# RESPECT RESPONSIBILITY COMMITMENT



19 September, 2014 Email: rutherford-h.school@det.nsw.edu.au www.rutherfordhs.nsw.edu.au Telephone: 4932 5999 Fax: 4932 8166 http:www.facebook.com/RutherfordTechnologyHighSchool

#### HARD WORK PAYS OFF FOR RTHS YR 12 STUDENT

Imagine how good it would feel knowing that you have been accepted into the university and degree of your dreams before you have even started your HSC exams. This is the reality for one very hard working Rutherford Technology High Student. Dylan Clarke applied for early admission into two degrees at University of Wollongong. During the recent holidays, Dylan travelled to Wollongong, taking with him his excellent school reports, copies of his Trial HSC Exam results and his academic certificates from the recent Yr. 12 Graduation Assembly. He impressed the interview panel so much that he was successful in being accepted into both degrees that he applied for. After teaching Dylan for the last two years, I know first hand how much effort he has put in to achieve this impressive result. He has shown with a responsible "I can do this" attitude and a determined commitment to his learning, that you can achieve your goals.

On behalf of all of Dylan's teachers and the wider RTHS learning community, we congratulate Dylan on his success and wish him all the best in his future career. **Emma Basedow** 

Science Dept



#### QUESTIONNAIRE FOR PARENTS AND GUARDIANS

Rutherford Technology High School is gathering information to ensure our future direction involves input from our school community. This includes Parents, Staff, Students and Local Community Members. Attached to this newsletter is a Questionnaire form (2 pages) that we are requesting all parents to fill in and 'have their say". These surveys are all confidential and we ask you to be honest and open with your answers and comments. Please send them back to the school office. Alternatively the survey can be filled out online via the link below.

https://www.surveymonkey.com/s/rths\_parent

We thank you for your contribution to this survey.

**RTHS Strategic Planning Team** 

#### CALENDAR

13th Oct-7th November HSC Exams

20th Oct-31st Oct Yr 7,8,9 Assesment Week

22nd & 29th October-Plan-it Youth 28th October-Yr. 6 Gala Day

30th-31st October-Yr. 10 Peer Support Training

11th November-Yr 12 Formal

18th November-P&C Meeting

2nd December-Yr 7 2015 Parent Info Night

3rd December-Yr 7 2015 Orientation Day

15th December-Presentation Day

#### **Office Opening Hours**

Please be aware the office is open Monday to Friday between 8am and 4pm. Outside office hours a message may be left on the school answering machine.

Parents and caregivers are reminded an appointment is necessary before meeting with teachers as they have class, playground duty and other commitments during the school day.

#### SENIOR EXECUTIVE REPORT

Spring is such a beautiful time of the year, with warm days, cool evenings, gardens in bloom and the chance to do those jobs around the house that we put off all winter.

There is something very satisfying in completing chores around the house, especially the chance to do the big spring clean. Decluttering closets and cupboards, seems to relieve some stress and makes the house feel fresh and new again.

This de cluttering and cleaning can also be true for our own personal lives. Maybe spring is a good opportunity to reflect on our own character and temperament, the way we treat people, the influences in our lives, and have a clean out of those areas that maybe aren't so good or positive and see the incredible difference it can make.

The personal development of our students is an important part of educating the whole child. I would like to remind you about our school core values of respect, responsibility and commitment.

#### HSC

The HSC commenced on the 13/10. We wish all of our Year 12 students the very best of luck during this time. Students are reminded to remain quiet around the MPC area and the portables.

#### **UPDATING DETAILS**

Parents are reminded of the importance of updating details with the front office. This includes address, phone numbers, emergency contact and email addresses. More staff are now contacting parents via email to relay messages and homework and assessment information.

#### **ROAD SAFETY**

Students are reminded to please use the pedestrian crossing at the front of the school to cross the road. Often the front of the school is very busy in the morning and afternoon. Parents please ensure that you are parked in the indicated parking areas and that the bus bay is not used for dropping off or picking up students.

#### LATE ARRIVALS

If students are late, they are to report to the front office with a note from their parents. Any student who is late to school without an explanation will have an SMS sent home. Parent please reply back to the SMS.

#### YEAR 10 N AWARDS

Students who are in Year 10 must be completing their N awards that they have outstanding. Parents are encouraged to contact the school if they would like more information about outstanding N awards that their child may have. Incomplete N awards may place a student in jeopardy of not receiving their ROSA certificate.

#### YEAR 11 DROPPING SUBJECTS

Mr Archbold and a number of staff have completed interviews for Year 12 students who are wanting to drop a subject for their HSC. Any students who are wishing to drop a subject need to see Mr Archbold. This process involves student's subjects being checked by the BOSTES coordinator and administration.

Mrs Kylie Fabri Deputy Principal(Rel) Dear Parent/Guardian

## Literacy and Numeracy Tests

The Board of Studies, Teaching and Educational Standards NSW (BOSTES) has developed optional Literacy and Numeracy tests for students who intend to leave school before the HSC.

The tests have been designed to provide these students with reports detailing their level of skill in literacy and numeracy.

Discussions with employer groups reveal that the ability to provide tangible evidence of these skills is highly regarded when they are making a decision to employ.

The tests focus on the literacy and numeracy skills required by school-leavers for employment and further education and consist of a range of short-answer questions that relate to aspects of everyday life such as reading a recipe, preparing a quote and providing directions to a location.

They are prepared and marked by the Board of Studies, Teaching and Educational Standards NSW (BOSTES). Students will sit for the tests online and under supervision at school.

Test results will be made available shortly after the tests conclude. Interim Literacy and Numeracy test reports can be downloaded via the BOSTES portal Students Online for presentation at job interviews or to add to a résumé.

BOSTES will issue all participants with formal Literacy and Numeracy Test Reports when they leave school.

If you have a son or daughter who is thinking about leaving school before the HSC,

I ask that you raise with them the option to take these tests as the experience will be of particular benefit for future employment or further education.

The next optional Literacy and Numeracy tests will be conducted at our school on Monday 27<sup>th</sup> October.

It is important that students notify Mrs. Hughes by Friday 24th October so they can be enrolled to take the tests.

An example of these test reports can be found on the BOSTES website: http://www.boardofstudies.nsw.edu.au/rosa/credentials.html



#### Thinking of leaving before completing your HSC?

If you are thinking about leaving school before completing your HSC the following information will help you.

#### The Record of School Achievement (RoSA)

The RoSA is an official credential issued by the Board of Studies, Teaching and Educational Standards NSW (BOSTES) to eligible students who leave school before completing their HSC.

To be eligible you will need to have completed the mandatory curriculum requirements for Years 7 to 10.

#### How is the RoSA different from the School Certificate?

The main difference is that the RoSA is 'cumulative' – what this means is that whenever you choose to leave school, your RoSA will include all your results up until that date.

This is a good way to explain the RoSA to employers when you go for job interviews. Many employers will only know about the School Certificate, which was issued to all students who satisfactorily completed Year 10, and only reported information from Years 7 to 10.

Basically, the RoSA gives an up-to-date picture of everything you have achieved.

#### What will the RoSA credential show?

The RoSA credential will show the grades/results you achieved in Year 10 and, if applicable, in Year 11. It will also list any Year 11 or 12 courses you participated in but did not complete before leaving school.

#### When will I get my RoSA?

BOSTES will mail your RoSA soon after your school has informed us that you have left. Make sure you check that your school has your correct postal address on your BOSTES student record.

#### Sitting for Literacy and Numeracy tests

Employers have said that they rate evidence of literacy and numeracy skills very highly.

With this in mind, BOSTES developed Literacy and Numeracy tests which you can take at your school before you leave. These occur twice a year (usually in May and October). It is important you let your teacher know as soon as possible if you are thinking about leaving school and would like to do the tests, as they will need to enrol you.

You will then be able to access your Literacy and Numeracy test results via your *Students Online* account soon after you take the tests. If you have not already logged in to *Students Online*, speak to your school.

These results are a valuable document as they are evidence of your literacy and numeracy skills. Make sure you show your results to further education providers and in job interviews.

#### Other reports you can access

The RoSA credential is an official report of your results similar to the HSC. While you are waiting for your official credential to arrive you can access a range of other useful reports from *Students Online*.

Via your secure Students Online account you can download an eRecord.

An eRecord is an interim result report that will show your cumulative results depending on the stage you are up to at school. Your eRecord will include your Year 10 and Year

11 grade/results, your VET achievements and, if you did the tests, your Literacy and Numeracy test results.

#### Need advice?

The decision to leave school before the HSC is a big one and it's OK to take your time.

It's important to give it a lot of thought and make sure you get as much information as possible so that you can make an **informed decision**.

Making an **informed decision** involves thinking about what you would really like to do and what that means. Do you want to enrol with a new education provider – such as TAFE – to learn new skills, or are you ready to head straight into the workforce?

Either way, the RoSA can help you achieve your goals.

Make an appointment to see your Careers Advisor or a teacher you know will give you good advice, and explain to them what you want to achieve. You can then discuss how you will work together to make sure you are equipped with everything you need for a successful transition to life beyond school.

#### **RoSA Checklist**

Thinking of leaving? Have you ...

- ✓ spoken to your Careers Advisor or Year Advisor to let them know you are thinking of leaving?
- ✓ logged in to Students Online to check the results you have achieved so far?
- ✓ visited the BOSTES website to see how your RoSA credential and your achieved results will change depending on the stage at which you leave school?
- ✓ informed your school if you are interested in sitting the next Literacy and Numeracy tests?

Decided to leave? Have you ...

- ✓ spoken with your school to confirm the required signing-out process?
- logged in to Students Online to make sure your postal address with BOSTES is correct?
- ✓ checked that your school has placed a request for your RoSA credential with BOSTES, before you sign out?
- ✓ downloaded your eRecord from Students Online to use as an interim result report until your formal RoSA credential arrives at your home address?



### Literacy and Numeracy Tests at a Glance ...

#### Who?

The optional Literacy and Numeracy tests are for students who intend to leave school before the HSC.

Students who sit for the tests will receive a report on their literacy and numeracy skills to show a potential employer or for further training.

#### What?

The tests are developed and marked by the Board of Studies, Teaching and Educational Standards NSW (BOSTES).

Students are required to answer a series of short-answer questions based on everyday life situations such as reading a recipe, preparing a quote and providing directions to a location.

The tests will take between 1 and 2 hours to complete in total.

#### Why?

Evidence of literacy and numeracy skills is highly regarded by employers and further education bodies.

#### Where?

The online tests are completed by students on computers at their school under supervision.

#### When?

The tests are offered twice yearly - usually in May and October.

#### How?

- 1. Students thinking of leaving school and wanting to take the tests should speak to their Year Advisor or Careers Advisor as soon as possible.
- The school will then enrol the student in the tests and confirm when they will be conducted. The online tests are taken in one sitting at school.
- 3. The results will be available approximately 3 weeks after sitting tests.

The student will be able to download and print interim test reports via *Students Online* for presentation at job interviews or to add to their résumé.

 Formal Test Reports will be issued when the student leaves school, either with the Record of School Achievement (RoSA) or Higher School Certificate (HSC).

#### YEAR 7 LIFESAVING PROGRAM

In Term 4 Year 7 students will participate in a Life Saving Program at Maitland Pool during their double sport periods. Students will experience activities to develop swimming skills, knowledge of water safety, CPR and personal survival skills.

In addition to their equipment needed to complete other lessons on the day, students will need to pack a swimming costume, towel and goggles (if needed). Sun cream is available free of charge at the pool and students will be

encouraged to apply and reapply when necessary. Some awards may require additional clothing to be brought, however this will be explained further during the program. Students will travel to and from the venue by bus and will need to bring with them a \$3 pool entry fee.

The staff member running this program – Mr Bower is qualified with current

Senior CPR training and Swim and Survive Examiner accreditation (NSW Royal Life Saving Society). During water based activities staff/student ratios will follow the NSW Department of Education's guidelines.

If you are at all concerned for your child's safety or ability to participate with regards to any of the above mentioned information please contact Mr Bower or Mr Thomas at the school on 49325 999.

#### **PDHPE NEWS**

Term 4 will provide many challenges for the PDHPE faculty with our much awaited school renovations commencing, taking out a number of our practical learning spaces. It is a timely reminder for students to be prepared for the hotter weather with water bottles, hats and sun protection (sunscreen is available at the PE staffroom free of charge to all students). Bringing a change of shirt is also particularly important in the hotter months, and a reminder that aerosol sprays are on the Department's banned items list; instead a roll on deodorant should be brought for school use. The faculty is looking forward to the completion of the works and an upgrade in our facilities which will provide us with some excellent working spaces.

Year 7 have commenced Lifesaving awards at Maitland pool during sport lessons. This is a most important program, catering for all levels of swimmers and providing the opportunity for greater water awareness and competency at the beginning of the swimming season. So far the participation from Year 7 students has been excellent, and on hot days, there are not many nicer places to spend a double sport lesson!

Year 11 will continue with the Crossroads course this term, with the Roadwhyz program being held at the school on the 11<sup>th</sup> November. Although at times confronting, this is a highly valuable experience highlighting key road safety messages which are particularly relevant for all beginner drivers. There will be a gold coin donation on the day to help cover expenses of our guest speakers and presenters.

Congratulations are extended to all the recipients of the inaugural RTHS Sports Awards held in the last week of Term 3. The assembly highlighted the excellent effort of staff and students in the many extra-curricular activities undertaken in our school. The major awards were presented to:

Senior Sports Person of the Year – Marissa Morey Outstanding Sporting Achievement – Kalista Hunter Sportsperson of the Year – Gabrielle Cerqueira Isaac York Scholarship 2014 – Brittany Goddard Coaches Award – Mr Matthew Robinson

Mr D Thomas Head Teacher PDHPE

#### **ROTARY AND RTHS STUDENTS**

The Rotary Club of Rutherford-Telarah have been extremely supportive of our students. Recently ten students applied for RYPEN – a Rotary sponsored enrichment camp that encourages leadership and self-confidence skills. Well done to Rotary but also to the students who are willing to be involved.

#### SCHOOL UNIFORMS

Donations of school uniforms for Student Assistance Scheme. Any good quality uniforms that you no longer require can be donated to the school to assist fellow students. Your donation will be greatly appreciated. Anne Young Student Assistance Scheme Coordinator



#### THE FINAL YEAR 12, 2014 REPORT.

Year 12 completed their final week of schooling in an exemplary manner. Their behaviour was outstanding, the staff and student activities were enjoyable to watch and conducted in good spirit. The Graduation Breakfast and Assembly was a reflection of the outstanding qualities possessed by these students.

Throughout the year the standards and expectations were set very high and were met with few exceptions. The manner in which they conducted themselves in the final week is a clear statement about the changing attitudes to-wards graduation. This school expects maturity, grace, dignity and exemplary behaviour from Year 12.

Year 12 now face their final HSC exams, the Formal and signing out from the school. This involves the return of text books etc.

Personally, I would like to congratulate Year 12 for their efforts throughout this year. It was a challenge to achieve so much in so little time. They allowed me to do much more than what the position of Year Adviser entails. Thank you Year 12.

Kevin McMullen

#### **IMPRESSIONS 10 – MOCK INTERVIEWS**

Letters have been posted home to the parents/carers of all Year 10 students stating the interview date and time for the Impressions 10 – Mock Interviews. This process will take place over three days – Wed 19th Nov to Fri, 21<sup>st</sup> Nov. During those three days, Year 10 students do not attend school except for the designated interview time. All Year 10 students are expected to attend their interview session.

The Impressions 10 process provides the opportunity for students to prepare for and learn from the interview experience. Interview panels consist of a community, staff and Year 9 student members. Important feedback is provided to each student at the end of the interview.

Students can commence their preparation over the next few weeks. For Careers, students have been given two assessment tasks where a resume and cover letter for a job have been completed. These need to be reviewed and placed in a plastic folder with 6 samples of 'green' assessment tasks from most subjects. The Careers Adviser and Science staff are also involved in providing information about the interview process including correct dress, appearance, body language and research for the questions procedure.

Marilyn Porter



# **VACCINATION NEWS**

Our last vaccination at the school was on Wednesday 17<sup>th</sup> October 2014. It was a great success with the help from Emma Basedow, Loretta Wells and the library staff.

The leader of the Community Health team, Loretta Baker reported that the vaccination rate for Round 1 and 2 this year was above the State average. This is very pleasing for the Rutherford community.

Any students who have not completed their full vaccination program this year will now need to go to the <u>Catch Up</u> <u>Clinics</u> at East Maitland.

TIME: Thursday 30<sup>th</sup> October 2014 (4 – 6 pm) Thursday 13<sup>th</sup> November 2014 (4 – 6 pm)

#### Ring Community Health 49312000 to book an appointment.

If you have any questions contact me at the school (49325999).

Anne Young Health Coordinator RTHS

#### **RUTHERFORD HIGH SCHOOL SHOWTEAM**

Congratulations to the Rutherford High School Show Team who were placed second in Tocal Cattle Competition . The Show Team consisting of students from year 8 - 12 competed against 13 schools in parading beef cattle and in preparing cattle for markets. With only 8 points difference between first and second place Rutherford achieved second place in both parading and in the meat carcass section.

#### A GREAT ACHIEVEMENT. WELL DONE TO ALL INVOLVED.

#### SENIOR STUDY NEWSLETTER

#### Term 4:

#### Week: 1

Welcome to the Senior Study for the Year 12 of 2014-15. As part of your responsibility and commitment to learning you are required to know your assessment due dates and hand in tasks on time. Classwork needs to be also kept up to date and you can utilise your time in the Senior Study to work on these tasks.

#### Classwork:

Please see your class teachers for the homework and revision tasks you need to have completed this week.

#### Assessment Tasks:

The table below outlines the assessment tasks due for Term 4, 2014

Year 12 Assessment Tasks Due Term 4 2014			
Subject	Task Details	Week Due	
Hospitality	See your teacher for details	1	
Society & Culture	Oral presentation on PIP	5	
Legal Studies	Exam - Crime	6	
Software Design & Development	Minor Project	6	
Sports Coaching	Specialisation	6	
Biology	First Hand Investigation	7	
CAFS	Option: Interview and report	7	
English Standard	Module B - Wilfred Owen	7	
Information Processes and Technology	Project Management Simulation	7	
Modern History	Core Study WWI	7	
Photography	Module D16	7	
Textiles and Design	Folio of Decorative Techniques	7	
Business Services	Environmental Sustainability Report and Poster	7	
Physics	Secondary Sources and Investigation	7	
Food Technology	Food Manufacture	7 + 8	

#### RTHS AT THE PRIMARY SCHOOLS' DISCOVERY DAY

At the end of last term, ten extremely keen Year 9 and 10 students acted as mentors for primary school groups at the Science and Engineering Discovery Day sponsored by Newcastle University. Frequent comments from the organisers and adult volunteers complimented our students for their excellent behavior, leadership roles and professionalism. So impressed were the organisers that the students have been invited back next year for the Discovery Day.



#### NATIONALS FUTSAL

We have had a very successful year in Futsal with our school winning regional and state championships and have had players selected to play for Northern NSW.

During the September/October holidays our school had two students represent Northern NSW at nationals in Ballarat, Victoria where they took on teams from QLD, NSW, Victoria and Tasmania.

Thomas Oliver, Year 11 and Marissa Morey, Year 12 were both selected, and Mr Robinson (who was recently named RTHS coach of the year for 2014) was selected as their coach for U16s boys and U19s girls. Both Thomas and Marissa were awarded the captains armband to lead their teams.

Thomas led his U16s players exceptionally well and continually put in some hard fought performances on the court, continually giving 120% in every game. Thomas managed to score 3 goals throughout the tournament and saved many more with his extraordinary defensive skills. Unfortunately the boys came 6th out of 9 teams.

Marissa and her team were absolutely phenomenal all week where she showed great leadership skills and an undying effort in every game which greatly contributed to the U19 girls going through the tournament undefeated. In the grand final we played QLD City who brought the game to us in a high intensity game. Marissa was instrumental in leading her girls to a superb win where we were 1-1 at half time, took the lead at 2-1 with 10 minutes remaining, then in the final minute of the game QLD City equalised from a controversial goal. In the last 10 seconds of the game, Marissa assisted in the goal that won the game for Northern NSW.

As the coach of both students, I am exceptionally proud of the way both represented not only RTHS, but themselves and our region.

Matthew Robinson Coach



#### SPORT AT ANYTIME FITNESS RUTHERFORD

The thirteen students who selected 'Anytime Fitness' as their sport venue are kept very busy for Thursday Sport. Emma, the personal trainer, demonstrated safe use of the different pieces of gym equipment, set the weight levels and organised a training program for each student. The activities included weight bearing, aerobic and stretching exercises.



#### WELFARE NEWSLETTER

#### ATTENDANCE

Regular attendance at school is fundamental to student learning, with students who attend school regularly more likely to achieve educational success, and increase their career and life options. Poor patterns of attendance place students at risk of not achieving their educational, social and psychological potential and disadvantage them in the quality of choices they are able to make in later life situations. Rutherford Technology High School takes a positive approach to improving student attendance and implements a broad range of individualised strategies for improving school attendance, within a framework of student well-being.

This week 127 students were invited to attend a BBQ to acknowledge their excellent attendance during Term 3 2014. Later this term an excursion is being organised to reward those students whose attendance has been excellent throughout the entire year. This excursion is scheduled to take place on Wednesday 10<sup>th</sup> December. The venue will be 'Spring Loaded Trampoline Park' at Gateshead and students will be given further details about this excursion in the coming weeks.

#### PLAN-IT YOUTH

Plan-it Youth is a mentoring program for young people in Year 10 which has been running at RTHS for a number of years. The program aims to develop communication skills and gives students a chance to work collaboratively with peers and adults. This is made possible by members of the community volunteering their time to mentor a student on a weekly basis, with eight of our Year 10 students recently completing a 10 week program. After the initial nerves students settled into the program and spent time getting to know their mentor, and have really enjoying having someone outside of school as a support person. Throughout the program the students spent time developing goals and researching career information. On Wednesday 15<sup>th</sup> October the students involved in the program celebrated their achievements by inviting family and friends to the final session. Congratulations to Alana Dever, Courtney Edwards, Leanna Hamon, Taylor Hickson, Ashlee McNamee, Caitlyn O'Brien, Brooke Siddens and Lachlan Dallen. Thank you to our Plan it Youth mentors for supporting our students by being involved in this program!

#### MENTAL HEALTH MONTH NSW

*Mental Health Month NSW* is part of a national mental health promotion campaign held throughout October each year. The timing of the campaign coincides with World Mental Health Day, which is marked each year on October 10. Mental Health Month aims to increase awareness, and promote mental health: it is about fostering community connection and well-being, reducing stigma associated with mental illness and reaching out to those who need understanding and support. This year 4 million Australians will have experience of mental illness and many more will be affected as family members, friends, colleagues or school friends. For further information about mental health month go to <a href="http://www.mentalhealth.asn.au/programs/mental-health-month-nsw">http://www.mentalhealth.asn.au/programs/mental-health-month-nsw</a>.

This website provides links to a range of very informative fact sheets covering a wide range of topics.

Other useful websites include: himh.org.au sane.org headspace.org.au beyondblue.org.au **PEER SUPPORT** 

During PBL lessons the Year 10 year adviser Mr Buckie has been talking to students about Peer Support leadership training. This training provides students with a range of skills and it is recommended that Year 10 students participate in the training for the following reasons:

Provides opportunities to develop and practice leadership skills

Develops confidence in students

Builds positive relationships across the school

Assists students in gaining skills which are highly regarded by employers

Provides opportunities to demonstrate initiative

Develops time management and organisational skills

Trained Year 10 Peer Leaders will then facilitate structured activities with groups of 8-10 Year 6 students on Orientation Day which is held later in Term 4. They will also continue this leadership role into the first part of Term 1 2015 by meeting with their Year 7 Peer Support group weekly for the first 8 weeks of the term.

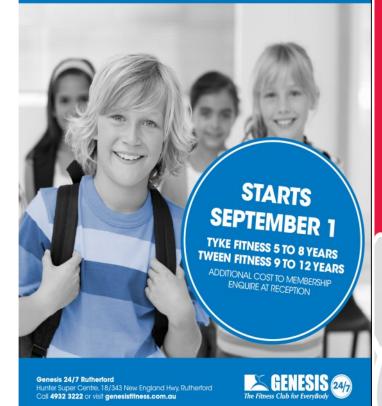
Any students in Year 10 who are interested in participating in Peer Support Leadership training which is taking place on Thursday 30<sup>th</sup> and Friday 31<sup>st</sup> October, need to see Mr Buckie to collect a permission note.

Kris Turner Andrew O'Callaghan Relieving Head Teacher Welfare



#### YR 10 STUDENTS PARTICIPATING IN THE PLAN-IT YOUTH PROGRAM

# KIDS HEALTH & FITNESS PROGRAM



AN INVITATION TO CARERS

Do you provide care and support to another person? You are invited to Carer Connections Take the Opportunity to Connect with other Carers and listen to our Guest Speaker !

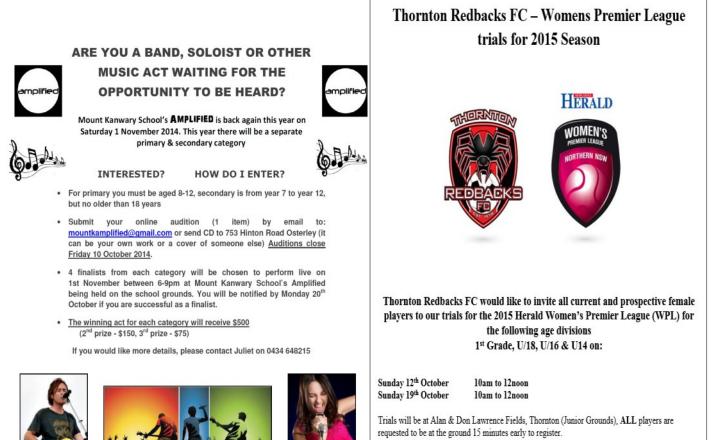
Carers are usually family members or friends who provide support to children or adults who have a disability, mental illness, chronic condition or who are frail aged.

#### Guest Speaker:

	Kim Boettcher, The Aged care Rights Service		
Topic:	Planning Ahead: Wills, Power of Attorney, Guardianship, Advance Health Care Directive		
Where:	East Maitland Bowling Club, Bank Street, East Maitland		
TIME:	10.00am – 12.00pm		
COST:	Free - includes Morning Tea		
WHEN:	Wednesday 29 October 2014		
RSVP:	Friday 24 October 2014		

For more information or to Register Contact HNE Carer Education & Support Program – Hunter on: 4921 4895 or 1300 887 776 or Email: <u>Educare-Admin@hnehealth.nsw.gov.au</u> (We ask that you RSVP for catering purposes)

> Health Hunter New England Local Health Network



Pre registration can be conducted by contacting Michael Hurn via telephone or email as listed below

Michael Hurn - Director on 4966 3462 or michael.hurn@bigpond.com



Rutherford Technology High School now has a Phone App!

Great News! Our school now has a mobile phone and iPad app. What's that you may ask, it is a little application that sits on your phone and gives you instant access to our school information when you click on it. 24/7. The app is going to give parents the ability to instantly access newsletters without going to the website, or to send in a sick note while you stand outside the school because you forgot to write a paper notel We will be sharing many of the other features with you over the coming useks, but for now download it to your Smartphone or iPad by going to either the Apple App Store or Android Google Play Market and search for Rutherford Technology High. Once you have found it press install or download.







### HELPING FAMILY HOUSEHOLDS IN THE COMMUNITY WITH ENERGY BILLS

# 2014-2015 NSW Family Energy Rebate

 \$150\*

 TOWARDS

 BILLS

 BILLS

 ONLINE

 2 MINUTES TO FILL IN A FORM

https://applications.fer.trade.nsw.gov.au/ \* eligibility criteria apply FOR MORE INFORMATION & ASSISTANCE PHONE - Service NSW 13 77 88 EMAIL - fer.program@trade.nsw.gov.au WEB - www.resourcesandenergy.nsw.gov.au /info/familyenergyrebate

Apply before

Midnight

16 June 2015

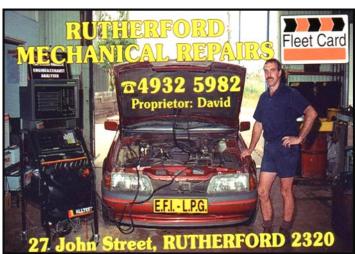
Trade & Investment

**Resources & Energy** 



Due to the relocation of our school canteen, certain menu items are currently unavailable. These items will return to the menu as soon as the canteen moves back to it's original site. Thank you for your understanding, we apologise for any inconvenience.







20 October 21 October 22 October 23 October 24 October 27 October 28 October 29 October 30 October 31 October

#### K Cresswell Volunteer required K Hobbs D Potts Volunteer required K Cresswell Volunteer required Volunteer required D Potts Volunteer required



Rutherford Technology High School has launched its Official Facebook Page – just go to Facebook and look for "Rutherford Technology High School NSW Official Site" and click on "Like".

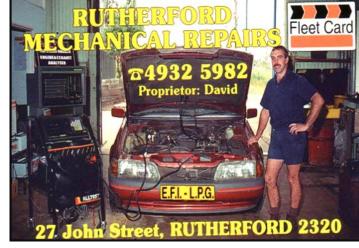
We will be using the Facebook page to keep everyone informed about events at the school, important dates for your diary, and general information about the school.

Link: http://www.facebook.com/ RutherfordTechnologyHighSchool



# Woolworths

The Breakfast Club at RTHS would like to acknowledge the support that Woolworths Rutherford have provided for the early morning breakfast throughout the year.





### RUTHERFORD TECHNOLOGY HIGH SCHOOL

CANTEEN MENU

2014



ROLLS AND WRAPS	PRICE	HOT FOOD	PRICE	
Salad Roll	\$4.00	Chicken Wedge/Dino/Pop Corn	\$2.80	
Chicken Salad Roll	\$4.50	Pizza Single Ham & Pineapple	\$2.20	
Ham Salad Roll	\$4.50	Hot Dog	\$2.20	
Corn Meat Salad Roll	\$4.50	Pizza Slab	\$2.50	
Chicken Salad Sandwich	\$3.80	Pizza Rounds	\$2.20	
Salad Sandwich	\$3.40	Chicken Burger	\$3.50	
Egg & Lettuce	\$2.60	Chicken Burger Salad	\$4.20	
Curried Egg	\$2.60			
Vegemite	\$1.60	Plain Pies	\$2.60	
Cheese	\$2.40	Sausage Rolls	\$2.50	
Ham, Cheese & Tomato	\$2.90	Cheese & Bacon/Potato Pies	\$2.90	
Cheese & Tomato	\$2.60	Mamee Cup Noodles (chicken)	\$2.00	
Corn Meat & Pickles	\$2.90	Chicken Gravy Rolls	\$3.50	
Chicken Salad Wrap	\$4.50	Rissole Gravy Rolls	\$3.50	
Thai Chicken Salad Wrap	\$4.50	Roast Beef Gravy Rolls	\$3.50	
Salad Wrap	\$4.00	Cheese Burger	\$3.50	
Meat Salad Wrap	\$4.50	Cheese Burger Salad	\$4.20	
Salad Boxes	\$4.80	Chicken Chippies (6)	\$2.80	
Chicken Salad Boxes	\$5.80	Chicken Nuggets (6)	\$2.80	
		Garlic Bread	\$2.00	
EXTRAS				
Bread Roll (Extra)	\$0.90	SNACKS		
Butter Bread	\$0.80	Fresh Fruit Salad Term 1&4	\$2.50	
Toasted Sandwiches (order only)	\$0.50	Fresh Water Melon Term 1&4	\$2.50	
Extra Items	\$0.20	Deli Rock Chips	\$1.00	
Tomato/BBQ Sauce	\$0.40	JJ's Chips	\$1.00	
/		Cheese Rice Sticks	\$1.00	
DRINKS		Chicken Jumpy's	\$1.00	
Moove Milk 500ml	\$3.00	Eucalyptus Drops	\$0.50	
Moove Milk 300ml	\$2.00	Muffins	\$1.40	
Juice 300ml/375ml	\$2.00	Finger Buns	\$1.40	
Water 600ml	\$2.00	Banana Bread	\$2.40	
Soft Drink 600ml	\$3.00	Sanana bredu	92.40	
Soft Drink 390ml	\$2.50	ICE-CREAMS		
FOCUS Water	\$2.50	Billabongs	\$1.50	
AROONA Water	\$1.30	Paddle Pops	\$1.50	
Plain Milk 600ml	\$1.30		\$1.50	
Small Water				
	\$1.00	Frozen Yoghurts \$1.		
Hot Chocolate Term 2/3	\$1.50	Vanilla Buckets	\$1.00	
Quench	\$1.50	Paddle Pop Thick Shake	\$2.20	
		Paddle Pop Lemonade Twist	\$1.10	
		Calippo Mini	\$1.10	
		Juices	\$0.90	
		Fruit Super Doopers	\$0.70	
		Milo Cups	\$2.60	



#### RUTHERFORD TECHNOLOGY HIGH SCHOOL

#### QUESTIONNAIRE FOR PARENTS AND GUARDIANS

Rutherford Technology High School is gathering information to ensure our future direction involves input from our school community. This includes Parents, Staff, Students and Local Community Members. Below is a questionnaire for parents and guardians to complete, or alternatively on school Webpage, Facebook, and App is a link to the online form. Our Strategic Planning Committee would like your valuable input and thank-you for the time and effort you have taken to complete the following form. THANK YOU.

Q1. How well does Rutherford Technology High School communicate with you as a parent?

Excellent Good Q2. How would you like to receive	Fai		( can tick more than one)
Q2. How would you like to receive	mormation nom	the school: (tick the box	, can tick more than oney
Facebook	Letter	Email	Other
RTHS Websites	Phone	RTHS App	
Q3. What expectations of Rutherfo confident that we can meet these r		h School do you have as	a parent and are you
1.			
2.			
3.			
04 What do you soo are the 2 stre	ngths of Butherfo	rd Technology High Scho	

Q4. What do you see are the 3 strengths of Rutherford Technology High School?

1.	
2.	
3.	

Q5. Can the school improve in some areas? Yes

No

If yes, list 2 areas.

1.	
2.	

#### Q6. What would you like to see as a priority of our school?

	e you willing to be actively involved with the school If Yes, in what area?	? Yes	No	
	uld you recommend our school to your friends? f No, why not?	Yes	No	
	you plan for your child to finish Year 12? f yes, are you satisfied with the subjects that Ruthe	Yes	No High School offer	?
personal	es the school provide adequate educational and we goals? Yes No	elfare support for	students to achie	ve their

Please return to school when completed, a box is located in the Front Office.