

**RESPECT
RESPONSIBILITY
COMMITMENT**

RUTHERFORD TECHNOLOGY HIGH SCHOOL NEWSLETTER



19 September, 2014

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www.rutherfordhs.nsw.edu.au

Telephone: 4932 5999

Fax: 4932 8166

<http://www.facebook.com/RutherfordTechnologyHighSchool>

CALENDAR

6 October

Public Holiday

7 October

Students & Staff return

13 October

HSC Begins

14 October

Attendance BBQ

15 October

Road Safety Seminar

Office Opening Hours

Please be aware the office is open Monday to Friday between 8am and 4pm. Outside office hours a message may be left on the school answering machine.

Parents and caregivers are reminded an appointment is necessary before meeting with teachers as they have class, playground duty and other commitments during the school day.

RUTHERFORD TECHNOLOGY HIGH SHOW TEAM

On Friday 5 September, 14 members of the RTHS Show Team made their way to Tocal Agriculture Collage to compete in the Tocal Steer Challenge. All participants gained valuable experience in assessing cattle for markets and breeding as well as having the opportunity to show their handling skills in parading cattle.

Throughout the day RTHS Show Team won 9 ribbons receiving 6th place overall out of the 13 schools that participated. Results for the divisions are as follows:-

- * Montana Evans 2nd place Paraders Senior and 5th place Paraders Senior Open Division
- * Caitlin Cross Highly Commended Paraders Senior
- * Emma Woodhouse Highly Commended Paraders Junior
- * Ellie Besant 1st Place Paradesr Senior Novice
- * Brianna Smurthwaite Highly Commended Paraders Senior Novice
- * Paxton Beeby Highly Commended Paraders Junior Novice
- * Bronwyn Barbie Highly Commended Cattle Judging Senior
- * Tanayha Smurthwaite 2nd place Cattle Judging Junior Novice

Throughout the day everyone had just as many laughs as challenges and can't wait for the next show in Singleton on 18 September to meet their next challenge.



SENIOR EXECUTIVE REPORT

FAREWELL YEAR 12

Year 12 were farewelled in style with a special breakfast followed by their final and farewell assembly on Thursday 18th September. This group are held in high regard by their teachers and we wish them every success for the HSC and beyond. I would like to give a special mention and to wish well Lane, Melanie, Amy, Rachel, Madi, Brittany, Marissa and Dylan from my last ever HSC class. The HSC exams begin Monday 13th October with English and the Year 12 Formal being held Thursday 11th November at Crowne Plaza Pokolbin.

YEAR 11

Year 11 will commence the HSC component of their course from Day 1 Term 4 and will have the option of reducing the number of subjects they study from six to five (ie from 12 units to 10). There will be an interview process, proposed for Monday 13th September (week 2) to support, advise and check that student subject patterns meet BOS-TES requirements. After this has concluded, students will then be formally permitted to cease attending lessons for that subject they intend to drop.

Year 11 will shortly be issued with their HSC assessment schedules covering Term 4 2014 to Term 3 2015.

SPORTS ASSEMBLY

The inaugural RTHS Sports Assembly was held Tuesday 16th September where students who have excelled at school, zone, regional and state levels were recognised. Josh Callinan, sports journalist from the Maitland Mercury and ABC radio presenter was guest speaker and he spoke particularly of the citizenship aspect of sport participation.

He mentioned this and our school very favourably during his radio broadcast on the morning of Wednesday 17th September. Special thanks must go to Miss Thompson, who very ably led the team to plan and implement this important occasion. Parents may wish to visit the RTHS Facebook for an interview Josh Callinan did with Kalista Hunter who was a NSW Combined High Schools representative in soccer.

PARENTS WISHING TO CONTACT THEIR STUDENTS

Parents in need of contacting their students are advised not to do so during class time as this can and has caused conflict when a teacher is conducting their lesson. If your student needs to be contacted in an emergency, please do so through the school administration office, stating that it is an emergency, and we will organise for your student to come from class immediately.

TERM 4

School resumes for Term 4 on Tuesday 7 October.

SCHOOL UPGRADE NEWS

As from the first day back next term, the school administration building will be closed to allow for the commencement of the \$20 million upgrade. Deputy Principals Fabri and Archbold will move to demountable 24, Principal Whiting and DP Hughes move to demountable 23, and school administration (ie front office) staff move to demountable 25.

The main staff car park will be closed and entry to the school via the large double gates will no longer be possible. Instead entry will be via the "bottom" car park and will be signposted.

Our parents and community can view the plans and graphics on RTHS Facebook and webpage.

***Greg Archbold—Deputy Principal
Yr 7, 9 & 11***

CAREER TIPS : WRITING A RESUME

Many students struggle to present themselves in the best possible light in resume form. For students to give themselves a great chance of employment a high quality resume is crucial.

Resume Structure

A good resume should be laid-out the following way:

1. Name, address and contact details – make sure the email address used is appropriate for professional use.
2. Goal or objective – explain what you want to achieve through using the resume.
3. Education, training and qualifications – ensure this is ordered with recent study first.
4. Employment history and work experience – include the dates and duties undertaken when working.
5. Skills – outline your competence at communication, teamwork, using technology, planning and organising, problem solving and using initiative. Use practical examples to illustrate how you can do these things.
6. Special achievements and awards – include anything that will positively reflect on you.
7. Hobbies and interests (optional)
8. Referees – use past employers, teachers and family friends. Do not use friends or family.

Students applying for a job should ensure:

- Their resume does not exceed 2 pages.
- All text is in the same font style.
- Their resume is free of errors (get a teacher or parent to proofread it).
- It is adjusted to suit the particular job they applying for.



Need more help?

A resume and cover letter creator is available on the school's careers website (rthscareers.com). If further assistance and advice is required, see Mr Butler at the VET / Careers staffroom.

VET NEWS

The VET / Careers faculty has had a very busy time of late. Earlier this term all the VET frameworks went through and extensive external audit to see if it met with National Standard, as expected, the Vet frameworks, through the hard work of its dedicated teachers passed the audit with flying colours.

VET (school-based training) and TVET (TAFE-based training) subjects continue to be increasingly chosen by the students of Rutherford Technology High for their interest and relevance to our students, with all VET and most TVET students participating in work placement programs at workplaces in the Rutherford / Maitland area.



As part of our Careers Education Program Work Studies classes participated in an excursion to the Naval Base at Garden Island in Sydney. At Garden Island they were given a tour of HMAS Parramatta where they were shown many of the jobs that naval personnel performed. They also were given a glimpse of life aboard a warship.

Toby Butler and Chris Olsson



a six-session parenting program for PARENTS of adolescents



When

The six-session program runs on Thursday evenings from 6pm - 8pm.

Commences - September 4th, 2014

Concludes - October 9th, 2014

Where

headspace Maitland

Registrations

Register at headspace Maitland front desk or call us on (02) 4931 1000.

Would you like to learn how to:

- be better at talking with your teen?
- be better at understanding your teen?
- help your teen learn to manage their emotions?
- help to prevent behaviour problems in your teen?
- teach your teen to deal with conflict?

Then register in our Tuning Into Teens program!

Tuning in to Teens shows PARENTS how to help their teen develop emotional intelligence. Emotional Intelligence enables young people to appropriately express and control their emotions. It also enhances their ability to understand, interpret and respond to the emotions of others.

Overall, it's GREAT!

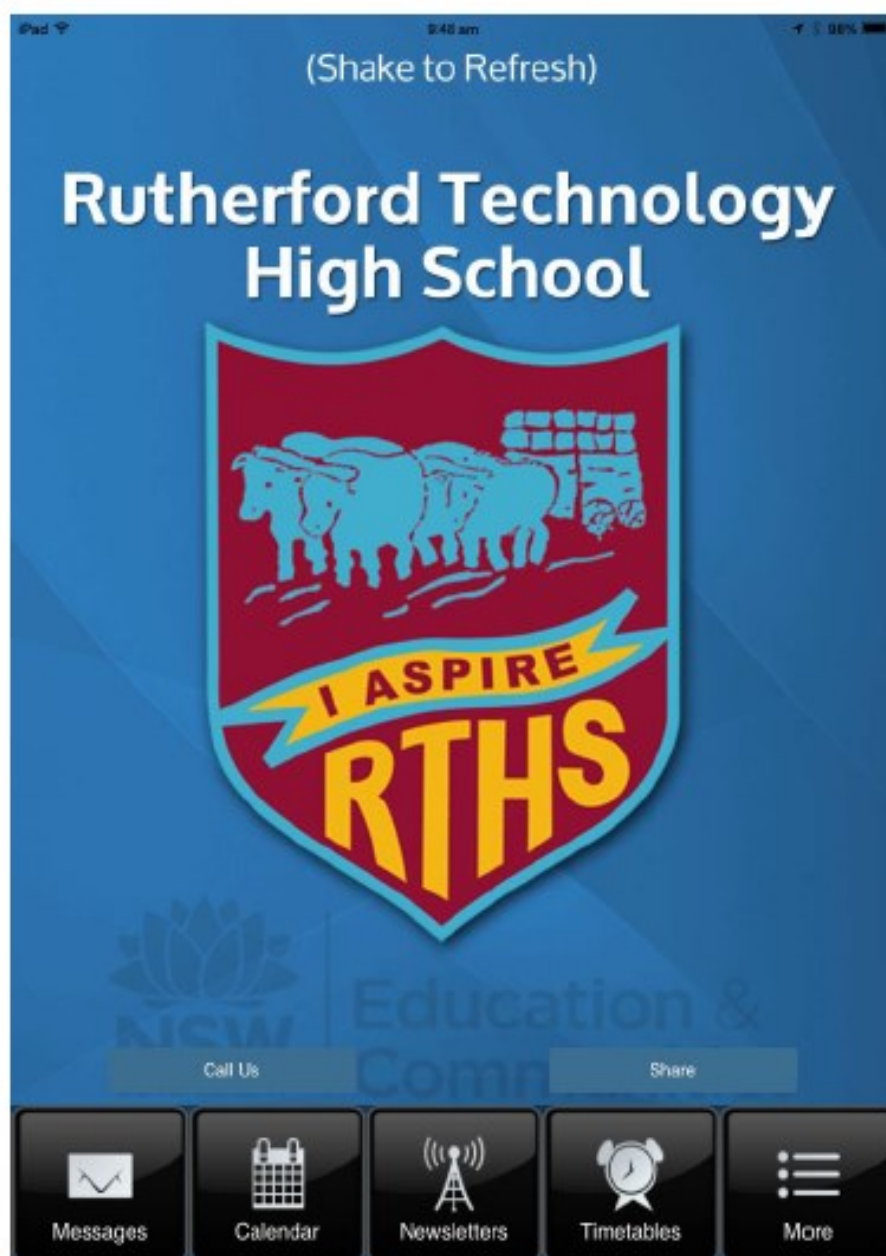


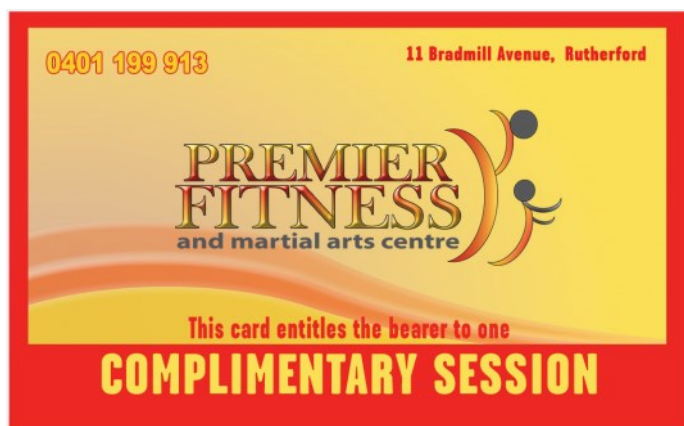


Available on the
App Store

Rutherford Technology High School now has a Phone App!

Great News! Our school now has a mobile phone and iPad app. What's that you may ask, it is a little application that sits on your phone and gives you instant access to our school information when you click on it, 24/7. The app is going to give parents the ability to instantly access newsletters without going to the website, or to send in a sick note while you stand outside the school because you forgot to write a paper note! We will be sharing many of the other features with you over the coming weeks, but for now download it to your Smartphone or iPad by going to either the Apple App Store or Android Google Play Market and search for **Rutherford Technology High**. Once you have found it press install or download.





Rutherford Technology High School has launched its Official Facebook Page – just go to Facebook and look for “Rutherford Technology High School NSW Official Site” and click on “Like”.

We will be using the Facebook page to keep everyone informed about events at the school, important dates for your diary, and general information about the school.

Link: <http://www.facebook.com/RutherfordTechnologyHighSchool>



Thornton Redbacks FC – Womens Premier League trials for 2015 Season



Thornton Redbacks FC would like to invite all current and prospective female players to our trials for the 2015 Herald Women's Premier League (WPL) for the following age divisions
1st Grade, U/18, U/16 & U14 on:

Sunday 12 th October	10am to 12noon
Sunday 19 th October	10am to 12noon

Trials will be at Alan & Don Lawrence Fields, Thornton (Junior Grounds), **ALL** players are requested to be at the ground 15 minutes early to register.

Pre registration can be conducted by contacting Michael Hurn via telephone or email as listed below

Michael Hurn – Director on 4966 3462 or michael.hurn@bigpond.com

GRETA/BRANXTON TOUCH FOOTBALL 2014/2015

Season starts Wednesday 15 October
Miller Park Sports Field

Registration Days - Miller Park Sports Field

4.30-6.30pm Wednesday 1 October
4.30-6.30pm Wednesday 8 October

Registration Fee:

Senior Age 18+ (2015)	\$60
Age 13-17 (2015)	\$40
Juniors 5-12 (2015)	\$20

LATE FEE's APPLY if you register after the allocation registration days.

NO REGISTRATION accepted week 3 of competition.

Senior Men Senior, Senior Women & Mixed Junior Competition

ALL WELCOME

Come along for some fun and a great way to get fit

SCHOOL UNIFORMS

Donations of school uniforms for Student Assistance Scheme. Any good quality uniforms that you no longer require can be donated to the school to assist fellow students. Your donation will be greatly appreciated.

Anne Young
Student Assistance Scheme Coordinator



YEAR 7 REPORT

This time last year, Emma and I were preparing for our little Year 7 students to begin their journey called High School. It is hard to believe that a year has passed and we are now entering our last term of Year 7.

On Friday of week 9, I joined 100 Year 7 students at Maitland Park for the Year 7 Gala Day. Students participated in netball, touch football, volleyball, European handball and soccer. It was a fun day. Students partook whole-heartedly and demonstrated their sportsmanship in all games. Our students gained second place to Mount View High. Students were excellent ambassadors for our school and represented our school with pride. Well done, Year 7. Our girls were undefeated in the soccer!

This Thursday all Year 7 students will be attending a presentation on Cyber Safety. Senior Constable Jalam Glossop, the Hunter Region School Liaison Officer will be presenting. Three sessions during the last 3 periods of this Thursday will see students improving and increasing their understanding of cyber safety. This is a good opportunity for students to be exposed to the dangers and potential risks of the internet and social media sites.



A special congratulations to all students who have received gift cards for demonstrating respectful behaviour around the school. Students have been encouraged to demonstrate our core values of respect, responsibility and commitment through their movements around the school and interactions with both teachers and students. These core values have been delivered to students in short 10 minute lessons, 3 days a week. It is a pleasure to hear about the wonderful things our Year 7 students are achieving in around the school. We would like to see these students continue to achieve great things, and encourage other students to strive towards this.

As the warmer weather approaches this is a timely reminder about school uniform. Students need to be wearing correct school shirts and shorts. Uniforms can be purchased at the uniform shop.

If students are experiencing conflict, they need to remember the first port of call is their classroom teacher. They can access the online report form from the student intranet. Peer mediation is available for minor conflict issues. Students can discuss their concerns with a trained Year 10 peer mediator and agree to a resolution. This has proven to have a huge success rate as students respond positively to assistance from other students.

Students are also encouraged to cooperate with their classroom teacher. It is essential that all students bring pens, pencils and other necessary items to each lesson.

Keep up the good work Year 7, and have a successful and worthwhile Term Four. The countdown begins for Year 8! If there are any concerns please contact us for further assistance.

Thank you
Emma Basedow and Nicole Marshall

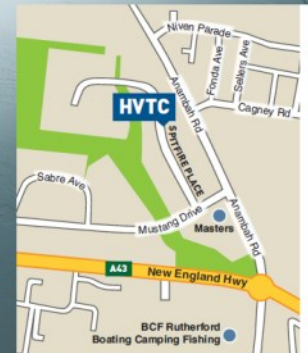


HVTC

skills change lives

DECIDING YOUR FUTURE?

INTRO TO TRADES COURSE



Are you in Year 10 and undecided which trade to pursue after school?

Hunter-V-Tec is running 5-day hands-on trade courses in:

- Electrical
- Mechanical
- Fabrication

These are hands-on programs designed to provide a real appreciation of a trade. All participants will make their own practical project to keep at the end of the course.

The course aims to provide:

- an insight into your chosen trade
- basic skills and knowledge
- an appreciation of the basic tools and equipment used
- assistance to decide your future career path.

5-DAY COURSE OUTLINE

Designed for Year 10/11 students and are looking for an insight into a trade.

Delivery will be conducted from the HVTC Skills Centre at Rutherford during the 2014 NSW School Holiday periods.

Each day participants will be guided through different aspects of the trade by fully qualified trade trainers. These trainers will ensure students understand the safety aspects of all activities.

Participants will be required to wear long pants, long sleeve shirt and safety boots each day. Hi-visibility vests and safety glasses will be provided.

DATES

Course 1: 30 Jun - 4 Jul

Course 2: 22 Sep - 26 Sep

Course 3: Dec TBA

8.00am to 4.00pm daily

**HVTC Skills Centre
30 Spitfire Place,
Rutherford**

\$495 (includes lunch)

CERTIFICATE OF PARTICIPATION

Students will be awarded with a Certificate of Participation for their resume and be able to showcase their completed practical project to potential employers.

Secure your position now! Call 4932 4184 or email lbailey@hvtc.com.au or kmcpherson@hvtc.com.au



KIDS CAMPS

**THE BEST HOLIDAYS
HAPPEN AT CAMP**

Choose from over 30 exhilarating camps at 10 locations across NSW these school holidays.

Our Sport and Recreation Centres offer over 40 activities for kids aged 5 to 16 years. Try your hand at fishing, mountain biking, kayaking, abseiling, crafts, cooking or flying fox. You're sure to find a camp the kids will love.

fb.com/nswsportandrecreation
www.dsr.nsw.gov.au/kidscamps 13 13 02

NSW Office of Sport & Recreation

A.B.N 19 167 084 237



Quality You Can Trust
Ben Hoffmann
hoffy_06@hotmail.com

Shop 17.1 North Mall Street,
Rutherford Shopping Centre
www.hoffsqualitymeats.com.au

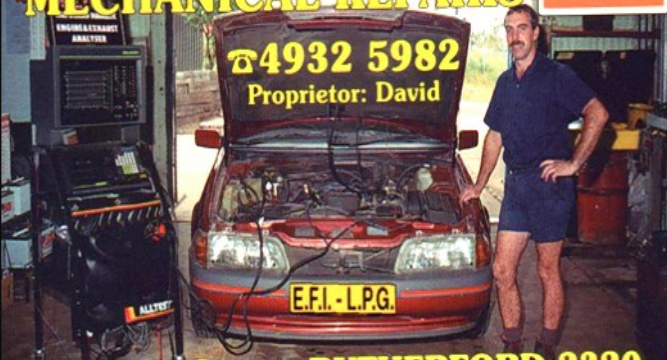
CANTEEN ROSTER



7 October	K Cresswell
8 October	Volunteer required
9 October	Volunteer required
10 October	D Potts
13 October	S Clark
14 October	K Cresswell
15 October	Volunteer required
16 October	A Hudson
17 October	D Potts

**RUTHERFORD
MECHANICAL REPAIRS**

4932 5982
Proprietor: David



27. John Street, RUTHERFORD 2320

Fleet Card

E.F.I. - L.P.G.



The Breakfast Club at RTHS would like to acknowledge the support that Woolworths Rutherford have provided for the early morning breakfast throughout the year.

RUTHERFORD TECHNOLOGY HIGH SCHOOL

CANTEEN MENU

2014



ROLLS AND WRAPS	PRICE	HOT FOOD	PRICE
Salad Roll	\$4.00	Chicken Wedge/Dino/Pop Corn	\$2.80
Chicken Salad Roll	\$4.50	Pizza Single Ham & Pineapple	\$2.20
Ham Salad Roll	\$4.50	Hot Dog	\$2.20
Corn Meat Salad Roll	\$4.50	Pizza Slab	\$2.50
Chicken Salad Sandwich	\$3.80	Pizza Rounds	\$2.20
Salad Sandwich	\$3.40	Chicken Burger	\$3.50
Egg & Lettuce	\$2.60	Chicken Burger Salad	\$4.20
Curried Egg	\$2.60		
Vegemite	\$1.60	Plain Pies	\$2.60
Cheese	\$2.40	Sausage Rolls	\$2.50
Ham, Cheese & Tomato	\$2.90	Cheese & Bacon/Potato Pies	\$2.90
Cheese & Tomato	\$2.60	Mamee Cup Noodles (chicken)	\$2.00
Corn Meat & Pickles	\$2.90	Chicken Gravy Rolls	\$3.50
Chicken Salad Wrap	\$4.50	Rissole Gravy Rolls	\$3.50
Thai Chicken Salad Wrap	\$4.50	Roast Beef Gravy Rolls	\$3.50
Salad Wrap	\$4.00	Cheese Burger	\$3.50
Meat Salad Wrap	\$4.50	Cheese Burger Salad	\$4.20
Salad Boxes	\$4.80	Chicken Chippies (6)	\$2.80
Chicken Salad Boxes	\$5.80	Chicken Nuggets (6)	\$2.80
		Garlic Bread	\$2.00
EXTRAS			
Bread Roll (Extra)	\$0.90	SNACKS	
Butter Bread	\$0.80	Fresh Fruit Salad Term 1&4	\$2.50
Toasted Sandwiches (order only)	\$0.50	Fresh Water Melon Term 1&4	\$2.50
Extra Items	\$0.20	Deli Rock Chips	\$1.00
Tomato/BBQ Sauce	\$0.40	JJ's Chips	\$1.00
		Cheese Rice Sticks	\$1.00
DRINKS		Chicken Jumpy's	\$1.00
Moove Milk 500ml	\$3.00	Eucalyptus Drops	\$0.50
Moove Milk 300ml	\$2.00	Muffins	\$1.40
Juice 300ml/375ml	\$2.00	Finger Buns	\$1.40
Water 600ml	\$2.00	Banana Bread	\$2.40
Soft Drink 600ml	\$3.00		
Soft Drink 390ml	\$2.50	ICE-CREAMS	
FOCUS Water	\$1.50	Billabongs	\$1.50
AROONA Water	\$1.30	Paddle Pops	\$1.50
Plain Milk 600ml	\$2.00	Frosty Fruits	\$2.00
Small Water	\$1.00	Frozen Yoghurts	\$1.70
Hot Chocolate Term 2/3	\$1.50	Vanilla Buckets	\$1.00
Quench	\$1.50	Paddle Pop Thick Shake	\$2.20
		Paddle Pop Lemonade Twist	\$1.10
		Calippo Mini	\$1.10
		Juices	\$0.90
		Fruit Super Doopers	\$0.70
		Milo Cups	\$2.60