

**RESPECT
RESPONSIBILITY
COMMITMENT**

RUTHERFORD TECHNOLOGY HIGH SCHOOL NEWSLETTER



19th June, 2015

Email: rutherford-h.school@det.nsw.edu.au

www.rutherfordhs.nsw.edu.au

Telephone: 4932 5999

Fax: 4932 8166

<http://www.facebook.com/RutherfordTechnologyHighSchool>

CALENDAR DATES

22nd-26th June-

Dramaworks at

Newcastle University.

22nd June-Cows Create

Careers at Tocal College

24th June- MADD

Showcase 7pm in

School Hall

26th June-Last day

Term2

13th July-Pupil Free Day

14th July-School

resumes

15th July-Parent Teacher

Evening 3.30pm - 6.30pm

21st July-P&C Meeting

6pm all welcome.

OFFICE OPENING HOURS

Please be aware the office is open Monday to Friday between 8am and 4pm. Outside office hours a message may be left on the school answering machine.

Parents and caregivers are reminded an appointment is necessary before meeting with teachers as they have class, playground duty and other commitments during the school day.

SCHOOL AND ZONE ATHLETICS CARNIVAL

After a long delay due to the storms and flooding we were finally able to hold our school carnival. Students enjoyed a sunny day with the final result going to the Tollbar Dragons. Our age champions are as follows.

12's Emmanuel Guevarra and Leiya Heffernan

13's Jessica Harvie and Hayden Regan

14's Lisa Moy/Breeana Smoothy and Hakeem Torrens

15's Brooke Greenwood and Danny Vale

16's Chloe Arnold and Anton Osbourne

17+ Teagan Allsop and Brodie Morey

Around 40 students then attended the Coalfields Zone carnival at Glendale sports centre. Once again the RTHS students shone on the day with Danny Vale, Leiya Heffernan and Robyn Draper being named zone age champions. Well done to all students who made it to this level.

Ms Thompson

Sports Department



**ZONE AGE CHAMPIONS LEIYA HEFFERNAN, ROBYN DRAPER AND
DANNY VALE**

SENIOR EXEC REPORT

As term 2 ends we hope everyone has a relaxing and safe break. Thank you to everyone for their support and commitment to learning this term

The holidays are also an opportunity for:

Year 10, 11 and 12 students to catch up any outstanding N awards.

Year 12 to immerse themselves in study for the Trial HSC

SUBJECT SELECTION 2016

Last Wednesday I presented at the HSC and ROSA Information Night for students and their parents. It is always a very exciting time to see young people start thinking and planning for the future. However, the aspect of the night that was most encouraging was to see three-way educational conversations taking place between students, parents and teachers. Education is most powerful when all parts of the school community are communicating and united around the learning goals of the students. Research overwhelmingly demonstrates how parental involvement in school life has a huge impact on the student's academic performance, as it expresses the positive value you place on their schooling. For many parents who work during the day, a great way to show your kids that you take an interest in their education, is by being involved with their homework. Parent involvement in school life also improves the social well-being of students. Your desire to be part of what is happening at school, can rub off on your children, and they develop more positive attitudes about coming to school and develop a greater sense of belonging and inclusion. The school appreciates all kinds of parent participation, even if it is only for a few hours a year, it is so encouraging for the teachers, providing us with a great resource to improve the quality of all that we do. Two other ways that you could be involved in your child's schooling would be attending the next P & C meeting on every third Tuesday of the month and of course we are always looking for more volunteers in the canteen.

CONGRATULATIONS

Our Lawn Bowls team finished 13th in the state at the CHS championships in Temora. Thank you to Mr. Newham for the time and effort he put into this.

Our Drama ensemble won "best script" and "people's choice" at the Short and Sharp drama festival in Sydney. Thank you to Miss McCann for her time and effort.

BUILDING UPDATE

The commercial kitchen and Home Economics area are progressing towards completion with handover now expected at the end of the holidays.

Work on the Performance Classroom will now start in July as well.

The first 3 Science labs will be completed by the start of August

Maitland Tutorial Centre should be completed in August.

The new 2 storey classroom block has started, as has the main quad, lift and walkways.

MOTIVATIONAL SPEAKER

Lorin Nicholson visited the school on Friday 12 June. He performed his extraordinary guitar playing and spoke about resilience, positive behaviour and high achievement to the whole school. Two very strong messages, in particular came from Lorin. One, of overcoming adversity to set goals and succeed in life. The other, accepting that people are different and being tolerant and supportive.

TARGETED RUGBY LEAGUE PROGRAM

A gala day was held on Tuesday 16 June for our partner Primary Year 5 and 6 students. This was used to develop skills and identify talent leading into the Targeted Rugby League program at Rutherford Technology High. Thanks to the NRL and West Maitland rugby League for their support. Thanks to Mr. Potapczyk and his helpers for the organisation.

MADD NIGHT IS ON 24 JUNE

A lot of hard work has gone into our MADD (Music, Art, Dance, Drama) night please come and support the talented students we have in the school.

NAIDOC WEEK

NAIDOC week falls in the school holidays, but the school celebrates in the last week of term with a number of activities.

ROTARY CLUB OF RUTHERFORD AND TELARAH

The school has corporate membership of the Rotary Club of Rutherford and Telarah with staff members attending the club meetings each week. The club is a great supporter of the school and youth across the greater Maitland area. The Ryda driver assist program at Tocal this week for Year 11 students is a great example of this.

UNIFORM

A reminder that our school is a uniformed school and students are expected to wear our school uniform. This can be purchased from our uniform shop at school. Black jumpers or cardigans are not part of our school uniform. If a student cannot wear uniform for a particular reason, the expectation is that they have a note from home explaining why. As a school we are currently reviewing our uniform policy.

REPORTS

Reports are being finalised at the moment and will be sent home next week.

PARENT/TEACHER EVENING

Parent/teachers interviews will be held on Monday 15 July in the school hall.

Mrs Kylie Fabri
Deputy Principal



PARENT TEACHER INTERVIEWS – WEDNESDAY 15 JULY 2015

3.30pm – 6.30pm in School Hall

Parent Teacher interviews will be held Week 1 Term 3 on Wednesday 15 July 2015 in the School Hall. Our school uses an online booking system, with instructions sent to you by email using the address you supplied the school. Please check this email address for a personalised code for you to access the website.

A message will be sent by our school Facebook page and School App when Interview requests are scheduled to appointment times.

How to request interviews – What to do:

STEP 1: Check your email address you have supplied to the school.

Visit: <http://web.edval.com.au> with code listed in email sent by the school to you.

Check *all* your child's name(s) are shown.

If not all your children appear above, add missing students with their own booking codes, or click 'remove' if you want to book interviews separately for some children on this group booking, using their codes above.

STEP 2: Confirm you *can attend* the event. Your specific time restrictions and time preferences may be entered in the *My Details* tab if needed. Open time availability generally gives you more compact schedules however.

STEP 3: Click *Request Interviews* tab, and drag any teacher you want to see across to the *Teachers I want to see* side of the table. This list is prioritised in the order of importance to you, with most important at the top. Higher priority interviews may be allocated over others if there is high demand for some busy teachers. You do not need to select all teachers unless you want to see them all.

STEP 4: Wait for the schedule publishing date, or advice from the school that the schedule is ready, which is generally three days prior to the event date. Log in using your existing booking code, and print off your allocated interview schedule, or make manual changes to the schedule times if necessary.

If you haven't received details via email, or are having difficulty accessing the system please contact the school on 4932 5999.

Regards

School Timetable Team

SPECIAL EDUCATION FACULTY REPORT

It's a very busy time of year for the Special Education staff with the Nationally Consistent Collection of Data (NCCD) due early in term 3. This is the process the school goes through to collect information on the additional learning needs of students and the adjustments to programs being implemented in classrooms. The collection of this information results in the school being allocated resources based on the learning needs of the students.

HSC trials begin in week 1 of term 2 and we are looking for students in year 10 or 11 who would like to volunteer to act as a reader or writer for year 12 students who have been allocated special provisions for their exams. If you have good reading and writing skills and are interested in helping out, please see Mr Marselos in the Support Staff room next to room 7 before the end of term.

Our three support classes have been participating in an activities afternoon every Thursday in periods 5 and 6. This allows the students to pursue interests in mixed age groups. This term we have a group working on a fitness program, another completing craft activities including string art and a third group who are building a model railway. We are fortunate to have a fantastic volunteer in Angus Webster. Angus gives so much of his time, talent and resources to teach our students about planning and building a model railway. They are learning a lot of practical skills while enjoying themselves. The tracks they are creating have the most realistic looking miniature landscapes. We are planning to display their work at next year's Steamfest.

Next term our year 10, 11 and 12 Support students will be venturing out to work experience in the community to put their skills to work. This is a great opportunity for students to experience work places firsthand and they are excited if not a little nervous.

We have been busy fundraising for our overnight excursion to Great Aussie Bush Camp in term 4 on the 2nd and 3rd of November. Our aim is to have as many children as possible participating in the wonderful team building challenges at camp while enjoying all the fun activities on offer.

We have been cooking up a storm and selling the results to raise funds. Cookies, slices, quiche, sticky date pudding, gramma pie, chicken curry and soup have all been great sellers amongst the staff. The students are learning valuable vocational skills such as cooking, packaging, delivery and money handling during our fund raising efforts. Keep an eye on facebook for an upcoming McDonalds Family Fun Night when 10% of all sales for one hour in the evening will go to the support unit and our camp fund. Bring the family for dinner and help us out. You can even go through the drive-thru if you prefer.

Mrs Lyn Walkerden

HT Support



WEFARE REPORT

MOTIVATIONAL SPEAKER

Last Friday Lorin Nicholson, a youth motivational speaker visited our school and presented to all students from Years 7-12. Lorin has presented at over 1400 schools and performed for more than a million students throughout Australia and in other countries. Lorin presented a simple but very powerful message to our students about perseverance, resilience, respect, inclusion and leadership. Lorin's fantastic guitar playing, combined with his incredible life achievements growing up blind, gave our students an insight into the types of challenges that many people, with or without a disability, can face in their lives. Our students responded well to the presentation, which I hope has helped to inspire them to take on a positive attitude towards others, and to set themselves personal goals which they can work towards achieving.

MENTORING OPPORTUNITY

Hunter Youth Mentor Collaborative will be running a mentoring training course for interested members of the public on Friday July 17, 9.00am – 4.00pm. This course is for new mentors, and aims to provide a basic understanding of mentoring and the types of strategies which can be used to successfully mentor young people. If you have spare time and would like to contribute to the lives of young people by becoming involved in mentoring, Rutherford Technology High School would love to hear from you. At the school we run a program called Plan-it Youth which relies on trained volunteer mentors to work with selected Year 10 students. For further information about mentoring, the opportunities, and details of the training, see the flyer in this newsletter.

SUPPORT SERVICES

Coming into school holidays community support services may be needed in times of crisis. Included in this newsletter is an information page about eheadspace – a very valuable service in times of need. Other services available in the community include:

- **Lifeline** connects people with care by providing services in Suicide Prevention, Crisis Support and Mental Health Support – **13 11 14**
 - **Kids Helpline** is a counselling service for Australian children and young people aged between 5 and 25 years – **1800 55 1800**
 - **1800 RESPECT** is a free confidential service for people experiencing or who have experienced domestic or family violence and/or sexual assault – **1800 737 732**
 - **The Family Relationship Advice Line** is a national telephone service that assists families affected by relationship or separation issues – **1800 050 321**
 - **SANE Helpline** – SANE Australia is a national charity working for a better life for people affected by mental illness, their families and friends **1800 187 263**
 - **beyondblue.org.au** for when something isn't quite right, or if things just seem too much and you need to talk - **1300 224 636**
- Headspace (Maitland)** Local service which is a one stop shop and includes services to help with mental health, general physical health, family and relationships, drug and alcohol issues **49311000**

Kris Turner
Relieving Head Teacher Welfare



LORIN NICHOLSON PERFORMING AT RTHS.

CAREERS REPORT

LITTLE ASPIRATIONS PRIMARY CAREERS PROGRAM

On Wednesday the 10th of June nine Aspire Ambassadors visited Lochinvar Primary School with Mr Butler to deliver the 'Little Aspirations' workshop to 30 Lochinvar Year 5 and 6 students.

The event began with host Brooke Sweetman introducing herself and other RTHS students and led a brief talk about a range of different careers. Declan Payne (soldier), Jhon Barrios (Doctor), Georgia Horne (Chef) and Daniel Gibson (Tradesman) were dressed to impress and spoke to the students about the requirements, benefits, challenges and dress/equipment required in their specific careers.

The exceptionally behaved Lochinvar PS students were then rotated through four activities to build their employability skills and career awareness. Brooke Sweetman and Courtney Walsh help the students use their problem solving skills through a boat building activity, Jordyn Hamson and Declan Payne developed the verbal and non-verbal communication skills of student through a range of tasks, Daniel Gibson and Jhon Barrios taught students how to make a good first impression and work together as a group and finally, students were introduced to the concept of a resume by Jared Hughes, Courtney Martin and Georgia Horne.

The workshop concluded with Lochinvar PS students being presented with certificates and being photographed with some of the dress and equipment from a range of different occupations.

Overall, the workshop was enjoyed greatly by all and special thanks must go to Lochinvar PS for their hospitality and wonderful young students. Congratulations must also go to the Aspire Ambassadors involved for being such fantastic role models for the younger students.

YEAR 10 SUBJECT SELECTIONS

As parents of Year 10 students would be aware, the 2016 subject selection process began last Wednesday (10th June) with student talks from faculties, TAFE and University and with parents being invited to subject selection evening.

If students or parents require additional information or guidance they are encouraged to contact the Careers staff.

SCHOOL-BASED APPRENTICESHIPS / TRAINEESHIPS

In Year 11 and 12 students have the opportunity to undertake a School-Based Apprenticeship or Traineeship (SBAT) as part of their HSC. This combines at least 100 days of paid employment and the completion of a nationally recognised qualification whilst remaining at school.

Year 10 students who are interested in this as a potential option for 2016-2017 can see Mr Butler for more information.

NEW 'CAREERSWORKS' RESOURCE

RTHS has recently purchased CAREERSWORKS for both students and parents to engage easily with career and further education information. It is a student-friendly platform based on "back to the source" for all information. CAREERSWORKS is now being taken up by schools all over NSW. (See the attached flyer for further details)



PARENT SKILL REGISTER.

Thank you to the parents/carers who completed the Parent Skill Register sheet that was posted and emailed to all families. Three names of students, that returned the forms, were drawn out of the hat. Chelsea Stuckings from Year 12, Breanna Smoothy from Year 8 and Holly Smith also from Year 8 were the successful students. Congratulations. See Mrs Fitzgibbon in the Front Office for your rewards – vouchers for the Canteen.

YEAR 8 CAMP

Thankyou to all parents/carers and students who have paid the deposit for the Year 8 excursion to The Great Aussie Bush Camp and returned permission notes. The \$30 deposit and permission note for Year 8 Camp was originally due this Friday 19/6. We have extended the time to pay the deposit by another week, so we will accept deposits until the end of Week 10 Friday 26th June.



Mrs Emma Basedow

Yr 8 Year Advisor

BIOLOGY EXCURSION

On the 21st May, 14 Year 12 Biology students went to Sydney Children's hospital for a workshop on Maintaining a Balance and Search for Better Health, two topics from their Biology course. The weather was perfect and the students enjoyed seeing resources that are not available to them at school, for example, blood products and dialysis equipment.

They then walked to the University of New South Wales to have lunch in the Matthews arcade. While the service was fast and the food cheap enough for students, there was an incredible amount of choice of food, from pizza to Indian curries.

The last two hours of the day were spent at the Museum of Human Disease. The visit started with a university-style lecture on the effects of fats and alcohol on the arteries and liver. The samples were graphic and very memorable. Students were then able to examine a medical diagnostic test of their future and a variety of human organs that have been affected by disease.

Students commented on how informative the day was and how much they enjoyed the visit.

CHESS TEAM REPORT.

Our chess team, Braydon Stoessel, Christopher Hourigan, Ashe Calder and Stephanie Posavec made it to the third round of the second place NSW Junior Chess League Competition. After some close games and serious concentration they lost to Singleton High School.

We can be very proud of their sportsmanship and maturity as representatives of our school. Well done team! Although we are now out of this competition chess will continue to be popular at lunch times in the library.

Kim Saunders and Sharon Melville
Library



Braydon, Christopher, Ashe and Stephanie.

CONGRATULATIONS TO JOSHUA PAYNE.

The Australian Olympic Committee has selected Joshua Payne in Year 12 as a recipient of the **2015 Pierre de Coubertin Award**. He has been invited to attend the NSW State Presentation, promoted by the NSW Olympic Academy, where he will have the opportunity to meet Olympians, workshop Olympic issues and learn about the International Olympic Movement.

The Olympic Academy is a unique opportunity for students to gain an understanding of the Olympic Movement and interact with a number of past and present Australian Olympians. This year, Youcef Abdi (Athletics, Beijing 2008, London 2012), Tiana Penitani (Rugby Sevens, Nanjing 2015), Steph Magiros (Snowboard, Sochi 2014) and Scott Kneller (Ski Cross, Vancouver 2010, Sochi 2014) will be joining students at the Olympic Academy Day to share the story of their 'Olympic Journey'. The New South Wales Institute of Sport (NSWIS) will also be running a workshop, specifically for year 11 and 12 students, that aims to develop time management and SMART goal setting techniques.



RYDA ROAD SAFETY EDUCATION AND ROTARY.

On 19th June, all Year 11 participated in a Road Safety program held at Tocal. Students gained insight into many aspects of road safety during the six workshops that they attended.

Thanks to the organisations who support this event.

Founding Sponsor



Community Partner

Rotary Clubs in Australia
(ACT, NSW, Qld, SA, Tas,
Vic & WA) & New Zealand

EXPERIMENT-FEST AT NEWCASTLE UNIVERSITY.

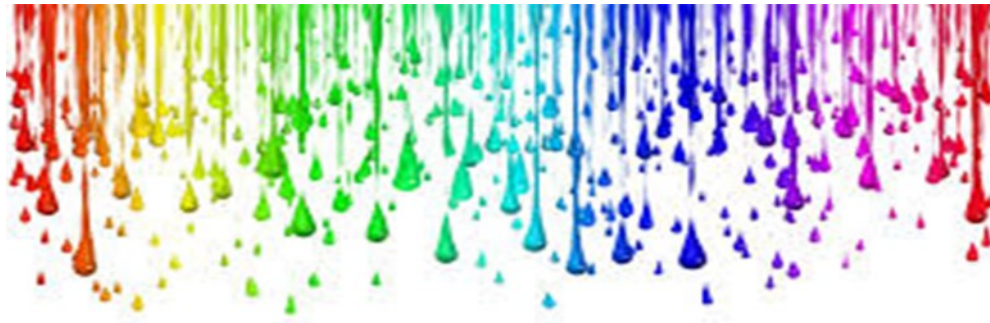
On the 15th June students in Year 12 Chemistry participated in EXPERIMENT-FEST at the University of Newcastle. They performed experiments including the determination of sodium level in sports drinks, the sulfate content in fertilizer and the nitrate levels in water. Students used modern instrumentation including spectroscopy and atomic absorption spectrophotometry.

Our students mastered the use of these expensive pieces of equipment and gained meaningful experimental results. This reinforced their learning of the HSC syllabus. The students were able to experience a modern laboratory and gained valuable insight into practical work at the University.

Kevin McMullen



Michael Vincent, Kara Magennis, Brittany Jones, Grace Harper, Sam Currie and Jake Hendry



**Wednesday
24th June
7pm**

Adults \$5

**Children and concession
\$2**

**Family ticket \$10(2 adults,
2 children)**



MADD SHOWCASE

We have a lot of talent at our school and what better way of showing it off than in a concert. That's right – MADD Night is back!

On Wednesday 24th June we will be hosting MADD Night in our MPC. It is a chance for you to come along and see our amazingly talented students performing magnificent musical acts, deadly drama performances and dazzling dances. There will also be a large range of attractive artworks spread around the hall for your enjoyment. Performers range from Years 7 to 12 and are all students from Rutherford Technology High School. The canteen will be open for business, offering delicious food and refreshments. Tickets can be purchased from the school office ahead of time or purchased at the door. Please be aware that tickets are not numbered so it's first in, best dressed!

Adults \$5
Concession \$2
Family (2 adults, 2 children) \$10



Compulsory School Attendance

Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The *Education Act 1990* requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child's school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child's absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principals may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child's school principal. An *Application for Extended Leave* may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child's total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child's school principal.





My child won't go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school's learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education and Communities may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child's attendance at school.

- Application to the Children's Court – Compulsory Schooling Order

If your child's attendance at school remains unsatisfactory the Department

may apply to the Children's Court for a *Compulsory Schooling Order*. The Children's Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child's full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to [complete their schooling](#).

Working in Partnership

The Department of Education and Communities recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfil their life opportunities.

If a student misses as little as 8 days in a school term, by the end of primary school they'll have missed over a year of school.

Further information regarding school attendance can be obtained from the following websites:

Policy, information and brochures:

<http://www.schools.nsw.edu.au/studentsupport/programs/attendance.php>

The school leaving age:

<http://www.schools.nsw.edu.au/leaving-school/index.php>

Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.

For further advice and questions contact your educational services team

T 131 536

Learning and Engagement

Student Engagement & Interagency Partnerships

T 9244 5129

www.dec.nsw.gov.au

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NSW Department of Education and Communities



COUNTDOWN TO RACE DAY

RTHS students in the TAS faculty will be entered in the Hunter Valley Electric Vehicle festival. The team will make and race hub motor and universal motor electric bikes. This is the third year for the EV festival and more schools from across the Hunter region are involved than ever before.

The team of students have the opportunity to use and/or develop skills in welding, metal work and electrical wiring as they work on the bikes. As they become more skilled in their design and construction techniques, they use problem solving skills to make the bike faster, less wind resistance etc. The festival itself includes a practice day on the 6th of August, Race day on 13th of August at Cameron Park and a show day on the 16th of August at the Newcastle Fore-shore Park. So if students or their parents are interested in this exciting project then contact Mr Cromarty, HT TAS at scott.cromarty@det.nsw.edu.au.

The electric motor and battery festival is a fun and interactive family day for all ages. It connects more than 8,000 people to the industry. We anticipate that this year will attract an even larger crowd excited to sponsor an industry with such a bright future. If you would like to sponsor us or get involved go to www.hunterfestival.net



The staff and students who are involved in the Breakfast Club would like to acknowledge the generosity of 'Bakers Delight' at Rutherford who now provide us with bread. There are many local businesses who donate their time, service or products to our school. In return we express our appreciation and hope our school community can reciprocate.



eheadspace is a national
online and telephone
counselling service

workers



eheadspace.org.au

1pm-1am AEST

eheadspace telephone

1800 650 890

10pm-1pm AEST

eheadspace is a confidential, free and secure space where a young person or their family can web chat, email or speak on the phone with a qualified youth mental health professional.

Registering with eheadspace

Young people or family members must register at www.eheadspace.org.au to use the service. To register you need to provide a user name, email address, gender, age, postcode, CALD and Aboriginal and Torres Strait Islander status. It is a two step process requiring email verification. Young people who make their first contact with **eheadspace** telephone clinicians will be asked to provide the same information.

Who can access eheadspace?

eheadspace aims to offer flexible mental health support to young people 12-25 years of age and their families or friends.

eheadspace is not a crisis service.

eheadspace aims to provide improved access to young people who are known to be less likely to use traditional services such as young men, LGBTI, Aboriginal and Torres Strait Islander, CALD and rural and remote young Australians.

We do acknowledge that not all mental health problems can be appropriately addressed online. When this is the case, young people will be supported and encouraged to attend face to face services. Where there are concerns that **eheadspace** is not being utilised appropriately this will be discussed with the young person directly.

What does eheadspace offer?

eheadspace will provide an opportunity for flexible help seeking with mental health expertise through esupport or etherapy as appropriate:

1 **esupport** to young people and their families is based on sound evidence based practice or principles of best practice. The support provided includes: triage, preliminary assessment, psychoeducation, motivational interviewing, problem solving, self-help strategies, CBT, supportive counselling, referral and/or adjunctive/ collaborative care with face to face services.

2 **etherapy**¹ is individually negotiated, goal directed counselling using evidence based interventions. In order to be eligible for etherapy, a young person will need to have completed a thorough assessment and screening process and they (or their parent/carer if under 16 years) will be taken through the **eheadspace** consent process.

Interventions offered will be based on assessment, formulation and shared decision making.

Coordinated Care

eheadspace utilise a key worker model to promote consistency of responses to young people.

A referral to face to face services does not always mean that the **eheadspace** clinician would no longer be involved with the young person's care. **eheadspace** clinician's may be part of the overall care plan of a young person.

Referrals from eheadspace

eheadspace will offer assisted referral, where young people are supported through referrals to face to face services (including **headspace** centres). Where necessary, young people are supported whilst they await an appointment or are in the process of engagement with a face to face service.

It is hoped that referrals and communication between **eheadspace** and **headspace** centres (and other youth mental health services) are as seamless as possible for young people.

¹ Available online only



Health
Hunter New England
Local Health District

Does Your Child Receive Regular, High Quality Dental Care?

Hunter New England Oral Health provides comprehensive dental care for children under 18 years of age, completely FREE of charge.

For more information, phone **1300 651 625**

Our Clinic Locations:

- Armidale • Beresfield • Cessnock • Forster • Glen Innes • Gunnedah • Inverell • Maitland • Moree
- Muswellbrook • Narrabri • Nelson Bay • Newcastle • Raymond Terrace • Scone • Singleton
- Tamworth • Taree • Toronto • Wallsend • Windale

Rutherford Tennis Complex

JUNE/JULY SCHOOL HOLIDAY TENNIS CLINIC

Rutherford Tennis Complex, Fairfax St Rutherford

Pro-Shop: 49345016 Mobile: 0421882055 Post: PO Box 2411 Greenhills 2323

Web site: www.maitlandtenniscentre.com.au

When: 6th, 7th, 8th July

(Monday, Tuesday, Wednesday)

Time: 9.00am to 10.30am per day

Price: \$50.00 for 3 days per child (Family Discounts Available)

Age: 4 years to 16 years

Standard: Beginner to intermediate

Name (1)..... D.O.B.....

Name (2)..... D.O.B.....

Name (3)..... D.O.B.....

Address.....

Phone (Home)..... (Mobile).....

Email.....

BOOK NOW: PH 49345016, 0421882055 or

On line @ www.maitlandtenniscentre.com.au

DON'T MISS OUT



2015/2016 ENTERTAINMENT BOOK FUNDRAISER

The annual fundraiser is on again and they make perfect gifts.

The books and digital memberships are still \$60.00 with \$12.00 of each purchase going directly to the school.

To order a 2015/2016 Entertainment Book OR Digital membership (which can be installed on up to 4 phones-Great for families) :

- Please send your order form in an envelope with cash or credit card details to the office at school.
- Direct Deposit into our school account.

Call Lexi Fitzgibbon on 49325999 for more information.

Rutherford Technology High School UNIFORM SHOP

PRICE LIST

ITEM	PRICE	SIZE	QTY	TOTAL INCL GST
Girls				
Jnr Blouse Sky	28.00			
Snr Blouse Lemon	28.00			
Jnr/Snr Girls Shorts	35.00			
Jnr Skirt	48.50			
Snr Skirt	48.50			
Bootleg slacks	39.00			
Boys				
Jnr/Snr Boys Shorts	35.00			
Jnr/Snr Trousers	39.00			
Unisex				
Fleecy Jacket	40.00			
Jnr Polo	29.00			
Snr Polo	29.00			
Elastic Waist Everyday Black Shorts	35.00			
Elastic Waist Everyday Black Long Pants	39.00			
Jumpers				
Jumper	72.00			
Sports				
Jacket	65.00			
Sports Shorts Std	25.00			
Trackpant	38.00			
Sports Polo	35.00			
Others				
Scarf	20.00			
Socks 5pr	20.00			

OPENING HOURS:

TUESDAY
THURSDAY

8:00am - 12:00noon
12:30pm - 4:30pm

CANTEEN ROSTER 2015



13 July	Pupil Free Day
14 July	Volunteer Required
15 July	Volunteer Required
16 July	Volunteer Required
17 July	Volunteer Required
20 July	K.Cresswell
21 July	Volunteer Required
22 July	K Hobbs
23 July	Volunteer Required
24 July	Volunteer Required

PREMIER FITNESS
and martial arts centre

Join us at Rutherford's Premier Fitness and Martial Arts Centre

- Les Mills fitness classes
- Zanshin Jujitsu
- Childcare
- Kids chill zone
- Kickboxing classes
- Kids martial arts
- Personal training

ZANSHIN JUJITSU

残心柔術

LESMILLS

Ask about our great rates TODAY!
No lock in contracts

0401 199 913
11 Bradmill Ave, Rutherford

The Royal Society for the Blind

Low vision aids & professional services:

- Occupational Therapy
- Social Work
- Orientation & Mobility
- Low vision aids
- Adaptive technology
- Social groups & programs

(02) 4956 2282



151 Lambton Road
Broadmeadow
NSW 2292
www.rsb.org.au
rsbhunter@rsb.org.au

NSW NDIS Provider Registration
Number: 25405704
HACC and DVA Provider

Rutherford Technology High School has launched its Official Facebook Page – just go to Facebook and look for “Rutherford Technology High School NSW Official Site” and click on “Like”.

We will be using the Facebook page to keep everyone informed about events at the school, important dates for your diary, and general information about the school.

Link: <http://www.facebook.com/RutherfordTechnologyHighSchool>



RUTHERFORD MECHANICAL REPAIRS

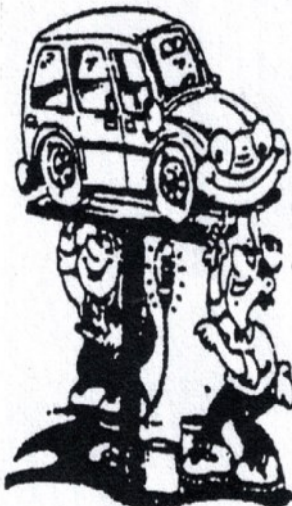
ALL MECHANICAL REPAIRS

- Fuel Injection · LPG Servicing
- Pink & Blue Slips
- Manufactures Handbook Services
- MVR License Number 23961

Call **DAVID** on **49325 982**

27 JOHN STREET, RUTHERFORD

**Just Off Hwy Opposite
Telarah Railway Station.**





CHANGES TO STUDENT INFORMATION

Student's Surname: _____

Student's First Name: _____

Year: _____ Date today: _____

New Address: _____

Postcode: _____

New Carer Information: _____

(Carer changes that may need to be made to current records)

New Carer Phone Numbers: _____

New Home Phone Number **Mother:** _____ **Father:** _____

New Mobile Number **Mother:** _____ **Father:** _____

New Work Number **Mother:** _____ **Father:** _____

New Email Address _____

New Emergency Contacts:

Name: _____ Name: _____

Home: _____ Home: _____

Mobile: _____ Mobile: _____

Relationship to student: _____ Relationship to student: _____

Name of person making changes _____ relationship to student _____

**SPORT ON THURSDAY IS
COMPULSORY**

**IF YOU NEED YOUR CHILD TO
LEAVE SCHOOL TO ATTEND AN
APPOINTMENT, PLEASE ENSURE
THAT YOU SEND A NOTE WITH
THEM IN THE MORNING. THE
STUDENT WILL THEN BE ISSUED
WITH AN EARLY LEAVERS PASS.**



RUTHERFORD TECHNOLOGY HIGH SCHOOL

CANTEEN MENU

Effective from Term 2 - 2015



ITEM	PRICE		DRINKS	PRICE
Salad Roll	\$4.20		Moove Milk 500ml	\$3.00
Chicken Salad Roll	\$4.70		Moove Milk 300ml	\$2.20
Ham Salad Roll	\$4.70		Juice 300ml/375ml	\$2.20
Corn Meat Salad Roll	\$4.70		Water 600ml	\$2.00
Chicken Salad Sandwich	\$4.20		Small Water	\$1.00
Salad Sandwich	\$3.60		Soft Drink 600ml	\$3.20
Egg & Lettuce Sandwich	\$3.60		Soft Drink 390ml	\$2.60
Curried Egg Sandwich	\$2.80		Quench	\$1.80
Vegemite Sandwich	\$2.80		Plain Milk 600ml	\$2.00
Cheese Sandwich	\$2.80		Focus Water	\$1.80
Ham, Cheese & Tomato	\$2.90		Hot Chocolate (term 2 & 3)	\$1.50
Cheese & Tomato	\$2.60			
Corn Meat & Pickles	\$2.90		SNACKS	
Meat Sandwich	\$2.80		Fresh Fruit Salad (Term 1 & 4)	\$2.50
Chicken Salad Wrap	\$4.70		Fresh Water Melon (Term 1 & 4)	\$2.50
Thai Chicken Salad Wrap	\$4.70		Deli Rock Chips	\$1.00
Salad Wrap	\$4.20		JJ's Chips	\$1.00
Meat Salad Wrap	\$4.70		Cheese Rice Sticks	\$1.00
Salad Box	\$4.80		Chicken Jumpy's	\$1.00
Chicken Salad Box	\$5.80		Eucalyptus Drops	.50c
Bread Roll (extra)	.90		Muffins	\$1.50
Butter Bread	.90		Finger Buns	\$1.50
Toasted Sandwich (order)	.50		Banana Bread	\$2.40
Extra Fillings	.40 each			
Butter/Mayo or Mustard	.20 each		ICE CREAMS	
HOT FOOD			Billabong	\$1.50
Chicken Wedge/Dino	\$2.80		Paddle Pops	\$1.50
Pop Corn Chicken	\$2.80		Frozen Fruits	\$2.00
Pizza Single (Ham & P/Apple)	\$2.30		Frozen Yoghurt	\$1.70
Hot Dog	\$2.40		Vanilla Buckets	\$1.20
Pizza Rounds	\$2.30		Paddle Pop Lemonade Twist	\$1.20
Chicken Burger	\$3.50		Juice Ice Block	\$1.00
Chicken Burger w Salad	\$4.20		Milo Cups	\$2.80
Plain Pies	\$2.60			
Sausage Rolls	\$2.50		SAUCES	
Chicken & Bacon Pie	\$2.90		Tomato	.40c
Potato Pie	\$2.90		BBQ	.40c
Mamee Cup Noodles	\$2.00		Sweet & Sour	.40c
Chicken Gravy Roll	\$3.60			
Rissole Gravy Roll	\$3.60			
Cheese Burger	\$3.50			
Chicken Chippies (6)	\$2.80			
Chicken Nuggets (6)	\$2.80			
Garlic Bread	\$2.00			
Meat Ball Subs **NEW**	\$3.60			





PLEASE TAKE THE TIME TO COMPLETE THE SURVEY BELOW AND RETURN TO FRONT OFFICE

Rutherford Technology High

Canteen Survey

If the school had a pre-paid on-line ordering system, would you use it?

☐ Yes | ☐ NO

Do you use the canteen? ☐ Yes | ☐ NO

If not, why not?

Breakfast Items:

Hash Browns	<input type="checkbox"/> Yes <input type="checkbox"/> No
Cheese Toasties'	<input type="checkbox"/> Yes <input type="checkbox"/> No
Cheese & Bacon Rolls	<input type="checkbox"/> Yes <input type="checkbox"/> No
Banana Bread	<input type="checkbox"/> Yes <input type="checkbox"/> No
Variety of Muffins	<input type="checkbox"/> Yes <input type="checkbox"/> No
Yoghurt + Fruit	<input type="checkbox"/> Yes <input type="checkbox"/> No
UP & GO'S	<input type="checkbox"/> Yes <input type="checkbox"/> No

Sandwiches/Rolls: (White & Multigrain)

Salad (lettuce,tomato,beetroot,cheese, cucumber,carrot,onion,egg,avocado)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Meat (chicken,ham,roast beef) &Salad	<input type="checkbox"/> Yes <input type="checkbox"/> No
Egg & Lettuce	<input type="checkbox"/> Yes <input type="checkbox"/> No
Ham/Cheese/Tomato	<input type="checkbox"/> Yes <input type="checkbox"/> No
Chicken/Lettuce/Mayo	<input type="checkbox"/> Yes <input type="checkbox"/> No

Wraps:

Sweet Chilli Tender/lettuce/mayo	<input type="checkbox"/> Yes <input type="checkbox"/> No
Chicken Caesar	<input type="checkbox"/> Yes <input type="checkbox"/> No
Meat + Salad	<input type="checkbox"/> Yes <input type="checkbox"/> No
Salad	<input type="checkbox"/> Yes <input type="checkbox"/> No
Baby Wraps	<input type="checkbox"/> Yes <input type="checkbox"/> No

SUB'S (on a hotdog roll):

Meatballs	<input type="checkbox"/> Yes <input type="checkbox"/> No
Hot Dog	<input type="checkbox"/> Yes <input type="checkbox"/> No
Hot chicken/gravy	<input type="checkbox"/> Yes <input type="checkbox"/> No
Hot beef/gravy	<input type="checkbox"/> Yes <input type="checkbox"/> No

Salad Tubs/Bowls:

Chicken Caesar	<input type="checkbox"/> Yes <input type="checkbox"/> No
Meat + Salad	<input type="checkbox"/> Yes <input type="checkbox"/> No
Deluxe Salad	<input type="checkbox"/> Yes <input type="checkbox"/> No

Hot Food:

Sausage Roll	<input type="checkbox"/> Yes <input type="checkbox"/> No
Pies (Plain & Potato)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Chicken Burger (Breast chicken, lettuce, mayo)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Spaghetti Bolognese (Bowl)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Beef Hamburger (rissole, lettuce, tomato, beetroot, cheese & sauce)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Pizza Subs (meatballs,cheese)	<input type="checkbox"/> Yes <input type="checkbox"/> No
Wedges	<input type="checkbox"/> Yes <input type="checkbox"/> No
Nacho's	<input type="checkbox"/> Yes <input type="checkbox"/> No
Spinach + Ricotta Rolls	<input type="checkbox"/> Yes <input type="checkbox"/> No
Corn on the Cob	<input type="checkbox"/> Yes <input type="checkbox"/> No
Chicken Goujon's	<input type="checkbox"/> Yes <input type="checkbox"/> No
Fried Rice	<input type="checkbox"/> Yes <input type="checkbox"/> No
Garlic Bread	<input type="checkbox"/> Yes <input type="checkbox"/> No

Would you like to see "THEME DAYS"

☐ Yes | ☐ No

<u>MON</u>	<u>TUES</u>	<u>WED</u>	<u>THURS</u>	<u>FRI</u>
e.g. Butter Chicken				