper. Year 12 students were in the middle of their Trial Exams so were unable to join in this Competition. Results will come back to us later this term.

The results for the 8 students who sat for the Australian Mathematics Challenge have arrived back at school, and will be handed out at a special presentation ceremony later in the year.

We thank the students involved for their efforts and congratulate them on their achievements.

David Carratt

Competition Coordinator

ATTENDANCE INFORMATION

If your child is absent from school parents are legally required to notify the school, explaining the absence, within 7 days. This can be done in a number of ways:

Phone or email – If you know your child is going to be away from school please contact the school via phone (02 49325999) or email (rutherford-h.school@det.nsw.edu.au) to explain the absence.

Letter – on the day your child returns to school after an absence send a note explaining the absence. This note is to be handed in at the school Administration Office.

Reply to SMS - the school sends out an SMS message each day to notify parents that their child is absent. Please reply to the SMS stating if your child is sick or family business.

Please note – you can only reply to an SMS on the day it is sent as the SMS number is only active for that day.

Kris Turner

Head Teacher Wellbeing (Student Attendance)

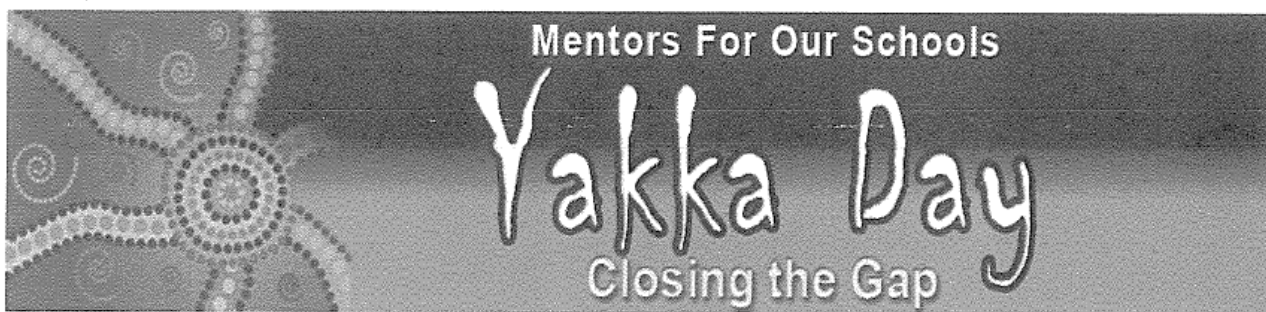
EVERY DAY COUNTS.....

A day here or there doesn't seem like much, but.....

If your child misses.....	That equals.....	Which is.....	And from Kindy to Year 12 that is.....	Which means the best your child can achieve is.....
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

Give your child every chance to succeed....

Every day counts!



**Come and TRY A SKILL,
an introduction to careers
Young Indigenous People, Parents &
Community members are invited to come along**

**Friday 26th August 2016
Newcastle Basketball Stadium
Cnr Young Rd & Curley Rd Broadmeadow**

Childcare

Mechanic

Physiotherapy

Bricklaying

Hairdressing

Landscaping

Animal Care

Photography



Science

Information Technology

Robotics

Ambulance

Police

Rugby Union

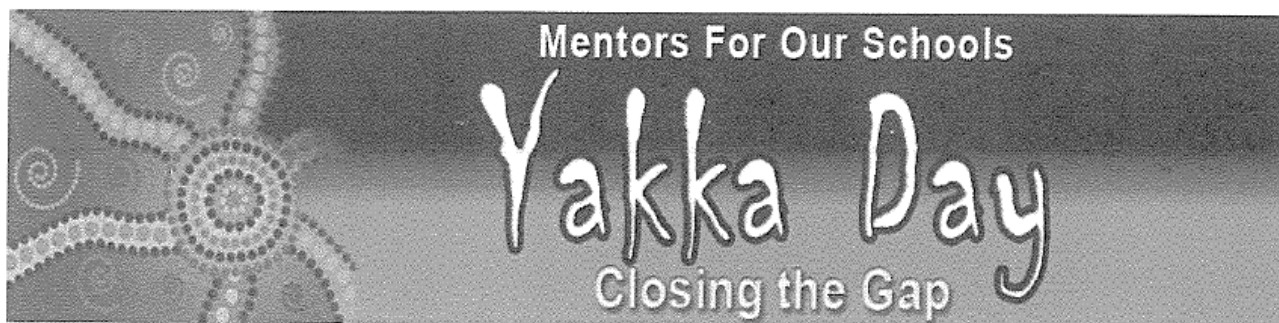
Cake Decorating

Ag. d Care

and much more

**Contact Rhonda 0412 490 123 or Michele 0403 029 132
or email yakkaday.schools@mail.com**





Friday 26th August 2016
Newcastle Basketball Stadium
Cnr Young Rd & Curley Rd Broadmeadow

The invitation for Yakka Day is for young Aboriginal people from Year 5 through to Year 12.

To save sending a teacher, schools are asked to encourage the young persons parents/carers to bring them along to Yakka Day. Students will still need to complete the necessary forms such as the VOR and permission to photograph.

Attached is an Expression of Interest form so you can tentatively book your students in and give us an idea of the numbers who may be attending and a permission to photograph for Career Links , which is to be returned by each student who will be attending.

- The day starts at 9:30 am and finishes at 1 pm
- Activities and information is provided by employers

**Parents, grandparents and/or caregivers are also invited,
their involvement has proved very successful.**



Rutherford Technology High School UNIFORM SHOP

PRICE LIST



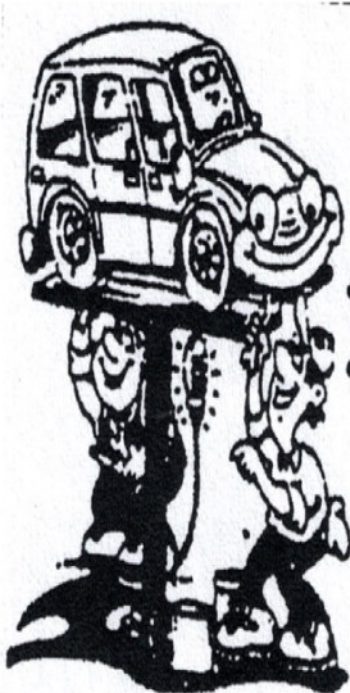
ITEM	PRICE	SIZE	QTY	TOTAL INCL GST
Girls				
Jnr Blouse Sky	28.00			
Snr Blouse Lemon	28.00			
Jnr/Snr Girls Shorts	35.00			
Jnr Skirt	48.50			
Snr Skirt	48.50			
Bootleg slacks	39.00			
Boys				
Jnr/Snr Boys Shorts	35.00			
Jnr/Snr Trousers	39.00			
Unisex				
Fleecy Jacket	40.00			
Jnr Polo	29.00			
Snr Polo	29.00			
Elastic Waist Everyday Black Shorts	35.00			
Elastic Waist Everyday Black Long Pants	39.00			
Jumpers				
Jumper	72.00			
Sports				
Jacket	65.00			
Sports Shorts Std	25.00			
Trackpant	38.00			
Sports Polo	35.00			
Others				
Scarf	20.00			
Socks 5pr	20.00			

OPENING HOURS:

TUESDAY
THURSDAY

8:00am - 12noon
8:00am - 12noon

RUTHERFORD MECHANICAL REPAIRS



ALL MECHANICAL REPAIRS

- Fuel Injection · LPG Servicing
- Pink & Blue Slips
- Manufactures Handbook Services
- MVR License Number 23961

Call **DAVID** on **49325 982**
27 JOHN STREET, RUTHERFORD
Just Off Hwy Opposite
Telarah Railway Station.

A.B.N 19 167 084 237



Quality You Can Trust
Ben Hoffmann

hoffy_06@hotmail.com

Shop 17, 1 North Mall Street,
 Rutherford Shopping Centre
www.hoffsqualitymeats.com.au

Rutherford Technology High School has an Official Facebook Page – just go to Facebook and look for “Rutherford Technology High School NSW Official Site” and click on “Like”.

We will be using the Facebook page to keep everyone informed about events at the school, important dates for your diary, and general information about the school.

Link: <http://www.facebook.com/RutherfordTechnologyHighSchool>



CANTEEN ROSTER 2016



August	15	Volunteer needed
August	16	J Lintott
August	17	Volunteer needed
August	18	J Lintott
August	19	Volunteer needed
August	22	Volunteer needed
August	23	Volunteer needed
August	24	J Lintott
August	25	K Hobbs
August	26	Volunteer needed

Bakers Delight
 We're for real.

The staff and students who are involved in the Breakfast Club would like to acknowledge the generosity of 'Bakers Delight' at Rutherford who now provide us with bread. There are many local businesses who donate their time, service or products to our school. We express our appreciation and hope our school community can reciprocate.



THANK YOU TO McDONALDS RUTHERFORD.

McDonalds Rutherford continues to support our school in many ways.

RUTHERFORD TECHNOLOGY HS - EXPECTED BEHAVIOURS			
	Respect	Responsibility	Commitment
Everyone Everywhere	<ul style="list-style-type: none"> * Be polite * Care for each other * Care for all property * Keep it clean 	<ul style="list-style-type: none"> * Right place right time * Be safe * Use technology appropriately * Follow instructions 	<ul style="list-style-type: none"> * Strive for personal best * Wear school uniform * Be ready to learn
Classroom	<ul style="list-style-type: none"> * Help others to learn * Speak at appropriate times 	<ul style="list-style-type: none"> * Bring the correct equipment * Phones and music off and away * Focus on the task 	<ul style="list-style-type: none"> * Make positive and productive contributions to class * Be willing to work with others
Play Ground	<ul style="list-style-type: none"> * Share the space 	<ul style="list-style-type: none"> * Report issues to the teacher on duty 	<ul style="list-style-type: none"> * Use areas correctly
On the Bell	<ul style="list-style-type: none"> * Respect personal space 	<ul style="list-style-type: none"> * Keep left * Know your timetable * Line up quietly 	<ul style="list-style-type: none"> * Move straight to class * Arrive at class on time
Assembly & Roll call	<ul style="list-style-type: none"> * Active listening 	<ul style="list-style-type: none"> * Sit in assigned place * Phones away 	
Sport	<ul style="list-style-type: none"> * Play by the rules 		<ul style="list-style-type: none"> * Actively participate
Canteen	<ul style="list-style-type: none"> * Use your manners * Wait your turn 	<ul style="list-style-type: none"> * Stay behind the yellow line * Buy for yourself only 	<ul style="list-style-type: none"> * Eat and drink before the bell
Toilets	<ul style="list-style-type: none"> * Respect other's privacy 	<ul style="list-style-type: none"> * Smoke free zone * Out of class, need a pass * Use toilets at the correct time 	
Buses	<ul style="list-style-type: none"> * Take your rubbish with you * Wait your turn 	<ul style="list-style-type: none"> * Travel safely 	<ul style="list-style-type: none"> * Move straight into school

Behaviour Code for Students

NSW public schools are committed to providing safe, supportive and responsive learning environments for everyone. We teach and model the behaviours we value in our students.

In NSW public schools students are expected to:

- Respect other students, their teachers and school staff and community members
- Follow school and class rules and follow the directions of their teachers
- Strive for the highest standards in learning
- Respect all members of the school community and show courtesy to all students, teachers and community members
- Resolve conflict respectfully, calmly and fairly
- Comply with the school's uniform policy or dress code
- Attend school every day (unless legally excused)
- Respect all property
- Not be violent or bring weapons, illegal drugs, alcohol or tobacco into our schools
- Not bully, harass, intimidate or discriminate against anyone in our schools

Schools take strong action in response to behaviour that is detrimental to self or others or to the achievement of high quality teaching and learning.

Behaviour Code for Students: Actions

Promoting the learning, wellbeing and safety of all students in NSW Public Schools is a high priority for the Department of Education.

We implement teaching and learning approaches to support the development of skills needed by students to meet our high standards for respectful, safe and engaged behaviour.

Respect

- Treat one another with dignity
- Speak and behave courteously
- Cooperate with others
- Develop positive and respectful relationships and think about the effect on relationships before acting
- Value the interests, ability and culture of others
- Dress appropriately by complying with the school uniform or dress code
- Take care with property

Safety

- Model and follow departmental, school and/or class codes of behaviour and conduct
- Negotiate and resolve conflict with empathy
- Take personal responsibility for behaviour and actions
- Care for self and others
- Avoid dangerous behaviour and encourage others to avoid dangerous behavior

Engagement

- Attend school every day (unless legally excused)
- Arrive at school and class on time
- Be prepared for every lesson
- Actively participate in learning
- Aspire and strive to achieve the highest standards of learning

The principal and school staff, using their professional judgment, are best placed to maintain discipline and provide safe, supportive and responsive learning environments. The department provides a policy framework and resources such as Legal Issues Bulletins, access to specialist advice, and professional learning to guide principals and their staff in exercising their professional judgment. In this context the NSW Government and the Department of Education back the authority and judgment of principals and school staff at the local level.



RUTHERFORD TECHNOLOGY HIGH SCHOOL

CANTEEN MENU

Effective from Term 2 2016



ITEM	PRICE		DRINKS	PRICE
Salad Roll	\$4.30		Moove Milk 500ml	\$3.00
Chicken Salad Roll	\$4.80		Moove Milk 300ml	\$2.20
Ham Salad Roll	\$4.80		Juice 300ml/375ml	\$2.30
Corn Meat Salad Roll	\$4.80		Water 600ml	\$2.00
Chicken Salad Sandwich	\$4.30		Small Water	\$1.00
Salad Sandwich	\$3.70		Soft Drink 600ml	\$3.50
Egg & Lettuce Sandwich	\$3.70		Quench	\$2.00
Curried Egg Sandwich	\$2.90		Plain Milk 600ml	\$2.00
Vegemite Sandwich	\$2.90		Focus Water	\$2.00
Cheese Sandwich	\$2.90		Hot Chocolate (term 2 & 3)	\$1.50
Ham, Cheese & Tomato	\$3.00			
Cheese & Tomato	\$2.70			
Corn Meat & Pickles	\$3.00		SNACKS	
Meat Sandwich	\$2.90		Fresh Fruit Salad (Term 1 & 4)	\$2.50
Chicken Salad Wrap	\$4.80		Fresh Water Melon (Term 1 & 4)	\$2.50
Thai Chicken Salad Wrap	\$4.80		Deli Rock Chips	\$1.00
Salad Wrap	\$4.30		JJ's Chips	\$1.00
Meat Salad Wrap	\$4.80		Eucalyptus Drops	.50c
Salad Box	\$4.90		Muffins	\$1.60
Salad Box (small)	\$3.60			
Chicken Salad Box	\$5.90		Finger Buns	\$1.60
Chicken Caesar Salad Box	\$6.00			
Caesar Salad Wrap	\$5.00			
Chicken Tender Salad Wrap	\$5.00			
EXTRAS				
Bread Roll (extra)	.90		Banana Bread	\$2.60
Butter Bread	.90			
Toasted Sandwich (order)	.50			
Extra Fillings	.40			
Butter/Mayo or Mustard	.20		ICE CREAMS	
HOT FOOD			Billabong	\$1.60
Cheese and Bacon Roll	\$2.20		Paddle Pops	\$1.60
Hot Dog	\$2.50		Frosty Fruits	\$2.00
Pizza Rounds	\$2.30		Frozen Yoghurt	\$1.80
Chicken Burger	\$3.60		Vanilla Buckets	\$1.20
Chicken Burger w Salad	\$4.30		Paddle Pop Lemonade Twist	\$1.20
Plain Pies	\$2.70		Juice Ice Block	\$1.00
Sausage Rolls	\$2.60		Milo Cups	\$2.90
Cheese & Bacon Pie	\$3.00		Moosies	\$1.00
Potato Pie	\$3.00		SAUCES	
Mamee Cup Noodles	\$2.20		Tomato	.40c
Chicken Gravy Roll	\$3.60		BBQ	.40c
Cheese Burger	\$3.60		Sweet & Sour	.40c
Chicken Chippies (6)	\$3.00			
Chicken Nuggets (6)	\$3.00			
Garlic Bread	\$1.10		NEW	
Meat Ball Subs **NEW**	\$3.60		Watch our noticeboard	
Pizza Rounds	\$2.50		for daily \$3 hot dishes	